

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
November 9, 2021
Approved December 14, 2021

Location: Via Zoom

Opening: Chair Jan opened and called the meeting to order at 7:01PM by reciting the Serenity Prayer. Julie read the 12 concepts of OA service.

Roll Call: See participant list below. Quorum met

Previous Minutes: The October 2021 meeting minutes were reviewed.

- Scarlet moved to approve minutes as amended; Julie seconded. Motion approved.

Treasurer's Report:

- Joel presented monthly treasurer reports. Average contribution for events (Days in OA) is about the same each time.
- We paid a little more in October to get us caught up on liability insurance.
- Please remind group treasurers to use the donation form from the documents section of the website when mailing checks. They will receive a proof of donation.
- Nancy Mc moved to approve; Roger seconded. Motion approved.

Information Sharing:

- No vacant committee chair positions currently. We will be looking to fill them for 2022 soon.
- Thank-a-thon is coming up Thanksgiving morning. Look for flyer on the website.
- There is a Newcomers Workshop on Saturday, December 11. It is being hosted by Saturday morning Sutter meeting.

Group News or Announcements:

- Bonnie: Saturday Roseville meeting is in person and working on hybrid. Had 22 people show up in person.
- Barbara M: Saturday Morning Sacramento meeting voted to host 2022 OA Birthday Party for Sacramento area. Currently looking at doing hybrid and looking for professional space. Will get those costs together and bring them back to Intergroup.
- Margaret: Roseville 7pm Monday is disbanding at the end of the month due to very low attendance.
- Rene: Stockton Sunday 1:30 Spanish is in-person. Spanish speakers and non-Spanish speakers are welcome.

Board and Committee Reports

Elections Chair: Grace

- Because there was only one nominee for each open position, IGRs had taken the ballot to their groups and voted to accept the slate or not.
- Thus, at this meeting, the vote was "yes" or "no" for whether the group had voted to accept the slate.
- The slate for 2022 was passed.

Retreat Chair: (Rick absent)

Sponsorship List: Jan read for Cary (Cary absent)

Sponsorship bank going well. At least two people a week ask for it. Thank you to Gerri for speaking on sponsorship at the 4:00 Sunday meeting.

Chair Report: Jan

- If anyone is interested in servicing as a Committee Chair in 2022, please send an e-mail to oachair@sacvalleyoa.com at your earliest convenience. Please include your phone number.
- SVIOA has been approached by the Northern Nevada Sierra Intergroup (NNSI) asking if we'd be willing to take on their meetings (6 registered; 3 active) so they can disband. They simply don't have the human resources to continue to be a viable service body, and Sac Valley Intergroup is the closest intergroup to them, and has a good reputation for providing service to its groups and OA as a whole. This request is being introduced in November, with a vote to take place in December. Once SVIOA has voted, NNSI will take the request back to their groups for vote. If agreeable to all, the transition will likely take place in the first quarter of 2022.

While we are not obligated to vote on this matter, I certainly don't want to act unilaterally, and prefer to get support from the the SVIOA Board, Committee Chairs and Intergroup Reps, so I want to open this up for brief discussion tonight, then poll the Intergroup body next month.

A couple of things I want to bring to everyone's attention tonight is: First, If we unify with NNSI, we will need to amend one section of our Bylaws that describes the geographical area covered by SVIOA. I have received suggested revision language from the R2 Trustee. It will be a very easy change to make.

Secondly, NNSI's current WS Delegate is in the middle of his two year term and has a desire to fulfill his service commitment by completing his term in 2022. We do have an adequate number of groups in SVIOA to have three WS Delegates, and NNSI will be bringing its Treasury balance with the merge, which has money earmarked to pay the cost associated with attending the WSBC in 2022.

SVIOA's policy and procedures says, "World Service allows one delegate for an Intergroup for every 15 groups or fraction thereof. SVIOA may amend the number of delegates, in accordance with WSO policy, so long as funding is available to support travel and attendance at the World Service Business Conference." We currently have 33 groups registered, so this would not conflict with World Service guidelines, nor would there need to an amendment to our policy and procedures.

Events: Tiffany (Tiffany's report read by Scarlet. Jan announced that Tiffany had to step down from her position for personal reasons. Scarlet agreed to assume the role through the end of the year.)

- Congratulations to the Monday 5:30 meeting and all of the intergroup volunteers who put on a very successful "Abstinence Through the Holidays" event on October 30th. We had great speakers and attendees from all over.
- We are having a Thank - A - Thon! The Wednesday 5:30 Meeting is sponsoring this event on Thanksgiving Day. There will be meetings at 9am, 10am, and 11am. With speakers and ample time for open sharing. Come start your Thanksgiving Day with OA friends. This event came together after the Valley Voice was published this month, so please share about it in your meetings and with your OA friends - we want to get the word out as much as possible.
- On Saturday, December 11, the Saturday 9am Sacramento meeting is sponsoring a Newcomer Workshop. This Workshop will be held immediately following the Saturday 9am meeting, from 10 to 11:30am. Let's get the word out to others about this event. Wouldn't it be wonderful if all who suffer with food addiction, could find the recovery we have in OA?

Webmaster: Marganne – No report

World Service Delegates: Barbara M. – No report

Special Population Focus: Kim CM – No report

Region 2 Reps:

Nancy:

- The Region 2 reps voted in a new trusted servant- Secretary - Ken F
- Vice Chair and Publications chair are still available
- A Region 2 trustee was not nominated, however if interested, please let us know.
- GROUP REPS- PLEASE MAKE SURE YOUR GROUP IS CORRECT ON OA.ORG
- WSO is looking for stories from the Diverse Members in OA. What is a diverse member? Indigenous People, Asian People, African Americans, young people, Anorexics, Bulimics to name a few.
- Region 2 has an excess of funds. R2 voted to give Public Outreach \$5,000; and the other committees get to split up \$5,000. If you are interested in giving input on how that money should be used, please attend the next R2 Public Outreach meeting next Tuesday November 16th at 7:00pm. Join on zoom:

Meeting ID: 822 4337 0683 Passcode: 279459 Dial in: 1 669 900 6833 US

Kathryn: Shared actions and decisions from the R2 Fall assembly. (Too much to add to these minutes, but if interested, reach out to Kathryn for details.)

Group Support

Zoom: Phil K – no report

Speaker list: Dawn – no report – Dawn said it's been a great service position, and she'll be happy to train her successor for 2022.

Public Outreach: Holly

- Needs a committee! She can't do it alone! Please mention the Public Outreach committee at your meetings and share her contact info. She would be glad to talk to anyone about the committee and the help she's looking for.

Answer Phone, Newsletter, Meeting List: Nothing to report

Bylaws: Nothing to report – review will start next year

Vice Chair: Grace – No report

Treasurer: Joel – No report

Secretary: Robyn

- Please send reports to oasecretary@sacvalleyoa.org before the monthly Intergroup meeting if you are able to. It is much easier to get accurate reports into the minutes when that is done.

Continuing Business:

None

New Business:

Consider expanding SVIOA's sphere of influence to include meetings in Northern Nevada Sierra Intergroup (NNSI) so that IG can disband. Jan shared information (see her Chair Report) and the group seemed very supportive of welcoming NNSI into the fold. A vote will be taken in December.

Adjourned at 7:55p with Jan reading the OA Responsibility Pledge and the OA Promises.

INTERGROUP ATTENDANCE 11/9/2021

Board	Committee Chairs	Reps	Meetings	Visitors
Chair: Jan	Phil K	Roger	Monday: Modesto	Les, NNSI
Vice Chair: Grace	Dawn	Noreen	Monday: East Sac	Denise, NNSI
Treasurer: Joel	Gerri	Margaret	Monday: Roseville	Judy L
Secretary: Robyn	Kim CM	Robin	Monday: Rancho	
Webmaster: Marganne	Scarlet in for Tiffany		Monday: Nevada City	
WS Delegates: Barbara M	Holly	Beth	Tuesday: Davis	
R2 Reps: Curt, Nancy, Kathryn		George	Tuesday: Chico	
			Tuesday: Folsom	
		Ann W	Tuesday: Sac noon	
		Marlena	Tuesday: Fairfield	
		Holly	Wednesday: Sac 5:30	
		Julie	Thursday: Sac noon	
		Raven	Thursday: Chico	
		Scarlet	Thursday: West Sac	
		Marlena	Thursday: Fairfield	
			Friday: Sac 5:30	
		Barbara M.	Saturday: Sutter	
		Bonnie	Saturday: Rocklin	
			Saturday: Folsom	
		Jessica	Saturday: SNL	
			Sunday: Chico	
		Rosalie	Sunday: Sutter	
		Mary	Stockton	
		Rene	Stockton Spanish meeting	