

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**August 11, 2020**

*Approved and amended 9/8/20 rmk*

**Location:** Zoom meeting (virtual meeting due to coronavirus shelter-in-place guidance)

**Opening:** Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Traditions were read by Curt.

**Call to Order:** Call to order. Voting members in attendance: 6 board members + 6 committee chairs + 10 meeting reps = 22 total. 2 visitors.

**Previous Minutes:** July 2020 meeting minutes were reviewed. Motion was made to approve by Barbara M and seconded by Marganne. 8 in favor, 0 opposed, 8 abstaining. Motion carried.

**Board Reports:**

Chair: Nancy Mc

**Concept 8:** The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office. **Spiritual principle: Delegation**

**REGION2 CONVENTION:** Here's a handy web page with recordings from the convention. You'll also find the speaker's contact information, so you can get in touch.

**[2020 Convention Recordings](#)**

 **Password: serenity**

**WSO World Service Business Conference 2020/2021:** The results from WSBC 2020 are posted in the *Third Quarter 2020 issue of A Step Ahead*. The 2020 WSBC Minutes and Final Conference Report are also posted on the [Conference page](#) under Frequently Used Documents.

The World Service Business Conference 2021 is scheduled for April 19-24 at the Embassy Suites Albuquerque Hotel. Deadline dates are posted under [Frequently Used Documents](#). The first set of e-documents will be available for download on August 27, 2020.

**World Service Convention 2021:** The Convention has been rescheduled for August 26-28, 2021 at the Renaissance Orlando @ SeaWorld. Check oa.org for future updates and join the Convention email list at [conventioninfo@oa.org](mailto:conventioninfo@oa.org). In your email, include your full name, email address, state/province/territory, and country. Your information will be kept confidential to the World Service Office.

Interested in translating the videos in your language? The WSO is developing instructions and will contact service bodies when this information becomes available.

**Vice-chair:** Jan H  
Vice-chair absent.

**Secretary:** Robyn K

Thanks to everyone who got me their reports this month! I will not necessarily put the full report in the minutes, but I save them and they are available to anyone who would like to see them.

Committee chairs should send reports to [oasecretary@sacvalleyoa.org](mailto:oasecretary@sacvalleyoa.org) with a cc to [oachair@sacvalleyoa.org](mailto:oachair@sacvalleyoa.org). If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

**Treasurer:** Grace A

July income expense report and balance sheets were shared on screen.

We're getting the credit card donations coming in through the website. No big changes on any of the reports.

Barb M moved to accept the treasurer's report. Seconded by Leslie. 19 in favor, 0 opposed, 3 abstaining. Motion carried.

Grace created and shared a report projecting out through the end of the year the impact on our budget due to changes based on COVID.

**Region 2:** Chandra

Chandra: Region 2 is asking this intergroup if we would host a meeting Sunday, October 25<sup>th</sup> early in the morning. The board meeting will be happening at that time, so they need someone to host another meeting.

Pamphlet Where Do I Start is now available on ebook. [Books.apple.com/us/books/wheredoistart](https://books.apple.com/us/books/wheredoistart)

**World Service:** Barbara M, Michelle

Barbara: New OA website is revamped and awesome!

- Podcasts on topics, steps, and traditions
- Info about virtual meetings
- 3<sup>rd</sup> quarter newsletters - talks about Auto Recurring Contributions (ARC) at [oa.org/contribute](https://oa.org/contribute) - can contribute monthly or quarterly.
- New pdf for on Temporary Sponsors: Newcomers' First 12 Days
- Revised Public Information Manual pamphlet on

World Service Conference scheduled for this month has been moved to August 26-28, 2021

Barb ordered 50 copies of the new book Body Image, Relationships and Sexuality and has 4 books still available for \$12.10 each. (Single copy order is \$17) If there is interest, she is willing to order another box of 25.

Michelle absent.

**Webmaster liaison:** Marganne

Webpages are up for both workshops in August and September and everything links to pdf flyer. Is planning on using MailChimp mailing service to send out some information, including upcoming workshops. Continuing to clear up broken links as she comes across them. Requested that if people find a non-profit, service-oriented website that they like, please send her the link and let her know why we like it.

**Committee reports:**

**Meeting News and Publicity:** Gerri and Judy B.

Gerri and Judy B not present.

**Events:** Tiffany filling in for Judy L

August 15<sup>th</sup>, 10:30 - 12:30 there is a Day in OA on Sponsorship, hosted by the Davis/Woodland Fellowship. It will feature speakers from both coasts. The topics being covered are: Getting newcomers started - the first three steps; and Sponsoring chronic slippers - love and forgiveness. Everyone is encouraged to get them ahead of time at: [www.bookstore.oa.org](http://www.bookstore.oa.org).

September 12<sup>th</sup>, hosted by the Rocklin/Roseville Fellowship, is an interactive workshop with speakers from Minneapolis on Twelve Stepping a Problem - fear, covid stress, life - practical and tactical approaches to abstinent living. Preregistration means you get the handouts as well as the meeting link.

**Zoom Host:** Phil

Supporting the various activities including the Thank a Thon in November.

**Group Support/Speaker List:** Dawn

Speaker list has been updated. Reach out to her if you would like a copy.

**Retreat:** Rick Z

Rick absent.

**Special Population Focus:** Mary S

No update but raised the question: How are we reaching out to members who have “disappeared” since we’ve moved to zoom?

**Public Outreach:** Sue

Excited about doing this! Please put out to your groups that she would love some help. It can be as easy as dropping off flyers wherever you go.

**Sponsorship Committee:** Gerri and Cary

Cary: Sponsorship workshop coming up! Have been practicing with Phil and can go up to 500 people.

Gerri absent.

**Sponsorship Bank:** Gerri and Cary

No update

**Discussion of New Group Concerns & Announcements (not new business)**

None

**Continuing Business:**

Chandra raised the discussion from last month New Business regarding providing extra donation to Region 2.

Participants requested that Chandra get the expenses and income from the zoom convention. Will revisit when we have that information.

**New Business:**

Region 2 has requested that we host an early morning meeting on Sunday, October 25<sup>th</sup> because the R2 zoom account will be being used for a board meeting.

Barb volunteered to be one of the hosts. Kathryn agreed. Nancy offered her and Jan to help as well.

Barb moved that we agree to host. Kathryn seconded. 21 approved, 0 opposed, 2 abstained. Motion carried.

**Elections:** Chair reported in Vice Chair's absence. Jan sent out nominations form. Looking for Sacramento Valley Intergroup Board members. Nomination forms are due back to Jan by September. Positions and requirements are on the website.

How are people going to get the form to their members? Possibilities: chat function on zoom; email list.

Text, call, email Nancy or Jan if you need help figuring out how to get this done.

**Meeting closed at 8:02pm with OA Promise.**