

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
March 8, 2022
Final EMM

Location: Via Zoom

Opening: Chair Jan opened and called the meeting to order at 7:02PM by reciting the Serenity Prayer. Donnalee read The 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: The February 2022 meeting minutes were reviewed.

- Donnalee moved to approve minutes, Dawn seconded. Motion approved.

Treasurer's Report: Joel presented the monthly treasurer's report. Donalee moved to accept the report, Barbara M. seconded. Motion passed.

- SVIOA received large 7th Tradition contributions from the newly added groups from the Northern Nevada intergroup
- Members who wish may contribute by sending a check to avoid the 3.9% transfer fee for donating online. The treasurer can provide a receipt.
- Using the online donation feature, members can submit an individual contribution on behalf of a group or the group treasurer can submit a contribution on behalf of a group.
- Some of the general donations received in January may have been for the birthday event.
- SVIOA publishes lists twice annually of donations from each group.

Information Sharing:

- **Vacant SVIOA Positions 2022:**
 - Special Population Support
 - Speaker List - Roger is stepping down. Thank you, Roger, for your service!
 - Public Outreach - Holly is stepping down. Thank you, Holly, for your service!
- **March 19th "Gratitude as a Daily Practice" Event:** a flyer is available online. There will be two speakers; one local and one from out of the area.
- **Need Volunteer groups to host events!!**
 - Call, text or e-mail our Intergroup Events Chair, Sandra S. (916) 835-2335 or divingal17@gmail.com

Group News or Announcements:

- Cary H is now the IG rep for Modesto, Mon. 6:00pm.
- Raven is now the IG rep for Yuba City, Fri. 7:00pm.
- Jamie shared that the Sat AM Roseville/Rocklin group is considering hosting a Day in OA in September. (Yay!)

Board and Committee Reports

Chair Report: Jan H

- World Service Agenda Items "Votes" — We received responses from 2/3rds of our groups! The general consensus was to approve ALL items for discussion. Jan H completed the online response on SVIOA's behalf on Feb. 21, 2022. Thank you to all who participated in this important task.
- Jan H will be attending the R2 spring assembly with our R2 representatives.
- Please keep talking up the Lake Tahoe Retreat and encouraging group members to register before it sells out!!

- We're still looking for groups to host events. OA.org has wonderful resources and SVIOA can assist in planning.
- Go check out the sacvalleyoa.org website to see all the amazing things available.

Vice Chair Report: Scarlet

- Scarlet sends out our event fliers to other Intergroups in Region 2. Please be sure to share your group flyers with her.

World Service Delegates:

- Barbara M: World Service has provided REVISED guidelines for screen sharing OA literature. At a registered OA virtual meeting, you can screen-share or audio-share any OA literature as long as it does not become preserved in a permanent format. For example, OA books may be screen-shared for group reading during a meeting. Where possible, the copyright should be included. Only free, downloadable literature may be shared via mobile messaging and social media.
- Judy L: There are currently four vacancies on the World Service Board. Contact Judy L for more information and the qualifying requirements.

R2 Reps:

- Nancy shared the R2 Town Hall survey on topics of interest where individuals, groups, and intergroups would like help from R2. This survey went out to the groups with last month's key messages. There is still time to send responses to Nancy before the spring assembly at the end of March.
- Kathryn: Continuing work on the 12th Step Within committee
- Our R2 reps will be attending the spring assembly virtually. Jan H will be attending in Curt's place.

Bylaws: Scarlet

- No report.

Events: Sandra S

- Help is available for any group interested in hosting an event. It's a fun and great unity (bonding) experience for groups. Contact Sandra at (916) 835-2335 for a free, no obligation consultation on ideas and support!
- Ideas suggested by members in attendance included events focusing on diversity and hybrid meetings including groups in Mexico.

Group Support/Zoom: Gerri

- No report.

Speaker list: Vacant

Answer Phone: Diane B - absent

- No report.

Meeting List: Dawn S

- There are a number of meetings with no contact person listed. Please contact Dawn whenever there is a change of contact person for the meeting. Changes are generally made to the website meeting list on weekends. Dawn's e-mail address is: dawn.strickler@gmail.com.

Newsletter: Christina H - absent

- No report.

Retreat: Rick Z - absent

- Jan H reported on Rick's behalf that there are 54 members registered which is 67% of our capacity. There are two requests for scholarships. (Those members who receive scholarships do service at the retreat.)
- The committee has received a number of suggestions for speakers. They are reviewing podcasts before making a selection of a leader for the retreat.
- Register at sacvalleyoa.org.

Special Population Focus: Vacant

- No report.

Sponsorship: Cary H

- Cary receives several requests per week! Members are talking to newcomers and referring them to Cary.

Continuing Business:

None

New Business:

- Jamie raised the issue of OA literature available in hard copy or digital format at libraries. What is available and how would we get our literature into local libraries. Gail will research this topic and report at the next intergroup meeting.

Adjourned at 7:58pm with Jan reading the OA Responsibility Pledge and the OA Promises.

Sacramento Valley Intergroup Attendance March 8, 2022

Board Member		Committee Chair		Meetings			Meeting Rep	
Chair, Jan H.	x	Bylaws, Scarlet H.	x	Sun	1:30pm	Stockton	Renè	x
Vice Chair, Scarlet H.	x	Events, Sandra S.	x	Sun	3:30pm	Sacramento	Brenda B	
Treasurer, Joel W.	x	Group Support, Zoom-Gerri	x	Sun	4:00pm	Sacramento	Brenda B	
Secretary,.(Gail)	x	Speaker List, Vacant		Sun	6:00pm	Chico	Ellie	x
Webmaster, Phil K.	x	Answer Phone, Diane B.		Mon	12:30pm	Nevada City	Anne M.	x
R2 Rep, Curt B.	x	Newsletter, Christina H.		Mon	1:00pm	Stockton	Mary S.	x
R2 Rep, Kathryn K.	x	Meeting List, Dawn S	x	Mon	5:30pm	Sacramento	Sylvia F	
R2 Rep, Nancy Mc		Public Outreach, Vacant		Mon	5:30pm	North Reno	Tina H	x
WS Del., Barbara M.	x	Retreat, Rick Z.		Mon	6:00pm	Modesto	Cary	x
WS De., Les F.	x	Special Pop Focus, vacant		Mon	6:30pm	Rancho C.	Robin	x
WS Del., Judy L.	x	Sponsorship, Cary H.	x	Mon	7:00pm	Yuba City	()	
				Tues	12:00pm	Sacramento	Donalee	x
				Tues	5:30pm	Davis	Gail for Kim	x
				Tues	6:00pm	Chico	George	x
				Tues	7:00pm	Folsom	Caryn	
				Tues	7:00pm	Fairfield	Katherine	x
				Wed	9:00am	Stockton	Mary S.	x
				Wed	10:00am	Stockton	Rene'	x
				Wed	10:30am	Sparks	Sally	x
				Wed	5:30am	Gardnerville	Dee	
				Wed	5:30pm	Sacramento	Holly S	
Guests				Wed	6:00pm	Murphys	()	
				Thurs	12:00pm	Sacramento	Julie S	
				Thurs	3:00pm	Stockton	Mary S.	x
				Thurs	6:00pm	Chico	(Raven)	
				Thurs	6:00pm	West Sac	Andrea T	
				Thurs	7:00pm	Fairfield	Katherine	x
				Fri	12:00pm	Carson City	Diane	x
				Fri	5:30pm	Sacramento	Chandra S	x
				Fri	7:00pm	Yuba City	Raven	x
				Sat	9:00am	Sacramento	Michael L	
				Sat	9:00am	Rocklin	Jamie M.	x
				Sat	9:00am	Folsom	Dorothy H	x
				Sat	9:00am	Stockton	Mary S.	x
				Sat	9:30am	Sparks	Cindy/Denise	x
				Sat	6:00pm	SNL	Marganne	