

Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

Tuesday January 9th 2018

LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

CALL TO ORDER

Chair opened the meeting at 7:00 p.m. with Serenity Prayer. Christina welcomed all new reps and Intergroup members for 2018.

Rick Z read the 12 Traditions

Voting members in attendance: 9 board + 4 committee chairs + 10 meeting reps. = 23

Non-voting guests: 1

PREVIOUS MINUTES

*Note: Motions are **bolded**.*

Pronoun in December Vice Chair report corrected to "his". Under Continuing Business item 5- "Hugging Members in Meetings", was corrected to "Physical Contact at Meetings" **Cathy Ann moved to approve the December 12, 2017 minutes as amended above; LuAnn seconded; motion carried.**

BOARD REPORTS

Chair: Christina

- No report

Vice-Chair: Val

- Sign -in Sheets -sorted by meeting- was sent around for each IG rep and board member to provide correct email and contact information

Secretary: Nancy Mc

- Met with Grace and had a proper "pass-it-on" feeling prepared for IG secretary

Treasurer: Cathy Ann

- Treasurer report printed and provided to each member present
- Incoming expenses in Dec was \$1000; balance sheet shows assets \$2900 was budgeted for 2017 and we reported an overage. Will Prepare the Jan donations per meeting for Valley Voice. Audit scheduled in 1st Quarter with Sharon. Donation for sales tax being prepared in the budget for 2018. Literature expense will drop from formula for 2018 reporting. **Grace A moved to approve Treasurers report and Lisa seconded-Motion carried.**

Region 2 (R2): Barbara M. and Chandra S.

- Barbara mentioned April Assembly is open to all members.

World Service: Judy H

- It was suggested she run for Trustee, she is currently filling out the application and requested signature from Intergroup. Barbara H moved that Sacramento Valley Intergroup sign off for Judy to stand for Trustee-Unanimously approved

Judy B

- No report

Webmaster: Debbie

- September-October: website visits not reported
- October-November: website visits not reported
- New board members and current events were updated on site that night.

COMMITTEE REPORTS

Note: Please let your meetings know that we have several vacant committee chair openings

Answer Phone Luanne

- Luanne list up to date and recited. She received no phone calls. Rene will help to record a Spanish speaking message.

Events

- This position was vacant as of start of meeting- Mary from Stockton was nominated and accepted. She was approved, Rene possibly back -up. Val mentioned the Events Checklist

Elections Val

- No report

Group Growth Judy L.

- would be happy to pass this position on if someone became interested in serving

Literature Gail Absent

Media Angela H.

- Recorded mini-marathon in Stockton -will be posted on Website soon.

Newsletter Susan H.

- This position was vacant as of start of meeting- Michelle M. stepped up stated she has some corrections to make for Feb. Submissions should be made by last day of previous month.
- Rene mentioned the title "Valley Voice" may not serve as attractive for outreach. Barbara H stated perhaps making "Sacramento Valley Intergroup ..." be bolded and font bigger. Michelle will implement.

Professional Outreach VACANT

Public Information VACANT

Retreat Darby Absent

- Rick Z mentioned there is a meeting this week, and retreat committee is moving forward.

Speaker List Susan H

- Susan H asked that if you are interested in being on speaker list, go to website fill in name

12th Step Within Vacant

Ron Indicated he was not able to fill position at this time

Young People Jenny P. Absent

GROUP CONCERNS AND ANNOUNCEMENTS

1. Gerry- Day in OA April 23 will be hosted by Saturday morning Sutter 9am meeting
2. Birthday Party Jan 27th -please announce at all meetings
3. Boutique for the R2 Convention
 - The first donation opportunity will be at the OA birthday party on Jan. 27. Please donate clean, wearable clothing (no lingerie, swimsuits, or shoes) Accessories such as jewelry, belts, scarves are accepted.
4. Tuesday noon Sacramento meeting
 - It may not meet on Dec. 26. If it does, it will be at a different location.
5. R2 convention entertainment Friday night "Sound of Recovery"
 - There are many positions available see Rick Z
6. 15 week Step Session Workshop
 - Formation meeting this week, closed after session time date members are established.
7. Stockton New Years Day Marathon- Mary thanked all speaker and participants- especially Sac Valley Intergroup support.

CONTINUING BUSINESS

1. Ongoing Committee Work completed Rick
Committee discussion on Abstinence, Newcomer Retention, and Sponsorship were published in December. Intergroup reps are encouraged to bring these topics to their meetings and report back with results of their meetings' discussion.
2. Sponsorship suggestions for IG Level:
Motion made by Grace to create this committee was seconded by Susan H. Suggestions were to create standing sponsorship committee – and sponsor bank. Initiate brainstorming, Duty Statement to be written-which will include education, support, must have procedure. Vice Chair Val will research procedures. Report back in February
Motion made by Grace to create this committee was seconded by Susan was withdrawn
More discussions and suggestions to ensure at February meeting.

3. Intergroup Meeting ****tabled until March**** Adrienne

Adrienne moved to consider changing the day, time, and or location of the IG meeting – to be discussed in February

4. Spanish-speaking outreach Angela

Angela moved to discuss potential opportunities to expand outreach to Spanish-speakers – need translation for website, flyers, Days in Oa. OA.org has Spanish translation box-could this be implemented on SVIOA website? OAR2.org also has Spanish page. Angela and Rene will convene and provide progress report in February

5. Physical Contact at Meetings ****tabled until March**** Rosalie

Rosalie moved to put on the agenda for a future meeting, hugging new comers at OA meetings. Susan H. seconded; motion carried. Rosalie will report back on the outcome of the Group Conscience at the Monday Night Meeting at Friends Church which currently offers newcomers a Welcome Chip and a hug.

NEW BUSINESS

None

ADJOURNMENT

Meeting adjourned at 7:55 p.m. Closed by joining hands and reciting the Unity Prayer.

Respectfully Submitted

Nancy McOwen

916-698-0541

SVIOA Intergroup Secretary