

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
Tuesday, April 14, 2020
5/12/20 rmk

Location: Zoom meeting (virtual meeting due to coronavirus shelter-in-place guidance)

Opening: Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Traditions were read by Judy L.

A brief tutorial on using Zoom was provided.

Call to Order: Call to order. Voting members in attendance: 7 board members + 5 committee chairs + 13 meeting reps = 25 total. There were also several visitors.

Previous Minutes: March 2020 meeting minutes were reviewed. Motion was made to approve as amended by Kathryn and seconded by Jan. 18 in favor, 4 abstain.

Amendment: Change "AA" to "OA" in Chair report

Board Reports:

Chair: Nancy Mc

CONCEPT 4: APRIL is Concept Four: The right of participation ensures equality of opportunity for all in the decision-making process. Principle: Equality. Do we understand the spiritual principles underlying the "Right of Participation"? All members get a say, and shouldn't be shunned, all members get a vote, and shouldn't be disliked. Should you allow the minority to explain why they voted against a certain motion-it could possibly change your mind! How can we apply this to our homegroup, to our personal lives??

Have you checked out: Sacvalleyoa.org? Jan did an excellent job at taking that over when Rene had to step down. OA.org? Oalifeline.org? We're not getting Lifeline in person anymore, and this is a great website.

Vice-chair: Jan H

As things come up, Jan sends information to other regions and intergroups.

Secretary: Robyn K

Committee chairs should send reports to oasecretary@sacvalleyoa.org with a cc to oachair@sacvalleyoa.org. If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

Treasurer: Grace A

Chair shared treasurer's report on the screen.

We are still getting money in for the retreat registration, so our bank balance is pretty high right now.

Q: Are we still paying rent right now? A: Chair is reaching out to the church to discuss. We haven't paid rent yet this month.

Q: Was R2 assembly canceled? A: Yes, and they either have refunded the money or are going to.

Motion to approve the treasurer's report: Gail Seconded: Judy L Vote: Motion carried

Region 2: Chandra, Luanne, Laura

Luanne: Had to resign as R2 rep because she is now on the R2 board and it was not feasible to do both. We did get our money back for the assembly that was canceled. Still having convention but is going to be shelter-in-place compliant.

Fall assembly has board elections and every board position is up this year except secretary. If you would like to be a part of the board, go to the R2 website and send an application to the chair.

Laura: Mailed assembly reimbursement check to the treasurer. Region 2 convention scheduled for July is still on.

Q: There was an email received from R2 saying that they were requesting that the registration amounts be donated to R2. Is that request still active?

Luanne and Chandra don't know the answer, but they have not received reimbursement yet.

Q: Treasurer received something in the mail from R2 asking for donations for the convention. Do they still want donations of things (i.e. for the raffle) for the convention?

Luanne: Things are in flux right now re the convention. There is a meeting coming up, and Luanne will ask.

Webmaster: Position is open

World Service: Barbara M, Michelle

Barbara: WS business conference is going to be virtual only with a very limited agenda: elections of world trustees and a vote about 4 pieces of literature. It will be structured over a 10-day period in which delegates can ask questions on line. Southwest is not going to reimburse funds but will extend a credit through June 2021. Grace will need to show the credit somewhere in the books.

OA World Convention in Orlando is still scheduled at this point. More info is at oa.org.

Michelle: WSBC is offering a partial refund of registration, but has requested that delegates donate the amount to World Service. Michelle made motion to donate the fund. Barbara seconded. Vote: motion passed unanimously.

Committee reports:

Meeting News and Publicity: Gerri and Judy B.

Actions Taken

1. No print copies were issued due to cancellation of in-person meetings.
2. Expanded the Valley Voice to nine pages to include lots of online OA resources and meetings.
3. Sent electronic copies of the newsletter to over 200 OA's. Mailing list is now up to 230. If anyone would like to get an electronic copy and is not on the distribution list, please let Gerri know.

Current Status

1. In process of collecting writing submissions from Sacramento OA's for the May issue of the Valley Voice.
2. The focus of the May issue will include Step 5, Tradition 5 and Concept 5.
3. Have received lots of good feedback from readers on April issue.

Events: Judy L & Tiffany

Judy L: Wednesday 5:30 East Sac meeting is pivoting to virtual. Still on for Saturday, May 16th. Topic will be Isolation: Recovery Not Relapse.

Because meeting reps aren't getting the paper flyers to put in notebooks each week right now, please email your distribution lists to start sending out event information to them.

Group Support/Speaker List: Vacant

No updates. Really need someone for this position. Chair: please announce this at your meetings!

Public Outreach: Vacant

Please announce this vacancy at your meetings!

Retreat: Rick Z

[This information has changed since the April Intergroup meeting. The information below reflects the conversation at the meeting and not the updated status.]

Tahoe Retreat is still happening. Up to one week before the convention, if we start getting mass cancelations, we can cancel the convention. Penalty is \$2500. If the virus came back and quarantine was still on, there would be no penalty.

Q: What is the definition of emergency conditions that would allow us to cancel with no penalty.

Rick: Do not know the answer. We rented 40 rooms. Venue has allowed us to drop back to 30 rooms, which is 60 people. We already have 60 people booked as of today. We do still have the 10 additional rooms being held.

Q: Will individual registrants be reimbursed if convention is canceled?

Rick: Yes, but we haven't figured out the process yet. There will be an option to leave the money for next year's retreat.

Special Population Focus: Mary S

Absent. No report.

Sponsorship Committee: Gerri and Cary

Saturday, August 15th will be a Day in OA on Sponsorship. Center for Spiritual Awareness in West Sacramento is booked. Gerri and Cary are in the process of developing an online list of sponsorship resources. All other activities are on hold for now.

Sponsorship Bank Report: Gerri and Cary

Actions Taken

1. Received newcomer referrals from several OA's
2. Suggested possible sponsors for newcomers to contact.
3. Recruited additional new sponsors for the Bank.

Current Status

1. 35 sponsors currently registered with Sponsorship Bank
2. 18 sponsee/sponsor referrals made to date

Discussion of New Group Concerns & Announcements (not new business)

Curt: 7th tradition in OA zoom meetings is a problem. Is there a blanket policy that we can put out or distribute that will support intergroup and the rents for the meetings – right now a lot is going to WSO.

Judy L: Rocklin group is asking people to set money aside. That meeting has set up a paypal account. Maybe intergroup can set something up.

Chair: We have asked the webmaster to do that.

Other groups are setting up venmo accounts. Can also send personal checks.

Barbara: has anyone had any problems with zoom meetings with passwords being on the website?
None

Continuing Business:

None

New Business:

Web liaison position is open and needs to be filled fairly quickly. It does not require knowledge of web design, code, etc. Just requires you to check the website regularly and liaise with the webmaster.

Darek and Marganne each nominated him/herself.

Vote was taken through zoom. Darek was elected as the new web liaison.

Meeting closed at 8:02pm with OA Promise.