

# Overeaters Anonymous of Sacramento, Inc.

## Business Meeting Minutes

### Tuesday, June 11, 2019

*Final 7/09/19 SV*

**Location** Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

**Opening** Chair opened the meeting with the serenity prayer at 7:00 p.m. **Mary S & Rene** read the 12 Traditions.

**Call to order** Call to order. Voting members in attendance: **6** board + **6** committee chairs + **10** meeting reps. = **22** Guests: 2

**Previous Minutes** May 2019 meeting minutes were reviewed. Motion to approve as amended made by **Rick** and seconded by **Melissa** (11 in favor, 0 opposed, 9 abstain) Motion passed.

**Board Reports**

Chair	Nancy Mc	<p>Remote call-ins: We have Bill from Modesto and now Katheryn from Fairfield, plus Grace is back in ND and attending virtually! OA is all inclusive!</p> <p>Being Inclusive: What is your group doing to ensure all potential and regular members are included in our message of hope? Signs at your meeting place? 100 pounders and anorexics welcome? What about relapsed members? What about those from different culture or religion?</p> <p>Concept 6: The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous. Spiritual principle: Responsibility!</p> <p>Reports: please submit your reports to myself and Stephanie if you are going to miss the Intergroup meeting. For all those present or absent and submitting reports, an email version is always helpful to the secretary so she does not have to re-write it in the minutes.</p> <p>Group Concerns: SVIOA is here for you, we would love for you all to use this platform to express group news, issues, concerns and announcements.</p>
Vice Chair	Jan H	<p>1.The Policy and Procedures draft with revisions to the Retreat section has been available for review on our website for a couple of months now. I've not received any questions or comments.</p> <p>2.I've reviewed the SVIOA Bylaws and WSO's Bylaws along with the Sample Bylaws on the WSO website, and find our Bylaws to be very thorough and well done. I've also reviewed our WSO Delegate's report of motions at this year's conference related to</p>

		<p>WSO Bylaws and found nothing that would affect our Bylaws. In addition, I've carefully reviewed our Bylaws in relation to our final draft Policy and Procedure and find no contradictory language in the two documents.</p> <p>3.I have asked our WSO Delegate and SVIOA Treasurer to serve on the Bylaws committee and review the documents. Barring any substantive changes identified by Barbara or Grace, I will be making a motion at the July meeting to approve the Bylaws and Policy and Procedures document. If you or anyone in your group has any questions or comments on these two documents (both of which are on the SVIOA website) please let me know prior to the July meeting so we can address them before calling for a vote.</p> <p>PS - Please remember that these documents are reviewed bi-annually, so we'll do it all again in late 2020-2021</p>
Secretary	Stephanee	No report.
Treasurer	Grace	<p>Income expense report handed out. Take note: We are receiving influx of money but we have not fully paid for the retreat. Sheet shows more money than we actually have.</p> <p>(moved by Melissa,, Seconded by Chandra, Passed 22, 0,0)</p>
Region 2	Chandra S & Luanne	No Report
Webmaster	Rene	<p>Emails are being forwarded to respective parties. There have been a lot of meeting changes.</p> <p>IG Reps: Please ask meeting secretaries to fill out flyers if there are any updates or changes to meetings</p>
WSBC	Barbara	No Report

### **Committee Reports**

Meeting News & Publicity	Laura / Cindy	<p>L: Solano and Calaveras counties and City of Modesto have been officially added to SVIOA within the past two months. They are now included at the top of the front page of the Valley Voice. Welcome, everyone!</p> <p>The printer will be closed the first two weeks of July. I will be emailing the completed July Valley Voice early next week, Tuesday, June 18<sup>th</sup> by 8pm. Please email if you have any updates for the Valley Voice.</p> <p>C: Stockton meeting (Thursdays @10am) has closed. Phone service vendor sent a from to have contact information updated and was forwarded to Jan who forwarded it to Nancy Mc.</p>
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Events ( <i>Media</i> )	Judy L. Angela	J: passed out flier with information on upcoming OA "Save the Dates".. Thank-a-thon needs volunteers and "Unity Day" is looking for someone to chair A: No report
Group Support ( <i>Speaker List only</i> )	Susan K.	No Report
Public Outreach	<i>OPEN</i>	
Retreat	Rick	There are currently 20 people on the waitlist for the retreat. We have asked for extra rooms to hopefully accommodate all. The waitlist is closed.
Special Population Focus	Mary / Lori	Mary and Lori met on Thursday June 6, 2019 to discuss Special population committee We decided to focus on 12th Step within initially. We have contacted The Thursday meeting in west Sacramento to host the December 12th meeting The Stockton group held it's first planning meeting in 12th Step within, and will host a speaker meeting on Tuesday July 30 at 6:30 to speak on 12th Step within We will make sure a flyer is available for both events at the next Intergroup meeting
Sponsorship	<b>Vacant</b>	Vacant

### **Group Concerns and Announcements-**

- Please bring up discussion in groups about helping pre-teen and adolescents in OA meetings and report back.

### **Continuing Business**

- Bylaws Committee: Last chance to bring questions/concerns/changes to the By Laws and Policies & Procedures
  - IG Reps: report back to meetings and let members know if they have any questions or concerns to connect with Bylaws Committee before the next meeting
  - The Bylaws have been approved by the R2 Trustee and World Service and do not contradict with the Policy and Procedures draft
  - Jan will be making a motion to approve documents at the next meeting in July
- Sponsorship Guideline Manual: Region 2 approved publication- printed copies will be distributed. Please note that this handbook is not conference approved literature.
  - Handbook was blessed by Region 2 Trustee
  - Find more copies on SVIOA Website

### **New Business—N/A**

### **Adjournment**

Meeting adjourned at 7:56p.m. Closed by joining hands and reciting the OA promise.

Respectfully Submitted,  
Stephane V.  
SVIOA Intergroup Secretary