

Sacramento Valley Intergroup OA Meetings

(as of Nov 9, 2021)

Please note: Prior to distancing restrictions, most of these meetings were held face-to-face. Many have temporarily shifted to either video or phone meetings. The new instructions are included in the listings. Recently, some meetings have resumed face-to-face meetings (that adhere to COVID-19 protocols). Please check back often to find out when/if these meetings will revert back to face-to-face or if new meetings are added.

Face-to-Face meetings – YELLOW
HYBRID MEETINGS – ORANGE
PHONE MEETINGS - GREEN

Recent changes, additions

Mon 7:00 p.m. – Rocklin – CLOSED DOWN

Sat 9:00 a.m. – Rocklin – now HYBRID from 9-10 (Zoom + In-Person)

Day	Time (Pacific)	Group City	Meeting Focus or Name	Meeting Number	Zoom Meeting ID	Meeting Password	Join URL	Meeting Rep or Secretary Contact Info
Sun	1:30 p.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	57235			925 No. Wilson Way, STOCKTON	Rene (209) 808-4686
Sun	3:30 p.m.	Sacramento	Newcomer Meeting	56483	994 3274 7032	618898	https://zoom.us/j/99432747032	Christina M (559)-302-0236
Sun	4:00 p.m.	Sacramento	Abstinence 2nd Ed., 4th Sun. BB Speaker	54797	994 3274 7032	618898	https://zoom.us/j/99432747032	Christina M (559)-302-0236
Sun	6:00 p.m.	Chico	A Commitment to Abstinence	45601	910 0717 7419	175622	https://zoom.us/j/91007177419	Ellie Peckler (847) 800-8050
Mon	12:30 p.m.	Nevada City	Step Study	53250	925 9112 2899	682556	https://zoom.us/j/92591122899	
Mon	1:00 p.m.	Stockton	AA 12x12, OA Steps & Traditions Study	89663	609 926 1904	123456	https://us02web.zoom.us/j/6099261904	Mary S (209) 624-9622
Mon	5:30 p.m.	Sacramento	Commuter Meeting - Literature, Speaker	20105	885 4152 6915	210817	https://us02web.zoom.us/j/88541526915	
Mon	6:00 p.m.	Modesto	Literature, Speaker	53717	954 1687 7621	670946	https://zoom.us/j/95416877621	
Mon	6:30 p.m.	Rancho Cordova	OA H.O.W. Concept/Everyone welcome	45680	873 3823 0592	987577	https://zoom.us/j/87338230592	Terry T (916) 601-4207
Mon	7:00 p.m.	Yuba City	Mixed Literature Meeting	57050	778 118 918	serenity	https://us02web.zoom.us/j/778118918	
Tues	12:00 p.m.	Sacramento	Speaker Meeting	36145	321 658 347	134461	https://us02web.zoom.us/j/321658347	Gerri (808) 250-1212
Tues	5:30 p.m.	Davis	Literature, Speaker	56921	979 3204 8758	661309	https://zoom.us/j/97932048758	
Tues	6:00 p.m.	Chico	Literature, Speaker	52849	878 9372 4954	541336	https://us02web.zoom.us/j/87893724954	
Tues	7:00 p.m.	Folsom	OA 12x12, Big Book	48460		7903029	PHONE (978) 990-5198	
Tues	7:00 p.m.	Fairfield	Literature	50691	938 0098 7794	522634	https://zoom.us/j/93800987794	Katherine (707) 974-7649
Wed	9:00 a.m.	Stockton	11th Step Meditation	89493	609 926 1904	123456	http://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Wed	10:00 a.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	56073			925 No. Wilson Way, STOCKTON	Rene (209) 808-4686
Wed	5:30 p.m.	Sacramento	Voices of Recovery, Tools, Speaker	31758	853 2460 7866	163195	https://us02web.zoom.us/j/85324607866	Cary (530) 908-1230
Wed	6:00 p.m.	Murphys	Speaker, OA Literature	800039	983 0025 1945	525656	https://zoom.us/j/98300251945	
Thurs	12:00 p.m.	Sacramento	OA/AA Steps and Traditions	20215			Westminster Church, 13th & N St. SACRAMENTO	Sara (916) 769-4266
Thurs	3:00 p.m.	Stockton	Relapse and Recovery	30896	609 926 1904	123456	https://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Thurs	6:00 p.m.	Chico	OA Literature	54397	853 5485 9380	541336	https://us02web.zoom.us/j/85354859380	
Thurs	6:00 p.m.	West Sac	Body Image Book, Speaker 1st Thurs	54298	973 8612 3186	freedom	https://zoom.us/j/97386123186	
Thurs	7:00 p.m.	Fairfield	Literature, Speaker every other month	53903	933 4150 4946	193674	https://zoom.us/j/93341504946	
Fri	5:30 p.m.	Sacramento	Big Book Study, 1st Friday BB Speaker	34774	941 2355 5383	LOVEOA	https://zoom.us/j/94123555383	
Fri	7:00 p.m.	Yuba City	Step and Literature	52984	778 118 918	serenity	https://us02web.zoom.us/j/778118918	
Sat	9:00 a.m.	Sacramento	OA 12x12, Steps and Traditions	29079	796 502 742	903154	https://us04web.zoom.us/j/796502742	Ruth M (916) 216-2144
Sat	9:00 a.m.	Rocklin	Big Book, Steps, Traditions, Speaker	18446	829 7387 9951	RECOVERY	Creekside Church, 290 Technology Way #300, Rm 209	Judy L (916) 799-5804
Sat	9:00 a.m.	Folsom	Big Book, Steps, Traditions, Speaker	39494	932 5007 6062	173815	https://zoom.us/j/93250076062	Journey Church, Blue Ravine
Sat	9:00 a.m.	Stockton	Step 11, Prayer and Meditation	54051	609 926 1904	123456	https://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Sat	6:00 p.m.	Sacramento	Saturday Night Live Speaker Meeting	89410	998 8829 0554	405605	https://zoom.us/j/99888290554	