



# TWELFTH STEP WITHIN

December 12 is OA's International Twelfth Step Within Day. Its purpose is to encourage OA members to reach out to those in our fellowship who are still suffering from compulsive eating behaviors.

**Speakers, Recovery from Relapse, Open Sharing**

**10:30 AM - Noon PST | Saturday, December 12**

**Join Zoom Meeting:**

<https://zoom.us/j/98024839179pwd=VjBJSERwOHVuakZ3VmV3ZWMO5npIUT09>

**Meeting ID: 980 2483 9179 Passcode: 099004**

**Join by phone: 1-669-900-6833**

**(same meeting number and password)**

**Suggested 7th Tradition \$5 [Online Donation Link](#)**

**A SACRAMENTO VALLEY  
INTERGROUP EVENT**