

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
June 14, 2022
Final Minutes EMM-JH

Location: Via Zoom

Opening: Chair Jan H opened and called the meeting to order at 7:00PM by reciting the Serenity Prayer. Chandra read all the 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: The May 2022 meeting minutes were reviewed.

- Cindy P moved to approve April minutes; Marganne seconded. Motion approved.

Treasurer's Report:

- Joel presented the monthly treasurer's report.
 - Recent significant drop in individual contributions to the intergroup as well as from meetings.
 - No new expenses
 - Majority of funding in our coffers are earmarked for the Tahoe Retreat.
- The report was approved as presented.
- Joel reported that he investigated the "negative deposits" (actually Retreat refunds) that we are experiencing by using Stripe. He now understands the mechanics, confirmed that the transactions are appropriate, and has come up with a way to better manage the account by reducing the number of problematic transactions to weekly rather than as they occur.
- Last month, we approved that we would pay rent for the upcoming June in-person event. The venue reduced the rental cost, so the amount that the group will hold back for their prudent reserve (also approved last month) will be reduced accordingly.
- Joel said that he has scheduled a meeting with our auditor for mid-July to discuss treasurer-related matters for the first half of this calendar year.

Information Sharing:

- There are a few vacant positions in IG. Please take these back to your groups to ask for support:
 - Special Population Support
 - Public Outreach Coordinator
- There is an upcoming in-person "Day in OA" on June 25th at Westminster Church in Sac.
- The Region 2 Convention is at the Hyatt Regency, in Burlingame, CA on July 8-10, 2022
- There will be a "Freedom from Bondage" zoom workshop on July 23rd.
- The Tahoe Retreat is coming up the first weekend in August.
- Details for all of these events can be found at our website: www.sacvalleyoa.org

Group News or Announcements:

- Anna G from Roseville came to report that the Day in OA that the group usually hosts in September will be held on Zoom on August 27th instead. It is an interview with the founder of OA, Rozanne S. More information is forthcoming.
- Sacramento 9AM Saturday meeting has decided to pursue returning to in person. A location has been identified. An exact date to return is pending and an option for hybrid is being investigated.

- Wed 5:30pm Gardnerville meeting has removed zoom information from OA.org for security purposes.
- Monday, 12:30PM, Nevada City is remaining on zoom for now.
- Sunday 3:30/4:00 Sac meeting will stay on zoom and will discuss again at the end of the year.

Board and Committee Reports

Chair Report:

- Jan reviewed the following:
 - Intergroup positions are going to rotate in January 2023. Now is the time to find out about the different roles and responsibilities to find out what might be a good fit for you or your fellows. Please return to your meetings and share that we need the skills and service of our fellow members to sustain the intergroup and fill these positions.

Anyone with willingness can fill a position; help and training will be provided. Contact Jan if you have questions or are interested.

- We need events in Oct, Nov, and Dec. We need groups to host these monthly events and Jan encouraged the new Nevada groups especially to consider hosting:
 - Abstinence through the holidays in October
 - Thank-athon on Thanksgiving day in November
 - 12th step within day on December 12th.
- Contact Jan H or Sandra S to get more information.

Vice Chair Report: Scarlet

- No report

Web Host: Phil K - absent

- No report

R2 Reps:

- Nancy Mc reported that the R2 convention is July 7th and 8th.
- This event is R2's annual fundraiser, and as such, each Intergroup in R2 has been asked to consider donating to their Opportunity Drawing. After hearing our Treasurer's opinion that we do have funds available, Emily moved that we donate \$200 to the R2 opportunity drawing. Raven seconded and the motion passed unanimously.

World Service Delegates: Les D.

- They are working on combining literature for public information.

Bylaws: Scarlet

- Scarlet needs volunteers to review the bylaws. Please volunteer by reaching out to Scarlett. Please share this need with your group members.

Events: Sandra S - absent

- No report

Group Support/Zoom: Gerri

- Zoom's recent "Two Factor Authentication" was disrupting meetings, but Gerri and Joel were able to rectify the problem so groups that use the SVIOA Zoom account shouldn't have on-going problems logging in.
- Gerri reported that a couple of meetings have been bombed recently (again). The meetings that were bombed remain listed with their passwords on oa.org. A few meeting members know how to quickly shut down bombers, but many don't.

Jan reminded everyone that Intergroup has provided very detailed information on how to avoid bombers and, if bombed, how to rectify the matter promptly. Information has been e-mailed to Intergroup Reps with the monthly meeting materials AND is available on the website. It is the responsibility of Intergroup Reps to remind all group members that resources are available and should be reviewed, particularly if the group has – or HAD - the ID and password listed on OA.org.

Gerri is always available for support and training. Please make sure group members know about this resource, too! Gerri's phone number is (808) 250-1212.

Speaker list: Dee

- Dee asked if a space for the requestor to add their Phone number could be added to the Request form on line. Jan said yes, and said she'd ask our webmaster to pursue.

Answer Phone: Diane B - absent

- No report.

Meeting List: Dawn S

- Dawn asked IG Reps to please remember that contact person information is listed on the meeting list and should be reviewed and updated as needed. Contact Dee or fill out the "Contact Us" form on the website, and she'll make the change. Also, remember to update the information on the OA.org website!

Newsletter: Christina H - absent

- No report

Retreat: Rick Z

- Rick reported that the Tahoe retreat has 77 confirmed bookings, and the waitlist has about 15 people on it.
- We received a notification from the Tahoe Convention Center that masks are now optional.
- Volunteers will be contacted in the next month to assign service positions for the event.
- The event should "break even" in terms of the funds raised.

Special Population Focus: Vacant

- No report.

Sponsorship: Cary H

- Lots of newcomers have been calling in!
- It's an easy service, and very important. Cary has been doing this for many years and the position needs to rotate next year.

Continuing Business:

- Jamie M. and Joel W. volunteered to spearhead the effort to get our literature into local libraries after the retreat is over.
- We need others from each meeting to help with this.

New Business: none

Adjourned

Jan adjourned the meeting at 7:50PM with the reading of the OA Responsibility Pledge and the OA Promise.

June 14, 2022								
Board Member	Committee	Chair		Meeting	Reps			
Chair, Jan H.	x	Bylaws, Scarlet H.	x	Sun	1:30pm	Stockton	Renè	x
Vice Chair, Scarlet H.	x	Events, Sandra S.		Sun	3:30pm	Sacramento	Brenda B	x
Treasurer, Joel W.	x	Group Support, Zoom-Gerri	x	Sun	4:00pm	Sacramento	Brenda B	x
Secretary, Emily M	x	Speaker List, Dee	x	Sun	6:00pm	Chico	Ellie	x
				Mon	10:00AM	Stockton	Kara	x
Webmaster, Phil K.		Answer Phone, Diane B.		Mon	12:30pm	Nevada City	Anne M.	x
R2 Rep, Curt B.	x	Newsletter, Christina H.		Mon	1:00pm	Stockton	Mary S.	
R2 Rep, Kathryn K.	x	Meeting List, Dawn S	x	Mon	5:30pm	Sacramento	Sylvia F	
R2 Rep, Nancy Mc	x	Public Outreach, Vacant		Mon	5:30pm	North Reno	Tina H	x
WS Del., Barbara M.		Retreat, Rick Z.	x	Mon	6:00pm	Modesto	Cary	x
WS De., Les F.	x	Special Pop Focus, vacant		Mon	6:30pm	Rancho C.	Lisa	x
WS Del., Judy L.		Sponsorship, Cary H.	x	Mon	7:00pm	Yuba City	Debbie	x
				Tues	12:00pm	Sacramento	Donalee	x
				Tues	5:30pm	Davis	Kim	x
				Tues	6:00pm	Chico	George	x
				Tues	7:00pm	Folsom	Caryn	
				Tues	7:00pm	Fairfield	Katherine	x
				Wed	9:00am	Stockton	Mary S.	
				Wed	10:00am	Stockton	Rene'	x
				Wed	10:30am	Sparks	Sally	
				Wed	5:30pm	Gardnerville	Dee	x
				Wed	5:30pm	Sacramento	Holly S	
Guests				Wed	6:00pm	Murphys	()	
Anna G				Thurs	12:00pm	Sacramento	Julie S	
				Thurs	3:00pm	Stockton	Mary S.	
				Thurs	6:00pm	Chico	Laura	
				Thurs	6:00pm	West Sac	Andrea T	x
				Thurs	7:00pm	Fairfield	Katherine	x
				Fri	12:00pm	Carson City	Diane	
				Fri	5:30pm	Sacramento	Chandra S	x
				Fri	7:00pm	Yuba City	Raven	x
				Sat	9:00am	Sacramento	Michael L	x
				Sat	9:00am	Rocklin	Jamie M.	x
				Sat	9:00am	Folsom	Dorothy E	
				Sat	9:00am	Stockton	Mary S.	
				Sat	9:30am	Sparks	Cindi P	x
				Sat	6:00pm	SNL	Marganne	x

