

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**Tuesday, March 10, 2020**  
*4/14/20 rmk*

**Location:** Christ Temple Apostolic Church, 9001 La Riviera Drive, Sacramento

**Opening:** Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Concepts were read by Diane.

**Call to Order:** Call to order. Voting members in attendance: 7 board members + 4 committee chairs + 9 meeting reps = 20 total

**Previous Minutes:** February 2020 meeting minutes were reviewed. Motion was made to approve by Mary and seconded by Curt. 14 in favor, 6 abstain.

**Board Reports:**

Chair: Nancy Mc

**CONCEPT 3:** As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the OA General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision." **Principle: TRUST**

OA WSO connected Nancy with an intergroup chair in a different region to learn more about what different regions are doing. I emailed him-haven't heard back.

We received this communication:

**2-1-1 information-Dear Community Partner:**

As a part of our annual verification process, 2-1-1 Sacramento sends an automated verification request, for agencies to review, update, and submit for processing. This email contains all links to your agency and services listed in the database, and instructions for completing the process.

A note of explanation regarding the way we store information:

**Agency** – The administrative information about your organization is stored here

**Program** – The information about the particular service(s) your agency provides is stored here, along with details about eligibility, areas served, etc...

**Site** – The information about the location(s) where your agency provides services is stored here.

**Talk up the open COMMITTEE POSITIONS!!**

**Group Support:** To support the health and growth of OA meetings

**Public Outreach Committee:** Carry the message of Overeaters Anonymous to the general public, those still suffering, and provide information to the medical community.

**REPORTS:** Please submit your reports to myself and Robyn if you are going to miss the Intergroup meeting. For all those present or absent and submitting reports, an email version is always helpful to the secretary so she does not have to re-write it in the minutes.

**Vice-chair:** Jan H

In the February *Valley Voice*, there was a “we need your help” notice on the front page. It has two questions to ask folks to help us. We’ve had no responses. Jan requests that intergroup reps make sure their groups know about it.

There was a suggestion to make sure the questions are also on the website, and it was agreed that this would be sent to the Web Liaison, René.

**Secretary:** Robyn K

Thank you, Gail, for stepping in last month and taking notes in my absence.

Committee chairs should send reports to [oasecretary@sacvalleyoa.org](mailto:oasecretary@sacvalleyoa.org) with a cc to [oachair@sacvalleyoa.org](mailto:oachair@sacvalleyoa.org). If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

**Treasurer:** Grace A

The March treasurer’s report includes an explanation of “prudent reserve” and our current reserve.

Motion to approve the treasurer’s report: Gail    Seconded: Marganne    Vote: 20 (unanimous)

**Region 2:** Chandra, Luanne, Laura

Luanne: We are getting closer to Assembly. There was an emergency meeting to talk about possibly canceling assembly because of COVID-19. They have to have a certain number of rooms booked to meet their agreement with the hotel. If the agreement is canceled, it costs the region \$8,000. Twelve intergroups must be represented to have quorum. They haven’t made a decision yet and still need to talk to hotel. Have until this Friday to make a decision.

SVIOA group conscience is that we leave it up to the reps to decide.

*Note: This intergroup meeting took place before the statewide shelter-in-place guidance from the Governor.*

**Webmaster:** Rene

Absent

**World Service:** Barbara M, Michelle

Absent

**Committee reports:**

**Meeting News and Publicity:** Gerri and Judy

Next month’s *Valley Voice* will focus on step, tradition, and concept 4. If you have something to include, please send it to Gerri.

Newsletter report (from Gerri):

Actions Taken:

1. Printed 300 black and white copies of *Valley Voice* to provide extra copies for the Region 2 Reps to take to the April Region 2 Assembly (as requested).
2. Sent an email blast of electronic copies of *Valley Voice* to 190 OA’s. (color copies with “hot” web links)
3. Distributing paper copies at March 10 Intergroup Meeting for intergroup reps to take to their meetings.

Current Status:

1. Nine OA's indicated their interest in contributing writing to future issues of the Newsletter.
2. The focus of the April issue will be on Relapse (to tie in with a May 16 Day in OA focusing on Relapse).

**Events:** Judy L & Tiffany

Tiffany: passed out green flyer for May 16<sup>th</sup> workshop on recovery from relapse.

People trying to have events at Buhler Center (Sutter) often have difficulty with contacts there. Tiffany has put together some information if you want to have an event there.

**Group Support/Speaker List:** Vacant

No updates. Really need someone for this position. Chair: please announce this at your meetings!

**Public Outreach:** Vacant

Please announce this vacancy at your meetings!

Gerri: Flyers and business cards were created for everyone to hand out. The flyer was created at WSO. The business cards were created by Gerri. There is room on the business cards to add your own name and number.

**Retreat:** Rick Z

Tahoe Retreat is over 60% booked. Early Bird Special saves \$20, making it \$250/person. Deadline for the Early Bird Special is May 1<sup>st</sup>. The committee will send out an email blast within a couple of weeks before May 1<sup>st</sup>. His experience is that it will fill up quickly after that email blast.

**Special Population Focus:** Mary S

Reported that she has had to put this temporarily on hold due to personal issues.

**Sponsorship Committee:** Gerri and Cary

Cary H volunteer to be co-chair! Thank you Cary!

Next Steps (in process):

- Research sponsorship resources in the Region and WSO
- Develop a list of sponsorship resources and upload them to SVIOA website
- Look into presenting a workshop or Day in OA on Sponsorship
- Maintain an inventory of Sponsorship Guides

**Sponsorship Bank Report** (Gerri)

Purpose of the Sponsorship Bank: to provide a sponsorship clearinghouse for OA's seeking sponsors and for available sponsors to register.

Actions Taken:

1. Email blast, text blast, and flyers sent to OA members to "get the word out"
2. Announcement published in *Valley Voice*
3. Flyers printed and distributed to OA meetings via intergroup reps.

Current Status:

1. 29 sponsors currently registered with Sponsorship Bank
2. 12 referrals to date

*Have had about 14 matches*

**Discussion of New Group Concerns & Announcements (not new business)**

The Thursday night West Sacramento meeting added language to the closing welcoming people who are uncomfortable holding hands to join in the closing in whatever way they are comfortable. This was offered at intergroup in case other groups are interested in doing the same. Several other groups already have.

**Continuing Business:**

None

**New Business:**

Kathryn from the Modesto meeting: The Modesto group has a very difficult time hearing what is being said at SVIOA meetings using the current system. After doing some research, the group voted on purchasing a two-way speaker on Amazon that costs \$189. The group asked if SVIOA would pay half and Modesto would pay half. The speaker would stay with SVIOA. The speaker is listed as being made for 8-12 people, but it has good reviews and if it doesn't solve the problem, we can return it.

Kathryn made a motion proposing that we buy this speaker for \$189 + taxes, split 50/50 between the Modesto group and SVIOA. Rick seconded the motion.

Robyn suggested that intergroup pay the whole amount since it would be used to allow other groups, such as Yuba City, to participate in the intergroup meetings, and would be owned by intergroup.

Katherine changed the motion to propose that intergroup purchase the speaker. Gail seconded the motion. Vote to approve was unanimous.

Nancy and Grace will take care of purchasing.

**Meeting closed at 7:55pm with a circle and the OA Promise.**