

Sacramento Valley Intergroup OA Meetings

As of November 8, 2023)

Please note: Prior to distancing restrictions, most of these meetings were held face-to-face. Many shifted to video (Zoom) meetings. The new instructions are included in the listings. Recently some meetings have resumed face-to-face meetings (that adhere to COVID-19 protocols). Please check back often to find out when/if these meetings will revert to face-to-face or if new meetings are added.



If you are joining a meeting by phone, dial +1 669 900 6833 and enter the local Zoom Meeting ID and Passcode listed below.

FACE-TO-FACE MEETINGS – YELLOW
FACE-TO-FACE + ZOOM (hybrid) – ORANGE

Recent changes:
Sat 6 p.m. Sacramento – Meeting contact added

Day	Time (Pacific)	Group City	Meeting Focus or Name	WSO Mtg #	Zoom Meeting ID	Meeting Password	Join URL / Address	Meeting Rep or Secretary Contact Info
aSun	1:30 p.m.	Stockton	Comedores Compulsivos Anonimos (Spanish)	57235			2057 East Main Street, STOCKTON	René (209) 808-4686
Sun	3:30 p.m.	Sacramento	Newcomer Meeting	56483	994 3274 7032	618898	https://zoom.us/j/99432747032	Christina M (559)-302-0236
Sun	4:00 p.m.	Sacramento	Abstinence 2 nd Ed., 4 th Sun. BB Speaker	54797	994 3274 7032	618898	https://zoom.us/j/99432747032	Christina M (559)-302-0236
Sun	6:00 p.m.	Chico	A Commitment to Abstinence	45601	910 0717 7419	175622	https://zoom.us/j/91007177419	Ellie Peckler (847) 800-8050
Mon	10:00 a.m.	Stockton	AA and OA Literature Study	57338			2057 East Main Street, STOCKTON	Cara D (209) 329-9927
Mon	12:30 p.m.	Nevada City	Step Study	53250	925 9112 2899	682556	https://zoom.us/j/92591122899	
Mon	1:00 p.m.	Stockton	AA 12x12, OA Steps & Traditions Study	89663	609 926 1904	123456	https://us02web.zoom.us/j/6099261904	Mary S (209) 624-9622
Mon	5:30 p.m.	Carson City, NV	OA Literature Study	10299	Behavior Health Ctr, 1080 N. Minnesota St, Carson City – call Cher for Zoom information			Cher B. (775) 772-0220
Mon	5:30 p.m.	Modesto	Literature, Speaker	53717	954 1687 7621	670946	https://zoom.us/j/95416877621	
Mon	5:30 p.m.	North Reno, NV	Focus Varies Weekly	41148	836 7378 0310	766626	Community Life Ctr, 3697 Kings Row, Suite C	Staci B (775) 250-2953
Mon	5:30 p.m.	Sacramento	Commuter Meeting – Literature, Speaker	20105	885 4152 6915	210817	https://us02web.zoom.us/j/88541526915	
Mon	6:30 p.m.	Rancho Cordova	OA H.O.W. Concept/Everyone welcome	45680	873 3823 0592	987577	https://zoom.us/j/87338230592	Terry T (916) 601-4207
Mon	7:00 p.m.	Yuba City	Mixed Literature Meeting	57050	960 0344 1708	393429	https://us06web.zoom.us/j/96003441708	
Tues	12:00 p.m.	Sacramento	Speaker Meeting	36145	321 658 347	134461	https://us02web.zoom.us/j/321658347	Gerri (808) 250-1212
Tues	5:30 p.m.	Davis	Literature, Speaker	56921	979 3204 8758	661309	https://zoom.us/j/97932048758	Beth M. (530) 400-2227
Tues	6:00 p.m.	Chico	Literature, Speaker	52849	878 9372 4954	541336	https://us02web.zoom.us/j/87893724954	Jess L. (203) 554-6749 text
Tues	7:00 p.m.	Sacramento	Literature, Speaker	57914	Friends Community Church, Fireside Room, 4001 E Street			Katy (559) 392-7550
Wed	9:00 a.m.	Stockton	11th Step Meditation	89493	609 926 1904	123456	http://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Wed	10:30 a.m.	Sparks, NV	OA Literature Study	800674	892 7901 9060	542199	https://zoom.us/j/89279019060	Sherri (775) 813-4077
Wed	5:30 p.m.	Gardnerville, NV	OA Literature Study	89947			Please text first for Zoom Information	Christy R (775) 445-0051
Wed	5:30 p.m.	Sacramento	Voices of Recovery, Tools, Speaker	31758	854 7002 0991	449015	https://us06web.zoom.us/j/85470020991	Holly S (916)812-8039
Wed	6:30 p.m.	Sacramento	Big Book Study/Speaker	57929	St. Mark's United Methodist Church, 2391 St. Mark's Way, Second Fl, Rm E23			Janet (716) 418-9465
Thu	12:00 p.m.	Sacramento	OA/AA Steps and Traditions	20215			Westminster Church, 13th & N St. SACRAMENTO	Sara (916) 769-4266
Thu	3:00 p.m.	Stockton	Relapse and Recovery	30896	609 926 1904	123456	https://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Thu	6:00 p.m.	Chico	Road to Recovery Meeting	54397	853 5485 9380	541336	https://zoom.us/j/85354859380	Lea (530) 680-6565
Thu	6:00 p.m.	West Sac	Body Image Book, Speaker 1st Thurs	54298	973 8612 3186	freedom	https://zoom.us/j/97386123186	
Thu	7:00 p.m.	Shingle Springs	Discussion	57629	Discovery Hills Evangelical Free Church (Classroom #3), 4270 Shingle Springs Drive			Suzanne (831) 578-4451
Fri	12:00 p.m.	Carson City, NV	OA Literature Study	50936			Carson City Sr Ctr 911 Beverly Dr (Tahoe Room)	Carol T (775) 346-0327
Fri	5:30 p.m.	Grass Valley	OA Literature	57918	Briar Patch Co-op, 290 College Dr, Community Meeting Rm			Erin G. (916) 201-7944
Fri	5:30 p.m.	Yuba City	Steps, Tradition, Topic	57644	St. Andrews Presbyterian Church 1390 Franklin Rd. Yuba City			Ellie (530) 635-3507
Fri	7:00 p.m.	Yuba City	Step and Literature	52984	896 7878 3636	022071	https://us06web.zoom.us/j/89678783636	
Sat	9:00 a.m.	Folsom	Big Book, Steps, Traditions, Speaker	39494	932 5007 6062	173815	Journey Church, 450 Blue Ravine Rd FOLSOM	Sharyl (916) 834-0883
Sat	9:00 a.m.	Rocklin	Big Book, Steps, Traditions, Speaker	18446	829 7387 9951	RECOVERY	Creekside Church-290 Technology Wy #300, Rm 209	Judy L (916) 799-5804
Sat	9:00 a.m.	Sacramento	OA 12x12, Steps and Traditions	29079	882 5653 8599	903154	Faith United Methodist Church, 3600 J Street https://us06web.zoom.us/j/88256538599	Ruthi M (916) 216-2144
Sat	9:00 a.m.	Stockton	Step 11, Prayer and Meditation	54051	609 926 1904	123456	https://us04web.zoom.us/j/6099261904	Mary S (209) 624-9622
Sat	9:30 a.m.	Sparks, NV	OA Literature Study; 4th Week Speaker	50938	880 0894 5431	528207	Center for Unity 428 S. Rock Blvd.	Sherri (775) 813-4077
Sat	6:00 p.m.	Sacramento	Saturday Night Live Speaker Meeting	89410	998 8829 0554	405605	https://zoom.us/j/99888290554	Lori (916) 475-3484