



# Abstinence through the Holidays!

**Three speakers and open sharing**  
**Saturday, Oct. 30, 2021**  
**10 a.m. to Noon Pacific Time**

**Meeting ID: 838 7230 0681    Passcode: 917629**

**Join by phone: 1-669-900-6833**

**Join by link:** <https://us06web.zoom.us/j/83872300681?pwd=KzVHa0diMlhoSlpGcnVxNTdpOGVUUT09>

**The suggested contribution is \$5 but no one will be  
turned away due to lack of funds.**

<https://www.sacvalleyoa.org/donations-for-events.html>

*Hosted by the SVIOA*  
*Monday 5:30 p.m. Commuter Meeting*

