

Sacramento Valley Intergroup OA Meetings

(As of September 15, 2022)

Please note: Prior to distancing restrictions, most of these meetings were held face-to-face. Many have temporarily shifted to video meetings. The new instructions are included in the listings. Recently some meetings have resumed face-to-face meetings (that adhere to COVID-19 protocols). Please check back often to find out when/if these meetings will revert to face-to-face or if new meetings are added.



If you are joining a meeting by phone, dial +1 669 900 6833 and enter the local Zoom Meeting ID and Passcode listed below.

FACE-TO-FACE MEETINGS – YELLOW
HYBRID MEETINGS – ORANGE

Recent changes:
 Stockton in-person meetings changed from 925 No. Wilson Way to 2057 East Main St
 Thu 6:00 p.m. Chico begins to meet face-to-face effective 9/22/22

| Day | Time (Pacific) | Group City | Meeting Focus or Name | WSO Mtg # | Zoom Meeting ID | Meeting Password | Join URL | Meeting Rep or Secretary Contact Info |
|------------|-------------------|------------------------|---|--------------|----------------------|------------------|---|---------------------------------------|
| Sun | 1:30 p.m. | Stockton | Comedores Compulsivos Anonimos (Spanish) | 57235 | | | 2057 East Main Street, STOCKTON | René (209) 808-4686 |
| Sun | 3:30 p.m. | Sacramento | Newcomer Meeting | 56483 | 994 3274 7032 | 618898 | https://zoom.us/j/99432747032 | Christina M (559)-302-0236 |
| Sun | 4:00 p.m. | Sacramento | Abstinence 2nd Ed., 4th Sun. BB Speaker | 54797 | 994 3274 7032 | 618898 | https://zoom.us/j/99432747032 | Christina M (559)-302-0236 |
| Sun | 6:00 p.m. | Chico | A Commitment to Abstinence | 45601 | 910 0717 7419 | 175622 | https://zoom.us/j/91007177419 | Ellie Peckler (847) 800-8050 |
| Mon | 10:00 a.m. | Stockton | AA and OA Literature Study | 57338 | | | 2057 East Main Street, STOCKTON | Mary S (209) 624-9622 |
| Mon | 12:30 p.m. | Nevada City | Step Study | 53250 | 925 9112 2899 | 682556 | https://zoom.us/j/92591122899 | |
| Mon | 1:00 p.m. | Stockton | AA 12x12, OA Steps & Traditions Study | 89663 | 609 926 1904 | 123456 | https://us02web.zoom.us/j/6099261904 | Mary S (209) 624-9622 |
| Mon | 5:30 p.m. | North Reno, NV | Focus Varies Weekly | 41148 | 836 7378 0310 | 766626 | Community Life Ctr, 3697 Kings Row, Suite C | Staci B (775) 250-2953 |
| Mon | 5:30 p.m. | Sacramento | Commuter Meeting - Literature, Speaker | 20105 | 885 4152 6915 | 210817 | https://us02web.zoom.us/j/88541526915 | |
| Mon | 5:30 p.m. | Modesto | Literature, Speaker | 53717 | 954 1687 7621 | 670946 | https://zoom.us/j/95416877621 | |
| Mon | 6:30 p.m. | Rancho Cordova | OA H.O.W. Concept/Everyone welcome | 45680 | 873 3823 0592 | 987577 | https://zoom.us/j/87338230592 | Terry T (916) 601-4207 |
| Mon | 7:00 p.m. | Yuba City | Mixed Literature Meeting | 57050 | 960 0344 1708 | 393429 | https://us06web.zoom.us/j/96003441708 | |
| Tues | 12:00 p.m. | Sacramento | Speaker Meeting | 36145 | 321 658 347 | 134461 | https://us02web.zoom.us/j/321658347 | Gerri (808) 250-1212 |
| Tues | 5:30 p.m. | Davis | Literature, Speaker | 56921 | 979 3204 8758 | 661309 | https://zoom.us/j/97932048758 | |
| Tues | 6:00 p.m. | Chico | Literature, Speaker | 52849 | 878 9372 4954 | 541336 | https://us02web.zoom.us/j/87893724954 | |
| Wed | 9:00 a.m. | Stockton | 11th Step Meditation | 89493 | 609 926 1904 | 123456 | http://us04web.zoom.us/j/6099261904 | Mary S (209) 624-9622 |
| Wed | 10:00 a.m. | Stockton | Comedores Compulsivos Anonimos (Spanish) | 56073 | | | 2057 East Main Street, STOCKTON | René (209) 808-4686 |
| Wed | 10:30 a.m. | Sparks, NV | OA Literature Study | 54883 | 892 7901 9060 | 542199 | https://zoom.us/j/89279019060 | Sherri (775) 813-4077 |
| Wed | 5:30 p.m. | Gardnerville, NV | OA Literature Study | 89947 | | | Please text first for Zoom Information | Greg (775) 450-3273 |
| Wed | 5:30 p.m. | Sacramento | Voices of Recovery, Tools, Speaker | 31758 | 854 7002 0991 | 449015 | https://us06web.zoom.us/j/85470020991 | Holly S (916)812-8039 |
| Wed | 6:00 p.m. | Murphys | Speaker, OA Literature | 800039 | 846 0778 0130 | 670067 | https://us06web.zoom.us/j/84607780130 | |
| Thu | 12:00 p.m. | Sacramento | OA/AA Steps and Traditions | 20215 | | | Westminster Church, 13th & N St. SACRAMENTO – Masks required | Sara (916) 769-4266 |
| Thu | 3:00 p.m. | Stockton | Relapse and Recovery | 30896 | 609 926 1904 | 123456 | https://us04web.zoom.us/j/6099261904 | Mary S (209) 624-9622 |
| Thu | 6:00 p.m. | Chico | Road to Recovery Meeting | 54397 | | | St. John's Episcopal Church (Conference Rm) 2341 Floral Ave, Chico | |
| Thu | 6:00 p.m. | West Sac | Body Image Book, Speaker 1st Thurs | 54298 | 973 8612 3186 | freedom | https://zoom.us/j/97386123186 | |
| Thu | 7:00 p.m. | Fairfield | Literature, Speaker once a month | 53903 | 933 4150 4946 | 193674 | https://zoom.us/j/93341504946 | Katherine (707) 974-7649 |
| Fri | 12:00 p.m. | Carson City, NV | OA Literature Study | 50936 | | | CARSON CITY Sr Ctr 911 Beverly Dr (Tahoe Room) | Annette S. (530) 927-7868 |
| Fri | 5:30 p.m. | Sacramento | Big Book Study, 1st Friday BB Speaker | 34774 | 941 2355 5383 | LOVEOA | https://zoom.us/j/94123555383 | |
| Fri | 7:00 p.m. | Yuba City | Step and Literature | 52984 | 896 7878 3636 | 022071 | https://us06web.zoom.us/j/89678783636 | |
| Sat | 9:00 a.m. | Folsom | Big Book, Steps, Traditions, Speaker | 39494 | 932 5007 6062 | 173815 | Journey Church, 450 Blue Ravine Rd FOLSOM | Sharyl (916) 834-0883 |
| Sat | 9:00 a.m. | Rocklin | Big Book, Steps, Traditions, Speaker | 18446 | 829 7387 9951 | RECOVERY | Creekside Church-290 Technology Wy #300, Rm 209 | Judy L (916) 799-5804 |
| Sat | 9:00 a.m. | Sacramento | OA 12x12, Steps and Traditions | 29079 | 796 502 742 | 903154 | Faith United Methodist Church, 3600 J Street | Ruth M (916) 216-2144 |
| Sat | 9:00 a.m. | Stockton | Step 11, Prayer and Meditation | 54051 | 609 926 1904 | 123456 | https://us04web.zoom.us/j/6099261904 | Mary S (209) 624-9622 |
| Sat | 9:30 a.m. | Sparks, NV | OA Literature Study; 4th Week Speaker | 50938 | 880 0894 5431 | 528207 | Center for Unity 428 S. Rock Blvd. | Sherri (775) 813-4077 |
| Sat | 6:00 p.m. | Sacramento | Saturday Night Live Speaker Meeting | 89410 | 998 8829 0554 | 405605 | https://zoom.us/j/99888290554 | |