

# Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

**Tuesday October 9, 2018**

## LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

## CALL TO ORDER

Chair opened the meeting with the serenity prayer at 7:00 p.m. Gail read the 12 steps

Call to order-Voting members in attendance: 6 board + 5 committee chairs + 13 meeting  
reps. = 24

Non-voting guests: 0

Previous Minutes September 2018 Meeting minutes were read one correction suggested.  
Motion moved by Scott to approve as amended; 2<sup>nd</sup> by Mary- Motion carried with 1  
abstention

## BOARD REPORTS

**Chair: Christina**

- Asked that all new requests for agenda items be emailed to Christina at least one week prior to the Inter Group meeting and all written reports that require a print out are requested to be sent 2 weeks prior.

**Vice-Chair: Val**

- Absent- sent ballots for distribution to Intergroup reps-Nancy explained reps will bring ballot to their groups, announce and pass the ballot around until November, tally results and bring back to November intergroup meeting

**Secretary: Nancy Mc**

- Read Concept 10 with short presentation-also explained Secretary should be keeping track of attendance in writing, therefore sign up sheets were sent around and will be maintained by Nancy going forward.

**Treasurer: Cathy Ann**

- While working on the Bylaws committee, it was discovered the treasurer should be producing Actual Vs Budget Report monthly instead of quarterly
- Please encourage your group treasurers to send in any outstanding donations since Intergroup donation in October is at 75%. The 7<sup>th</sup> tradition income should match budgeted income.
- Liability insurance was renewed for 2019. This insurance covers all meetings and events that require to be covered.

- Gail moved to approve the treasurers report Luann seconded it, motion carried unanimously

**Region 2 (R2): Barbara M. and Chandra S.**

- Chandra is registered for Assembly in November in Pomona, Ca - first week of November
- **World Service:** **Judy B**
- There is 1-year delegate position for WSO delegate available, write in vote can be Debbie

**Webmaster:** **Debbie**

- Flyers for Thank-a-thon posted
- The meeting in Grass Valley in Valley Voice shows to have incorrect address, please encourage all interested Grass Valley to use Web site until it is corrected.
- There were 4766 visitors, 4102 unique
- Two options for the email accounts: Gsuite (Google product) and GoDaddy
- Option 1 GSuite-Suggested from Web developer; \$35 for 7 Board member email addresses; storage 30Gb
- Option 2-GoDaddy is \$29.95 Monthly for 5 accounts; \$239 yearly or 3 year pricing is \$754,74 or \$20.96 per address
- Option 3-We purchase one email: [info@sacvalleyoa.org](mailto:info@sacvalleyoa.org) and each board member and uses personal account for contact

Debbie motioned we go with GSuite, Michael seconded and all approved unanimously

There will be 7 emails, 1 email per position

**COMMITTEE REPORTS**

Answer Phone: Luann

- Not updated in September

Events Mary

- Stockton will be hosting the New Year's Day in OA- Panel speakers, ask-it-basket; Q&A and Recovery speakers all on the topic of Sponsorship. Asking for group support

Elections Val

- Ballots for all positions are printed and distributed for each Intergroup Rep to present to group members and pass around for voting, tally and return for November Intergroup meeting. So far, we have the following nominations:
- Chair-Val
- Vice chair - Nancy
- Secretary- Jan H
- Treasurer- Grace
- R2- Chandra nominated for 2<sup>nd</sup> term; Adrienne continues-Luanne nominated for 2-year term
- WSO- Barbara M for 2 yr
- Deb was nominated for 2 yr
- Web Master- Rene

Group Growth vacant

Literature Gail

- Gail ordered travel box for Stockton event
- If you group needs literature for an event- she has books, pamphlets and will travel

Media Angela H.

- absent

Newsletter Susan H

- absent

Professional Outreach VACANT Please announce to your groups of openings

Public Information VACANT

Retreat Darby

- Evaluations forms from retreat were reviewed a new chair has them. There were only 2 comments out of 54 stated they did not participate in 50/50 raffle. As a whole the retreat was evaluated as enjoyable and successful. 50/50 did not bring in an amount larger than 2017, possibly due to limited resources.
- Rick Z has accepted as 2019 Chair
- Cathy Ann mentioned that as treasurer Darby and Debbie were a pleasure to work with

Speaker List Susan H

- absent

12th Step Within Vacant

## Young People

Kimberly

- New committee chair, has been working with R2 Young people committee projects include: looking at Young People speaker list, developing young people peer list, looking into revisiting the terminology of some of the WSO literature by replacing the word “teen” with Young People, in contact with WSO

## Sponsorship

Vacant

## GROUP CONCERNS AND ANNOUNCEMENTS-

- Still looking for a venue for the Thank-a-thon , contact Scott if your group would like to sponsor one of the meetings. The meetings will range from 8am to 2pm depending on how many groups participate.
- Woman’s Retreat in Marin Oct 13-14 and in Santa Cruz next April
- Birthday Party Flyers were distributed
- 1 HOUR INTERGROUP MEETING MAY NOT BE ENOUGH TIME TO COVER BUSINESS

## CONTINUING BUSINESS

### Dissolving Literature

- Proposal for Distributing of remaining SVIOA Literature Inventory-there were several different plans presented.
- Discussion of different presented plans:
  - 1) Equal Distribution of all literature to all groups
  - 2) Any remaining literature to be saved for new members
  - 3) Use literature for Door prizes, raffles, workshops, Birthday party

All of the remaining literature was purchased with group 7<sup>th</sup> tradition. Rene motioned all remaining literature be donated for Public Outreach, Mary seconded. After some discussion the motion was amended and new motion was made to leave all literature for IG reps to take for their groups to use, and any left over will be donated for Public Outreach Ron 2<sup>nd</sup> and Gail agreed to bring Literature to Nov and Dec meeting for the taking Motion carried unanimously

### SVIOA Standing Committee Recommendations

- Reasons for reviewing the current standing committees
  - 1) There seems to be always vacant comm chair positions
  - 2) Committees seems to be committees of “one”

Suggestion 1: Have co-chairs for each committee

Suggestion 2: Merge committee as outlined below and update descriptions

- Combine Answer Phone, Newsletter entitled Meeting News and Publicity
- Combine Media and Events entitled Events
- Combine Group Growth, Literature, Speaker List entitled Group Support
- Combine Professional Outreach and Public Information entitled Public Outreach
- By Laws Retreat and Sponsorship committees will remain as is

## ADJOURNMENT

Meeting adjourned at 8:00 p.m. Closed by joining hands and reciting the Serenity Prayer.

Respectfully Submitted,  
Nancy McOwen  
916-698-0541  
SVIOA Intergroup Secretary