

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
August 9, 2022
Approved Sept 13, 2022

Location: Via Zoom

Opening: Chair Jan H opened and called the meeting to order at 7:00PM by reciting the Serenity Prayer. Rosalie read all the 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: The July 2022 meeting minutes were reviewed.

- Dee moved to approve July minutes; Cindi seconded. Motion approved.

Treasurer's Report:

- Joel presented the monthly treasurer's report.
 - Barbara M motioned and Scarlett seconded. The report was approved as presented.

Information Sharing:

- There are currently two vacant positions in IG.
 - Special Population Support
 - Public Outreach Coordinator
- Interview with Rozanne, our founder on August 27th.
- Looking for groups to host the Abstinence Through the Holidays event in October, and the 12th Step Within event on December 12th.
- We have a Thank-a-thon event host.

Group News or Announcements:

- New intergroup meeting rep for Monday 530 commuter meeting is Marian R.
- Tina shared that Diana is the new Reno Monday 530 rep.
- New Modesto rep is Patricia.
- Gerri introduced Christina M as Tuesday noon rep.
- Tuesday FF 7PM meeting has closed.
- Michael L reports that the Saturday 9:00AM meeting is returning to in-person/hybrid this Saturday. The information about the location is on the website.
- Rosalie received a notice that OA.org has standardized how to share our events out for the whole region. Jan reminded folks that publishing (flyers) events on OA.org that include the event zoom ID and password make the event much more susceptible to zoom bombing.
- Rene asked about insurance requirements for a meeting change and was referred to Joel.
- Dee said the "zoom security" classes that is being offered by the San Diego Intergroup have been very helpful, even for a very non-technical person such as herself.

Board and Committee Reports

Chair Report: Jan reviewed the following:

- Consider making yourself available to be nominated to be a 2023 Board member.

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Vice Chair Report: Scarlet

- Elections are coming. The nomination period opens at the August IG meeting and will end at the September meeting. Board members will be voted on in November and announced shortly thereafter to begin their term in January 2023. Call Scarlet if you have questions. Nominations may be send by any SVIOA member directly to Scarlet at oavicechair@oa.org
- Joel, Jan H, and Barbara M need to rotate out of their positions.

Treasurer Report: Joel

- Joel thanks folks for contacting him to clarify or fix info about group contributions as shown in the August Valley Voice. He and Rick will give a financial summary of the retreat at the September Intergroup meeting.

Web Host: Phil K - No report

Secretary: Emily M - No report

R2 Reps:

- Nancy Mc reported that she will not be running again for Region Rep .
- Kathryn K will be available to make herself available as a R2 Rep again if need be, but is happy to give others an opportunity to be of service at R2. She was amazed and proud of the recent R2 convention.

World Service Delegates:

- Judy L is serving on the Literature Committee. They're combining two pieces of literature on sponsorship. They finished their task, which is now going to the full committee for review, then it will go to the WS Board.
- A few years ago, WS combined lots of great information into one pamphlet "Where Do I Start?". In addition to being able to purchase it from the WS bookstore for \$1, it is now available to download free of charge! Go to: <https://oa.org/app/uploads/2022/06/where-do-i-start-everything-a-newcomer-needs-to-know.pdf> *Judy suggested Intergroup Reps share this link in their meeting chats as well.* She read the list of all the languages (nine, not counting English!!) that this brochure has been translated into.
- Barbara M wanted to remind everyone to go to OA.org to read the "Step Ahead" newsletter. She's on the Public information and professional outreach committee as well.

Bylaws: Scarlet

- Has a committee that will begin work on this soon.

Events: Sandra S absent- No report

Group Support/Zoom: Gerri -no report

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Speaker list: Dee -no report

- Commentary in “continuing business”.

Answer Phone: Diane B – absent - No report.

Meeting List: Dawn S – absent – No report

Newsletter: Christina H – absent - No report

Retreat: Rick Z – absent- no report

Special Population Focus: Vacant - No report.

Sponsorship: Cary H- absent

- Cary will be terming out of this position and would love to help someone step in to this role.

Continuing Business:

- Jamie M. and Joel W. volunteered to spearhead the effort to get our literature into local libraries after the retreat is over. We need others from each meeting to help with this.
- SVIOA has typically had two individuals serve as Delegates to the annual World Service Business Conference. In 2022, SVIOA welcomed the groups from the former Northern Nevada Sierra Intergroup (NNSI). With that welcome, SVIOA agreed to allow the NNSI World Service Business Conference Delegate, to remain in that role on behalf of SVIOA. So, in 2022, SVIOA had three WSBC Delegates. The question is: Do we want two or three WSBC Delegates?
 - Jan invited IG reps to share the opinions of the individual groups. There were no volunteers, so she called for a vote.
 - 37% of the vote was for 2 delegates, 63% in favor of having three. This is substantial unanimity. This means that SVIOA will have three World Service Delegates. Since Judy L. will be in the middle of her term in 2023, that leaves two positions available for nomination.

New Business:

- Jan reported that she'd received a request to be on our speaker list from someone that wasn't in our area and doesn't attend our meetings. Jan declined the request but did ask Intergroup members for feedback. No vote is called for at this time. There was some discussion on the matter:
 - Rosalie reports that she recently signed up to be on a speaker list originated somewhere on the other side of the country.
 - Kathryn K reports that she finds it fascinating when new speakers, possibly from out of the area, chair/speak in meetings. She agrees that it makes it more challenging to whomever is managing the speaker list.

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- Les reports that one of the attendees of their meetings considers a SVIOA meeting as her home group despite living in Canada. He supports opening up the list.
- Dee thanked everyone for responding to her request to update the speaker list. She reports that we have 30+ people on our list, she is in favor of keeping the list local until the time that there might be too few folks to keep the meetings going.

Adjourned

Jan adjourned the meeting at 7:50PM with the reading of the OA Responsibility Pledge and the OA Promise.

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Board		Committee	Chair		Meeting	Reps		
Chair, Jan H.	x	Bylaws, Scarlet H.		x	Sun 1:30pm	Stockton	Renè	x
Vice Chair, Scarlet	x	Events, Sandra S.			Sun 3:30pm	Sacramento	Rosalie	x
Treasurer, Joel W.	x	Group Support, Zoom-		x	Sun 4:00pm	Sacramento	Rosalie	x
Secretary, Emily M	x	Speaker List, Dee		x	Sun 6:00pm	Chico	Ellie	
					Mon 10:00AM	Stockton	Kara	
Webmaster, Phil K.	x	Answer Phone, Diane B.			Mon 12:30pm	Nevada	Anne M.	
R2 Rep, Curt B.	x	Newsletter, Christina H.			Mon 1:00pm	Stockton	Mary S.	
R2 Rep, Kathryn K.	x	Meeting List, Dawn S			Mon 5:30pm	Sacramento	Sylvia F	
R2 Rep, Nancy Mc	x	Public Outreach, Vacant			Mon 5:30pm	North	Diana	x
WS Del., Barbara	x	Retreat, Rick Z.			Mon 6:00pm	Modesto	Patricia	x
WS De., Les F.	x	Special Pop Focus,			Mon 6:30pm	Rancho C.	Lisa	x
WS Del., Judy L.	x	Sponsorship, Cary H.			Mon 7:00pm	Yuba City	Debbie	x
					Tue 12:00pm	Sacramento	Christina	x
					Tue 5:30pm	Davis	Kim	
					Tue 6:00pm	Chico	George	x
					Wed 9:00am	Stockton	Mary S.	
					Wed 10:00am	Stockton	Rene'	x
					Wed 10:30am	Sparks	Sally	x
					Wed 5:30pm	Gardnerville	Dee	x
Guests					Wed 5:30pm	Sacramento	Caroline S	x
Sue M					Wed 6:00pm	Murphys	()	
Tina H	x				Thur 12:00pm	Sacramento	Julie S	
					Thur 3:00pm	Stockton	Mary S.	
					Thur 6:00pm	Chico	Laura	
					Thur 6:00pm	West Sac	Andrea T	x
					Thur 7:00pm	Fairfield	Katherine	x
					Fri 12:00pm	Carson	Diane	
					Fri 5:30pm	Sacramento	Chandra	x
					Fri 7:00pm	Yuba City	Raven	x
					Sat 9:00am	Sacramento	Michael L	x
					Sat 9:00am	Rocklin	Jamie M.	x
					Sat 9:00am	Folsom	Barbara E	x
					Sat 9:00am	Stockton	Mary S.	
					Sat 9:30am	Sparks	Cindi P	x
					Sat 6:00pm	SNL	Marganne	x