

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
January 11, 2022
Approved 2/8/2022

Location: Via Zoom

Opening: Chair Jan opened and called the meeting to order at 7:02PM by reciting the Serenity Prayer. Donnalee read The 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: The December 2021 meeting minutes were reviewed.

- Roger H. moved to approve minutes, Gerri seconded. Motion approved.

Treasurer's Report:

- Joel presented monthly treasurer report.
Scarlet moved to accept the report, Kathryn K seconded. Motion passed.

Information Sharing:

- Vacant positions: looking for Special Population support and Meeting List Coordinator.
(NOTE: Jan received text immediately after meeting from member willing to serve as Meeting List Coordinator! Yay)
- At Barbara's request, Gerri reminded everyone about the upcoming OA Birthday Party zoom event Saturday evening, January 29, 2022. Gerri displayed the flyer.

Group News or Announcements:

- (Did not have time for this agenda item)

Board and Committee Reports

Chair Report: Jan

- Remind all members to sign up to receive the Valley Voice, event reminders and other occasional announcements from Intergroup on the website. The sign up is located on the left side of the home page at www.sacvalleyoa.org.

Vice Chair: Scarlet – No report

Secretary: Emily – No report

Treasurer: Joel – No additional report

Webmaster: Phil – No report

R2 Reps: Nancy asked If anyone has experience or knowledge on purchasing lists of medical professionals that we could send information to. If so, please attend the next R2 Public Information Committee meeting next Tuesday {info on the OAR2.org website} or reach out to Nancy at (916) 698-0541.

Kathryn reminded everyone about the R2 convention in Burlingame in July. Not sure yet if it's going to be on zoom or in-person.

World Service Delegates: Judy L

Judy shared about the World Service Business Conference Agenda Items Summary and tally sheet, each of which was e-mailed out by Jan with the other Intergroup Meeting materials.

- The World Service Business Conference (WSBC) will be hybrid this year - on Zoom and in-person in Albuquerque, NM.
- Each OA group is being asked to let World Service know which motions are *worthy of discussion* at the conference for the Delegates. Group members are not being asked for

an opinion on the motions, only whether they think that the delegates should use valuable time to discuss it at the conference.

- IG Reps are responsible for presenting the motions to their respective groups and deciding how to review the motions and vote on their discussion-worthiness as a group (i.e., separate business meeting, during normal meeting, etc. Each group should report only one tally (yes or no) vote for each item.
- Group tallies are due to Jan at oachair@sacvalleyoa.org by February 20. Jan will send compile our groups' responses and submit to World Service.
- For an item to be on the WSBC Agenda, the item must have 50% majority vote of "yes" from ALL of the groups that submit responses to be discussed at the convention.
- Question: Can a person vote at multiple meetings? Answer: Yes – you may vote at all meetings you regularly attend.
- Question: If I represent more than one meeting, should I submit a tally sheet for each meeting separately? Answer: Yes – in this case, you may and should submit two different responses.

Bylaws: Scarlet – No report

Events: Sandra S

- As Gerri shared earlier, The OA Birthday Party, hosted by the Sacramento Saturday 9am meeting, will take place via zoom on Saturday, January 29, 2022.
- Looking for a group to host a Unity Day in February. Please reach out if your group is interested. You'll get lots of help!!
- If anyone is looking for more information about hosting an event, please contact Sandra at (916) 835-2335.

Group Support

Zoom: No report

Speaker list: No report

Webmaster: Phil K – No report

Answer Phone: No report

Meeting List: No report

Newsletter: No report

Public Outreach: No report

Retreat: Rick Z

- The Retreat will be held again in beautiful LAKE TAHOE on August 5, 6 and 7, 2022.
- 66 people responded "yes" to an outreach email that they would attend the retreat. The maximum space is 85 at the event center.
- On-line Registration will open immediately after the Sacramento OA Birthday Party, Saturday, January 29, 2022.
- A deposit of \$125 will be due at registration. This represents 50% of the early-bird registration cost of \$250.

Special Population Focus: No report

Sponsorship: Cary H

- Jan H reported on Cary's behalf (not present) a request that everyone share in their meetings that if anyone is looking for a sponsor, Cary is happy to reach out to make the sponsor list available upon request. Cary can be reached at (530) 908-1230.

Continuing Business: How To Handle Zoom Bombers – Gerri

- Gerri shared about Zoom bombing. There are 17 meetings that are vulnerable due to their meeting ID and password being listed on the WSO website. Gerri recommends that passwords are not shown on the list, but that a contact name and phone number be given for people to contact to get the password.
- If you choose not to change the listing, preparation is key! Arrive early, set up waiting room, assign co-hosts, limit renaming and muting, and ask for help (get trained-Gerri can train one-on-one). KEEP CALM!
- Please go back to your meetings and remind the meeting secretaries and hosts of Gerri's ability and willingness to provide guidance and training as desired.

New Business: Proposed 2022 Budget – Joel

- Shared the proposed budget for 2022. Some line items have been removed and the budget has been simplified by merging categories. Asked for review and input before February's vote to approve. Joel can be reached at oa_treasurer@sacvalleyoa.org.

Adjourned at 8:00pm with Jan reading the OA Responsibility Pledge and the OA Promises.

Sacramento Valley Intergroup Attendance January 11, 2022

Board Member		Committee Chair		Meetings			Meeting Rep	
Chair, Jan H.	x	Bylaws, Scarlet H.	x	Sun	1:30pm	Stockton	Renè	x
Vice Chair, Scarlet H.	x	Events, Sandra S.	x	Sun	3:30pm	Sacramento	Jane F.	x
Treasurer, Joel W.	x	Group Support, Zoom-Gerri	x	Sun	4:00pm	Sacramento	Jane F.	x
Secretary, Emily M.	x	Speaker List, Roger	x	Sun	6:00pm	Chico	Ellie	x
Webmaster, Phil K.	x	Answer Phone, Diane B.		Mon	12:30pm	Nevada City	Anne M.	x
R2 Rep, Curt B.	x	Newsletter, Christina H.		Mon	1:00pm	Stockton	Mary S.	x
R2 Rep, Kathryn K.	x	Meeting List,		Mon	5:30pm	Sacramento	Sylvia F	x
R2 Rep, Nancy Mc	x	Public Outreach, Holly	x	Mon	5:30pm	North Reno	Tina H	x
WS Del., Barbara M.		Retreat, Rick Z.	x	Mon	6:00pm	Modesto	Roger	x
WS De., Les F.	x	Special Pop Focus, vacant		Mon	6:30pm	Rancho C.	Robin	
WS Del., Judy L.	x	Sponsorship, Cary H.		Mon	7:00pm	Yuba City	()	
				Tues	12:00pm	Sacramento	Donalee	x
				Tues	5:30pm	Davis	Kim CM	
				Tues	6:00pm	Chico	George	x
				Tues	7:00pm	Folsom	Caryn	x
				Tues	7:00pm	Fairfield	Katherine	x
				Wed	9:00am	Stockton	Mary S.	x
				Wed	10:00am	Stockton	Rene'	x
				Wed	10:30am	Sparks	(*Sally)	x
				Wed	5:30am	Gardnerville	Dee	x
				Wed	5:30pm	Sacramento	Holly S	x
Guests				Wed	6:00am	Murphys	()	
Dawn S				Thurs	12:00pm	Sacramento	Julie S	x
*Denise - filling in for				Thurs	3:00pm	Stockton	Mary S.	
Sally-Wed 10:30am				Thurs	6:00pm	Chico	Raven	x
Sparks, and Cindy -				Thurs	6:00pm	West Sac	Andrea T	x
Sat 9:30am Sparks				Thurs	7:00pm	Fairfield	Katherine	x
				Fri	12:00pm	Carson City	Diane	
				Fri	5:30pm	Sacramento	Chandra S	x
				Fri	7:00pm	Yuba City	()	
				Sat	9:00am	Sacramento	Michael L	x
				Sat	9:00am	Rocklin	()	
				Sat	9:00am	Folsom	Dorothy H	x
				Sat	9:00am	Stockton	Mary S.	x
				Sat	9:30am	Sparks	(*Cindy)	x
				Sat	6:00pm	SNL	()	