

# Sacramento Valley Intergroup OA Meetings

## (as of Dec 23, 2021)

Please note: Prior to distancing restrictions, most of these meetings were held face-to-face. Many have temporarily shifted to either video or phone meetings. The new instructions are included in the listings. Recently, some meetings have resumed face-to-face meetings (that adhere to COVID-19 protocols). Please check back often to find out when/if these meetings will revert back to face-to-face or if new meetings are added.

**Face-to-Face meetings – YELLOW**  
**HYBRID MEETINGS – ORANGE**  
**PHONE MEETINGS – GREEN**

**Recent changes, additions**  
 Mon. 5:30 p.m. North Reno NV (added)  
 Wed. 10:30 a.m. Sparks, NV (added)  
 Wed. 5:30 p.m., Gardnerville, NV (added)  
 Fri. 12:00 p.m., Carson City, NV (added)  
 Sat. 9:30 a.m., Sparks, NV (added)

Day	Time (Pacific)	Group City	Meeting Focus or Name	WSO Mtg #	Zoom Meeting ID	Meeting Password	Join URL	Meeting Rep or Secretary Contact Info
Sun	1:30 p.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	57235			925 No. Wilson Way, STOCKTON	Rene (209) 808-4686
Sun	3:30 p.m.	Sacramento	Newcomer Meeting	56483	994 3274 7032	618898	<a href="https://zoom.us/j/99432747032">https://zoom.us/j/99432747032</a>	Christina M (559)-302-0236
Sun	4:00 p.m.	Sacramento	Abstinence 2nd Ed., 4th Sun. BB Speaker	54797	994 3274 7032	618898	<a href="https://zoom.us/j/99432747032">https://zoom.us/j/99432747032</a>	Christina M (559)-302-0236
Sun	6:00 p.m.	Chico	A Commitment to Abstinence	45601	910 0717 7419	175622	<a href="https://zoom.us/j/91007177419">https://zoom.us/j/91007177419</a>	Ellie Peckler (847) 800-8050
Mon	12:30 p.m.	Nevada City	Step Study	53250	925 9112 2899	682556	<a href="https://zoom.us/j/92591122899">https://zoom.us/j/92591122899</a>	
Mon	1:00 p.m.	Stockton	AA 12x12, OA Steps & Traditions Study	89663	609 926 1904	123456	<a href="https://us02web.zoom.us/j/6099261904">https://us02web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Mon	5:30 p.m.	Sacramento	Commuter Meeting - Literature, Speaker	20105	885 4152 6915	210817	<a href="https://us02web.zoom.us/j/88541526915">https://us02web.zoom.us/j/88541526915</a>	
Mon	5:30 p.m.	North Reno, NV	Focus Varies Weekly	41148	836 7378 0310	766626	<a href="https://zoom.us/j/83673780310">https://zoom.us/j/83673780310</a>	Tina (775) 544-8137
Mon	6:00 p.m.	Modesto	Literature, Speaker	53717	954 1687 7621	670946	<a href="https://zoom.us/j/95416877621">https://zoom.us/j/95416877621</a>	
Mon	6:30 p.m.	Rancho Cordova	OA H.O.W. Concept/Everyone welcome	45680	873 3823 0592	987577	<a href="https://zoom.us/j/87338230592">https://zoom.us/j/87338230592</a>	Terry T (916) 601-4207
Mon	7:00 p.m.	Yuba City	Mixed Literature Meeting	57050	778 118 918	serenity	<a href="https://us02web.zoom.us/j/778118918">https://us02web.zoom.us/j/778118918</a>	
Tues	12:00 p.m.	Sacramento	Speaker Meeting	36145	321 658 347	134461	<a href="https://us02web.zoom.us/j/321658347">https://us02web.zoom.us/j/321658347</a>	Gerri (808) 250-1212
Tues	5:30 p.m.	Davis	Literature, Speaker	56921	979 3204 8758	661309	<a href="https://zoom.us/j/97932048758">https://zoom.us/j/97932048758</a>	
Tues	6:00 p.m.	Chico	Literature, Speaker	52849	878 9372 4954	541336	<a href="https://us02web.zoom.us/j/87893724954">https://us02web.zoom.us/j/87893724954</a>	
Tues	7:00 p.m.	Folsom	OA 12x12, Big Book	48460		7903029	PHONE (978) 990-5198	
Tues	7:00 p.m.	Fairfield	Literature	50691	938 0098 7794	522634	<a href="https://zoom.us/j/93800987794">https://zoom.us/j/93800987794</a>	Katherine (707) 974-7649
Wed	9:00 a.m.	Stockton	11th Step Meditation	89493	609 926 1904	123456	<a href="http://us04web.zoom.us/j/6099261904">http://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Wed	10:00 a.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	56073			925 No. Wilson Way, STOCKTON	Rene (209) 808-4686
Wed	10:30 a.m.	Sparks, NV	OA Literature Study	54883	892 7901 9060	542199	<a href="https://zoom.us/j/89279019060">https://zoom.us/j/89279019060</a>	Sherri (775) 813-4077
Wed	5:30 p.m.	Sacramento	Voices of Recovery, Tools, Speaker	31758	853 2460 7866	163195	<a href="https://us02web.zoom.us/j/85324607866">https://us02web.zoom.us/j/85324607866</a>	Cary (530) 908-1230
Wed	5:30 p.m.	Gardnerville, NV	OA Literature Study	89947	864 4781 4877	192693	<a href="https://zoom.us/j/86447814877">https://zoom.us/j/86447814877</a>	Elaine (775) 450-5198
Wed	6:00 p.m.	Murphys	Speaker, OA Literature	800039	983 0025 1945	525656	<a href="https://zoom.us/j/98300251945">https://zoom.us/j/98300251945</a>	
Thurs	12:00 p.m.	Sacramento	OA/AA Steps and Traditions	20215			Westminster Church, 13th & N St. SACRAMENTO	Sara (916) 769-4266
Thurs	3:00 p.m.	Stockton	Relapse and Recovery	30896	609 926 1904	123456	<a href="https://us04web.zoom.us/j/6099261904">https://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Thurs	6:00 p.m.	Chico	OA Literature	54397	853 5485 9380	541336	<a href="https://us02web.zoom.us/j/85354859380">https://us02web.zoom.us/j/85354859380</a>	
Thurs	6:00 p.m.	West Sac	Body Image Book, Speaker 1st Thurs	54298	973 8612 3186	freedom	<a href="https://zoom.us/j/97386123186">https://zoom.us/j/97386123186</a>	
Thurs	7:00 p.m.	Fairfield	Literature, Speaker every other month	53903	933 4150 4946	193674	<a href="https://zoom.us/j/93341504946">https://zoom.us/j/93341504946</a>	
Fri	12:00 p.m.	Carson City, NV	OA Literature Study	50936			CARSON CITY Senior Center 911 Beverly Dr (Tahoe Room)	Cher (775) 749-5680
Fri	5:30 p.m.	Sacramento	Big Book Study, 1st Friday BB Speaker	34774	941 2355 5383	LOVEOA	<a href="https://zoom.us/j/94123555383">https://zoom.us/j/94123555383</a>	
Fri	7:00 p.m.	Yuba City	Step and Literature	52984	778 118 918	serenity	<a href="https://us02web.zoom.us/j/778118918">https://us02web.zoom.us/j/778118918</a>	
Sat	9:00 a.m.	Sacramento	OA 12x12, Steps and Traditions	29079	796 502 742	903154	<a href="https://us04web.zoom.us/j/796502742">https://us04web.zoom.us/j/796502742</a>	Ruth M (916) 216-2144
Sat	9:00 a.m.	Rocklin	Big Book, Steps, Traditions, Speaker	18446	829 7387 9951	RECOVERY	Creekside Church, 290 Technology Way #300, Rm 209	Judy L (916) 799-5804
Sat	9:00 a.m.	Folsom	Big Book, Steps, Traditions, Speaker	39494	932 5007 6062	173815	<a href="https://zoom.us/j/93250076062">https://zoom.us/j/93250076062</a>	Journey Church, Blue Ravine
Sat	9:00 a.m.	Stockton	Step 11, Prayer and Meditation	54051	609 926 1904	123456	<a href="https://us04web.zoom.us/j/6099261904">https://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Sat	9:30 a.m.	Sparks, NV	OA Literature Study; 4th Week Speaker	50938	880 0894 5431	528207	Center for Unity 428 S. Rock Blvd.	Sherri (775) 813-4077
Sat	6:00 p.m.	Sacramento	Saturday Night Live Speaker Meeting	89410	998 8829 0554	405605	<a href="https://zoom.us/j/99888290554">https://zoom.us/j/99888290554</a>	