

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
July 14, 2020
8/11/20 rmk

Location: Zoom meeting (virtual meeting due to coronavirus shelter-in-place guidance)

Opening: Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Steps were read by Chandra.

Call to Order: Call to order. Voting members in attendance: 8 board members + 4 committee chairs + 10 meeting reps = 22 total. Visitor: Phoenix Intergroup Chair Pat H.

Previous Minutes: June 2020 meeting minutes were reviewed. Motion was made to approve by Barbara M and seconded by Marganne. 16 in favor, 0 opposed. Motion carried.

Board Reports:

Chair: Nancy Mc

Concept SEVEN: The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

Principle: BALANCE

Chair was sent the WSBC Virtual Component Survey and requested help with responses to the questions. Her responses are in red. Everyone was in agreement with her responses with additional comments as noted.

WSBC Virtual Component Survey

1) Is your service body in favor of having a virtual component of WSBC using technology? (Y or N)

Chair's response: **YES**

2) If your service body has difficulties in sending delegates or the full eligible number of delegates, is it because of (mark all that apply): Distance, Finances, Language, Qualifying Members, Travel Fatigue, Other?

Chair's response: **We are grateful that SVIOA can afford to send our delegates, and we usually have the full eligible number of delegates serving.**

3) Would your service body be prepared to pay the delegate registration fee necessary to cover the added expense of conducting WSBC with virtual participation? (Y or N)

Chair's response: **YES**

Barbara M. clarified that the added costs would be any virtual platforms with costs and delegates from other countries who might need to additional equipment purchased.

4) If your service body is interested in sending a delegate(s) to WSBC virtually, would you support your delegate gathering in a central location in the area they live in order to have support (e.g., in their time zone, their language, or fellowship)? (Y or N)

Chair's response: **N/A to our intergroup**

5) Please give your service body's comments on any ideas that arise from this concept of attending WSBC virtually. **Comments: See Barbara M's comment under question 3.**

Vice-chair: Jan H

The July Valley Voice has an article about upcoming Board Elections. Nothing to report yet.

Secretary: Robyn K

Thanks to everyone who got me their reports this month! I will not necessarily put the full report in the minutes, but I save them and they are available to anyone who would like to see them.

Committee chairs should send reports to oasecretary@sacvalleyoa.org with a cc to oachair@sacvalleyoa.org. If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

Treasurer: Grace A

June income expense report and balance sheets were shared on screen.

Gail offered to create instructions to go on the website for group representatives to collect sales tax from literature sales and submit the money to Grace.

Jan moved to accept the treasurer's report. Seconded by Michelle. 20 in favor, 0 opposed. Motion carried.

Region 2: Chandra

Chandra: Region 2 Convention was this past weekend. They did a great job. There were about 680 participants. The Convention requested that Intergroup consider donating to Region 2. Region 2 donations are down 40%. Fundraising committee is not able to raise funds as usual both this year and next, which will result in a decrease of \$19,000. Intergroup reps will take this back to their meetings and we will revisit next month.

Webmaster liaison: Marganne

As the new liaison, Marganne is still getting familiar with the website and procedures. She has streamlined the process of updating the site. She had a productive meeting with the Web Designer, Mary, via Zoom, and updates are on a once-a-week schedule. If something needs to go up ASAP, Marganne can submit it with the word URGENT in the subject. Several people are currently reviewing the contract with Mary.

It should be easier now to collect online payments for specific events and purposes such as Days in OA. Events can be earmarked so the Treasurer can keep track.

Mailing database - Marganne discovered SVIOA has an existing subscription database managed through an online service (Mailchimp). This database was combined with the emails collected by Gerri for the Valley Voice for a total of 500+ individuals. People can now subscribe on our website to get the newsletter. Please instruct your group members to sign up that way.

World Service: Barbara M, Michelle

Barbara: New Body Image book is out!!!! Books are \$12/book, but would come out to \$17/book with shipping, etc. Purchasing a case of 25 books would come out cheaper. Barbara would pay with

her credit card and then get reimbursed by meetings or individuals. Barbara will order 50 books and her email address will be put in the newsletter.

Michelle: Young People's committee is soliciting stories from people between ages 18 and 30, including older people who came to OA in that age range.

Committee reports:

Meeting News and Publicity: Gerri and Judy B.
Judy B not present.

Gerri: 516 people are now on the mailing list. Newsletter went out July 1st and includes information about upcoming elections.

Events: Judy L

August 15th, 10:30 - 12:30 there is a Day in OA on Sponsorship, hosted by the Davis/Woodland Fellowship. It will feature speakers from both coasts. There will be a focus on the Newcomer's Pamphlet "Where Do I Start?" and a free, downloadable PDF on Temporary Sponsorship. Everyone is encouraged to get them ahead of time at: www.bookstore.oa.org.

September 12th, hosted by the Rocklin/Roseville Fellowship, is an interactive workshop with speakers from Minneapolis on Twelve Stepping Your Way Through Fear. Preregistration means you get the handouts as well as the meeting link.

Tuesday noon meeting will host Thank-a-thon.

Zoom Host: Phil

There is a new meeting: Rocklin, Monday, 7pm.

Q: Are other meetings allowed to use the Sac Valley Zoom platform?

A: Yes. It's first-come, first-serve on a time slot basis.

Group Support/Speaker List: Vacant

No updates. Really need someone for this position. Chair: please announce this at your meetings!

Public Outreach: Sue

Sue has just stepped up to be Public Outreach committee chair. She will join us next month.

Retreat: Rick Z

Rick was absent.

Special Population Focus: Mary S

Mary was absent.

Sponsorship Committee: Gerri and Cary

Cary: Sponsorship workshop coming up! See above under Events.

Sponsorship Bank: Gerri and Cary

- They continue to receive newcomer inquiries
- Currently have 45 sponsors registered with the Sponsorship Bank.
- 23 sponsee referrals made to date

Discussion of New Group Concerns & Announcements (not new business)

Pat from Phoenix Intergroup: We bought one Zoom account and are using it the same as you - first-come, first-serve. We came up with a common password, so that people didn't have to keep a list of different passwords for different meetings. Passwords are not listed on the website.

Continuing Business:

Intergroup meeting will remain on Zoom indefinitely.

New Business:

See Region 2 report above regarding donations to Region 2.

See above under World Service report regarding orders for the new book. Barbara M. made the book order during the meeting. Price per book will be between \$12 and \$13.50.

Meeting closed at 7:59pm with OA Promise.