

# Sacramento Valley Intergroup OA Meetings

(As of September 1, 2023)

Please note: Prior to distancing restrictions, most of these meetings were held face-to-face. Many have temporarily shifted to video (Zoom) meetings. The new instructions are included in the listings. Recently some meetings have resumed face-to-face meetings (that adhere to COVID-19 protocols). Please check back often to find out when/if these meetings will revert to face-to-face or if new meetings are added.



If you are joining a meeting by phone, dial +1 669 900 6833 and enter the local Zoom Meeting ID and Passcode listed below.

**FACE-TO-FACE MEETINGS – YELLOW**  
**FACE-TO-FACE + ZOOM (hybrid) – ORANGE**

**Recent changes:**  
**Tues 7:00 p.m. Sacramento NEW in-person meeting**

Day	Time (Pacific)	Group City	Meeting Focus or Name	WSO Mtg #	Zoom Meeting ID	Meeting Password	Join URL	Meeting Rep or Secretary Contact Info
Sun	1:30 p.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	57235			<b>2057 East Main Street, STOCKTON</b>	René (209) 808-4686
Sun	3:30 p.m.	Sacramento	Newcomer Meeting	56483	994 3274 7032	618898	<a href="https://zoom.us/j/99432747032">https://zoom.us/j/99432747032</a>	Christina M (559)-302-0236
Sun	4:00 p.m.	Sacramento	Abstinence 2 <sup>nd</sup> Ed., 4 <sup>th</sup> Sun. BB Speaker	54797	994 3274 7032	618898	<a href="https://zoom.us/j/99432747032">https://zoom.us/j/99432747032</a>	Christina M (559)-302-0236
Sun	6:00 p.m.	Chico	A Commitment to Abstinence	45601	910 0717 7419	175622	<a href="https://zoom.us/j/91007177419">https://zoom.us/j/91007177419</a>	Ellie Peckler (847) 800-8050
Mon	10:00 a.m.	Stockton	AA and OA Literature Study	57338			<b>2057 East Main Street, STOCKTON</b>	Cara D (209) 329-9927
Mon	12:30 p.m.	Nevada City	Step Study	53250	925 9112 2899	682556	<a href="https://zoom.us/j/92591122899">https://zoom.us/j/92591122899</a>	
Mon	1:00 p.m.	Stockton	AA 12x12, OA Steps & Traditions Study	89663	609 926 1904	123456	<a href="https://us02web.zoom.us/j/6099261904">https://us02web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Mon	5:30 p.m.	Carson City, NV	OA Literature Study	10299	<b>Behavior Health Ctr, 1080 N. Minnesota St, Carson City – call Cher for Zoom information</b>			Cher B. (775) 772-0220
Mon	5:30 p.m.	Modesto	Literature, Speaker	53717	954 1687 7621	670946	<a href="https://zoom.us/j/95416877621">https://zoom.us/j/95416877621</a>	
Mon	5:30 p.m.	North Reno, NV	Focus Varies Weekly	41148	836 7378 0310	766626	<b>Community Life Ctr, 3697 Kings Row, Suite C</b>	Staci B (775) 250-2953
Mon	5:30 p.m.	Sacramento	Commuter Meeting – Literature, Speaker	20105	885 4152 6915	210817	<a href="https://us02web.zoom.us/j/88541526915">https://us02web.zoom.us/j/88541526915</a>	
Mon	6:30 p.m.	Rancho Cordova	OA H.O.W. Concept/Everyone welcome	45680	873 3823 0592	987577	<a href="https://zoom.us/j/87338230592">https://zoom.us/j/87338230592</a>	Terry T (916) 601-4207
Mon	7:00 p.m.	Yuba City	Mixed Literature Meeting	57050	960 0344 1708	393429	<a href="https://us06web.zoom.us/j/96003441708">https://us06web.zoom.us/j/96003441708</a>	
Tues	12:00 p.m.	Sacramento	Speaker Meeting	36145	321 658 347	134461	<a href="https://us02web.zoom.us/j/321658347">https://us02web.zoom.us/j/321658347</a>	Gerri (808) 250-1212
Tues	5:30 p.m.	Davis	Literature, Speaker	56921	979 3204 8758	661309	<a href="https://zoom.us/j/97932048758">https://zoom.us/j/97932048758</a>	Beth M. (530) 400-2227
Tues	6:00 p.m.	Chico	Literature, Speaker	52849	878 9372 4954	541336	<a href="https://us02web.zoom.us/j/87893724954">https://us02web.zoom.us/j/87893724954</a>	Jess L. (203) 554-6749 text
<b>Tues</b>	<b>7:00 p.m.</b>	<b>Sacramento</b>	<b>Literature, Speaker</b>	<b>57914</b>	<b>Friends Community Church, Fireside Room, 4001 E Street</b>			<b>Katy (559) 392-7550</b>
Wed	9:00 a.m.	Stockton	11th Step Meditation	89493	609 926 1904	123456	<a href="http://us04web.zoom.us/j/6099261904">http://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Wed	10:30 a.m.	Sparks, NV	OA Literature Study	800674	892 7901 9060	542199	<a href="https://zoom.us/j/89279019060">https://zoom.us/j/89279019060</a>	Sherri (775) 813-4077
Wed	5:30 p.m.	Gardnerville, NV	OA Literature Study	89947			<b>Please text first for Zoom Information</b>	Christy R (775) 445-0051
Wed	5:30 p.m.	Sacramento	Voices of Recovery, Tools, Speaker	31758	854 7002 0991	449015	<a href="https://us06web.zoom.us/j/85470020991">https://us06web.zoom.us/j/85470020991</a>	Holly S (916)812-8039
Wed	6:00 p.m.	Murphys	Speaker, OA Literature	800039	846 0778 0130	670067	<a href="https://us06web.zoom.us/j/84607780130">https://us06web.zoom.us/j/84607780130</a>	
Thu	12:00 p.m.	Sacramento	OA/AA Steps and Traditions	20215			<b>Westminster Church, 13th &amp; N St. SACRAMENTO – Masks required</b>	Sara (916) 769-4266
Thu	3:00 p.m.	Stockton	Relapse and Recovery	30896	609 926 1904	123456	<a href="https://us04web.zoom.us/j/6099261904">https://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Thu	6:00 p.m.	Chico	Road to Recovery Meeting	54397	853 5485 9380	541336	<a href="https://zoom.us/j/85354859380">https://zoom.us/j/85354859380</a>	Lea (530) 680-6565
Thu	6:00 p.m.	West Sac	Body Image Book, Speaker 1st Thurs	54298	973 8612 3186	freedom	<a href="https://zoom.us/j/97386123186">https://zoom.us/j/97386123186</a>	
Thu	7:00 p.m.	Shingle Springs	Discussion	57629	<b>Discovery Hills Evangelical Free Church (Classroom #3), 4270 Shingle Springs Drive</b>			Suzanne (831) 578-4451
Fri	12:00 p.m.	Carson City, NV	OA Literature Study	50936			<b>Carson City Sr Ctr 911 Beverly Dr (Tahoe Room)</b>	Carol T (775) 346-0327
Fri	5:30 p.m.	Yuba City	Steps, Tradition, Topic	57644	<b>St. Andrews Presbyterian Church 1390 Franklin Rd. Yuba City</b>			Ellie (530) 635-3507
Fri	7:00 p.m.	Yuba City	Step and Literature	52984	896 7878 3636	022071	<a href="https://us06web.zoom.us/j/89678783636">https://us06web.zoom.us/j/89678783636</a>	
Sat	9:00 a.m.	Folsom	Big Book, Steps, Traditions, Speaker	39494	932 5007 6062	173815	<b>Journey Church, 450 Blue Ravine Rd FOLSOM</b>	Sharyl (916) 834-0883
Sat	9:00 a.m.	Rocklin	Big Book, Steps, Traditions, Speaker	18446	829 7387 9951	RECOVERY	<b>Creekside Church-290 Technology Wy #300, Rm 209</b>	Judy L (916) 799-5804
Sat	9:00 a.m.	Sacramento	OA 12x12, Steps and Traditions	29079	882 5653 8599	903154	Faith United Methodist Church, 3600 J Street <a href="https://us06web.zoom.us/j/88256538599">https://us06web.zoom.us/j/88256538599</a>	Ruthi M (916) 216-2144
Sat	9:00 a.m.	Stockton	Step 11, Prayer and Meditation	54051	609 926 1904	123456	<a href="https://us04web.zoom.us/j/6099261904">https://us04web.zoom.us/j/6099261904</a>	Mary S (209) 624-9622
Sat	9:30 a.m.	Sparks, NV	OA Literature Study; 4th Week Speaker	50938	880 0894 5431	528207	<b>Center for Unity 428 S. Rock Blvd.</b>	Sherri (775) 813-4077
Sat	6:00 p.m.	Sacramento	Saturday Night Live Speaker Meeting	89410	998 8829 0554	405605	<a href="https://zoom.us/j/99888290554">https://zoom.us/j/99888290554</a>	