

SAVE THE DATES

RECOVERY AWAITS

Sacramento Valley Intergroup of Overeaters Anonymous www.sacvalleyoa.org

September 21 The Impossible Made Possible

1:00-4:00 pm

Valley Springs Presbyterian Church

2401 Olympus Drive Roseville

Hosted by Saturday Rocklin/Roseville OA

October 26 Abstinence Through the Holidays

9:00-12:00

Journey Church 450 Blue Ravine Rd. Folsom

Hosted by Saturday Folsom OA

November 28

Thankathon

9:00-12:00 Drop In Anytime

Buhler Pavilion 1st Floor, Room #1

2800 L Street Sacramento

Hosted by Monday 5:30 East Sac OA



December 12

World Wide 12 Step Within Day

Support for Members Struggling Within OA

6:00-7:00 pm

Center for Spiritual Awareness

1275 Starboard Drive West Sacramento

Hosted by Thursday West Sac OA