

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
August 8, 2023

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Raven Y took roll by noting attendees in Zoom room.

- Quorum met. (See participant list below – X indicates service person present.)

SVIOA Speakers List: Scarlet reopened this tabled discussion from prior meetings.

- First Motion: SVIOA will allow their speaker list to be shared outside of SVIOA with the condition that all presently listed and future listed speakers are notified that the list will be given to other OA groups outside of SVIOA who request it.
 - Motion made: Kristen S, Seconded by Glenda T (Folsom Sub for Jan), passed with majority.
Dee will obtain permission from each speaker before placing their name on the new edition of the speakers list to be shared.
- Second Motion: SVIOA will not allow speakers from outside of our SVIOA to be listed on our SVIOA list of speakers.
 - Motion made: Dee, Seconded by Debbie N, passed with majority.

Previous Minutes: July 11, 2023 Minutes were presented for approval to attendees who were present at the July 2023 meeting.

- Motion to accept by Sherry, seconded by Noreen, motion approved.

Treasurer's Report: Barbara's prepared July SVIOA, Inc. Income & Expense Report was shared on screen.

- Michelle K motioned to approve the report; Sherry seconded: Motion approved.

Information Sharing:

Vacant SVIOA Positions:

- The Vice Chair position is still vacant (needs to be filled until end of year.)
Please let all members know, anyone with questions and those interested should be directed to Scarlet.
- A World Service Delegate is needed for the current vacancy, and two will be needed next year.
Everyone is encouraged to take this information to their meetings, tell sponsees, sponsors, etc.
- IGR Special Population Focus Chair is still vacant

Region 2 Convention 2024

- Jeremiah, Chair of R2 (and on behalf of R2 board) is thrilled that SVIOA has agreed to host the 2024 Convention. He is responsible for sourcing the Region 2 Convention Chair. Two people have contacted him and are interested in being considered. He invited anyone who feels that serving in this position is for them, to contact him. The 2024 Convention Chair will be selected on August 17, 2023.

Group News: None

Board and Committee Reports

- Chair Report, Scarlet: No Report
- Vice-Chair Vacant: No Report

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- Treasurer, Barbara E: Absent, No Report
- Secretary, Raven Y: No Report
- Webmaster, Phil K: No Report
- R2 Reps
- Curt: Absent, No Report
- World Service Delegates:
- Judy L: Absent. However, she gave Scarlet the following information: Judy is now serving as the Chair of Conference Literature Subcommittee working on additions and revisions to the Sponsorship pamphlet.
- Events: Janet M: Absent, No Report
- Meeting & Video Conferencing Support: Andrea A: Absent, No Report
- Speaker List: Dee said she did received one phone call request for the Speaker list. She also told people already listed as speakers on the list to expect an email from her in the near future requesting information from them as discussed earlier in the meeting.
- Answer Phone: Kathy K, Absent, No Report
- Newsletter: Gerri, No Report
- Meeting List: Dawn S. Absent No Report
- Public Outreach: Nancy Mc said that public outreach is not promotional, it is instead sharing information to those who still suffer. Please contact her to help share the information.
- Retreat: Jan H sent a big shout out to Rick Z, who took over for her when she could not attend the retreat. She said that the retreat appeared to be a great success and had 77 attendees. There will be more information to report next month.
- Special Population Focus: Vacant – No report.
- Sponsorship: Katherine G, No Report

Continuing Business – None

Old Business

- Scarlet stated that there were two groups asking for help with starting a face-to-face group. One group wants to start a new meeting in the Arden/Carmichael area, and Katy spoke to their desires to have support with rent. They do not yet have a location picked out but feel that they could find one for \$150 a month and would like help with the first and last month's rent for \$300. The other group wants to start a face-to-face meeting in Grass Valley. Jan H. made a motion that SVIOA support creation of new

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meetings and provide financial support on a case-by-case bases. Seconded by Nancy Mc. Motion carried.

- Geri made a motion to financially support new face-to-face meetings, which would first need to send a representative to SVIOA with a request of specific financial needs, case-by-case, to be given money for literature and a loan to initially help with rent which would need to be paid back. Seconded by Jan. Motion carried.

New Business:

None

- Scarlet adjourned the meeting at 7:52 after leading the group in reciting the Unity Prayer.

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August 8, 2023		Attendance Log						
Board Member		Committee Chair		Meeting	City	Rep		
Chair, Scarlet H.	X	Bylaws, Cary H		Sun 1:30pm	Stockton	Renè	X	
Vice Chair, Vacant.		Events, Janet M	X	Sun 3:30pm	Sacramento	Brenda B		
Treasurer, Barbara E		Zoom, Andrea		Sun 4:00pm	Sacramento	Brenda B		
Secretary, Raven Y	X	Speaker List, Dee	X	Sun 6:00pm	Chico	Danielle	X	
				Mon 10:00am	Stockton	Cara	X	
Webmaster, Phil K.	X	Answer Phone, Kathy K.		Mon 12:30pm	Nevada City	Erin G		
R2 Rep, Curt B.		Newsletter, Gerri H	X	Mon 1:00pm	Stockton	Mary S.		
R2 Rep, Cary H		Meeting List, Dawn S		Mon 5:30pm	Sacramento	Marian	X	
R2 Rep,		Public Outreach, Nancy Mc	X	Mon 5:30pm	North Reno	Diana S.	X	
	X	Retreat, Jan H	X	Mon 5:30pm	Modesto	Patricia		
WS Del., Judy L.		Special Pop Focus, Vacant		Mon 6:30pm	Rancho C.	Lisa	X	
WS Del., Vacant		Sponsorship, Katherine G.	X	Mon 7:00pm	Yuba City	Debbie N	X	
				Tues 12:00pm	Sacramento	Kathy K		
				Tues 5:30pm	Davis	Noreen	X	
				Tues 6:00pm	Chico	Vacant		
				Wed 9:00am	Stockton	Mary S.		
				Wed 10:00am	Stockton	Vacant		
				Wed 10:30am	Sparks	Sherri F	X	
				Wed 5:30pm	Gardnerville	Dee	X	
Guests				Wed 5:30pm	Sacramento	Vacant		
Jeremiah, R2 Chair	X			Wed 6:00pm	Murphys	Vacant		
Rosalie	X	what mtg. did she represented?		Thurs 12:00pm	Sacramento	Michelle K.	X	
				Thurs 3:00pm	Stockton	Mary S.		
				Thurs 6:00pm	Chico	Vacant		
				Thurs 6:00pm	West Sac	Dena		
				Thurs 7:00pm	Shingle Springs	Suzanne	X	
				Fri 12:00pm	Carson City	Vacant		
				Fri 7:00pm	Yuba City	Nici	X	
				Sat 9:00am	Sacramento	Michael L	X	
				Sat 9:00am	Rocklin/Roseville	Darby	X	
				Sat 9:00am	Folsom	Glenda-Sub	X	
				Sat 9:00am	Stockton	Mary S.		
				Sat 9:30am	Sparks	Denise		
				Sat 6:00pm	SNL	Nancy		