

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
April 11 2023
Final Minutes

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Raven Y took roll by noting attendees in Zoom room.

- Quorum met. (See participant list below.)

Previous Minutes: March 14, 2020 meeting minutes were reviewed, and corrected.

- Debbie N motioned to approve the March minutes; Phil seconded.
 - Motion approved.

Treasurer's Report: Barbara presented the March SVIOA, Inc. Income & Expense Report (shared on screen)

- Michelle motioned to approve the report; Dawn seconded.
 - Motion approved.

Information Sharing:

- Vacant SVIOA Positions for 2023
 - A World Service Delegate is needed immediately for the current vacancy.
 - The World Service Business Conference Delegate/alternate (whether or not a member of the Intergroup Board) shall have **at least one (1) year of current abstinence and at least two (2) years of service beyond the group level** and such qualifications as required for election to the Intergroup Board by Article IV, Section 4, of OA bylaws. Permission for an exception in qualifications for valid reasons, if deemed credible by the trustees, may be received by application to the World Service Office, except that the trustees cannot grant exceptions to those qualifications required solely for election to the Intergroup board.
 - Everyone is encouraged to take this to their meetings, tell sponsees, sponsors, etc.
 - The new World Service Delegate has all related conference travel covered by SacValley IG
 - Special Population Focus Chair is also still vacant
 - Information can be found on our website, <https://www.sacvalleyoa.org/documents.html>, in the Policy and Procedures document in Section 7 (page 21.)
- Sac Valley Upcoming Events within 30-60 days
 - Day In OA – Forgiveness & Amends, May 13, 2023 – Saturday at Faith United Methodist Church, 3600 J Street, Sacramento
 - Michelle from the hosting Noon Sacramento OA meeting shared the poster, which is also available on SacValley Intergroup Website. She asked people to print copies and share at their meetings.
 - Michelle also invited people to sign up for service.
 - This is an IN-Person only event.

Group News:

- Scarlet received information that a new Hybrid meeting is being held in Carson City, NV on Monday at 5:30 and that specific information can be found on the meeting portion of our Intergroup Web Page
 - <https://www.sacvalleyoa.org/meetings.html>

Board and Committee Reports

- Chair Report, Scarlet: No Report
- Vice-Chair Cary: No Report

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- Treasurer, Barbara E: No Report
- Secretary, Raven Y: No Report
- Webmaster, Phil K: No Report
- R2 Reps
 - Curt reported that he attended the R2 Spring Assembly and had a wonderful time that included bowling and karaoke even!
 - The theme of the R2 Spring Assembly was “Widespread Unity Reenforcing Our Recovery.”
 - Region 2 encompasses all of California, Hawaii, Mexico and some of Nevada and included 800 meetings.
 - There were many interpreters at the assembly to ensure everyone could participate by understanding what was being said.
 - Curt also stated it would be a boon if any Region 2 Representative that comes on board is a bilingual speaker (Spanish/English).
- World Service Delegates:
 - Judy L, Absent No Report
- Bylaws: Scarlet reported that the Bylaws committee consists of Cary, Katherine K and herself and they plan to start reviewing the Bylaws and Policies and Procedures over the next few months.
- Events: Janet M, Absent, No Report
- Meeting & Video Conferencing Support: Andrea A, No Report
- Speaker List: Dee, Absent, No Report
- Answer Phone: Kathy K, Absent, No Report
- Newsletter: Gerri, No Report
- Meeting List: Dawn S. No Report
- Public Outreach: Nancy No Report
- Retreat: Jan H reported that as of 4/10/2023 13 of the 16 people on the waiting list had been cleared to attend, so encourage people to sign up on the waiting list. Chances are they will be able to attend!
- Special Population Focus: Vacant – No report.
- Sponsorship: Katherine G shared that she is sending out the sponsor list quite frequently.

Continuing Business

- Scarlet mentioned the on-going research by Joel, Jamie, and Nancy to put OA literature (both hard copy and digital publications) into local libraries.

Old Business

- Scarlet said that we will carry over the discussion regarding how to distribute the Speakers List to IG Representatives to the May meeting
 - She asked that the IGRs go back to their meetings and ask how their groups feel about the speaker list being distributed monthly to IGR's along with all of the other meeting materials for each monthly Intergroup Meeting.

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New Business:

- Region 2 Public Info Chair, Susie S was a guest at our meeting tonight to share Information regarding the HYBRID OA R2 convention that is happening July 7 – 9, 2023. She provided the following links to be shared with IGR's and their meeting groups:
 - <https://www.oar2.org/upcoming-convention.html>,
 - And a looping slideshow link: tinyurl.com/OAR2-2023
- The website for online registration is live now.
- There are many ways to participate by giving service, nominate people to speak, etc.
- We welcomed Shirley a new, first time IGR.
- Scarlet adjourned the meeting at 7:32 PM after reading the OA Responsibility Pledge and Promises.

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April 2023		Attendance Log						
Board Member		Committee	Chair		Meeting	City	Rep	
Chair, Scarlet H.	X	Bylaws, Cary H	X	Sun	1:30pm	Stockton	Renè	
Vice Chair, Cary H.	X	Events, Janet M		Sun	3:30pm	Sacramento	Jagrati	X
Treasurer, Barbara E	X	Zoom, Andrea	X	Sun	4:00pm	Sacramento	Jagrati	X
Secretary, Raven Y	X	Speaker List, Dee		Sun	6:00pm	Chico	Danielle	X
				Mon	10:00AM	Stockton	Cara	X
Webmaster, Phil K.	X	Answer Phone, Kathy K.		Mon	12:30pm	Nevada City	Chandra	X
R2 Rep, Curt B.	X	Newsletter, Gerri H	X	Mon	1:00pm	Stockton	Mary S.	X
R2 Rep, Kathryn K.		Meeting List, Dawn S	X	Mon	5:30pm	Sacramento	Marian	X
R2 Rep,		Public Outreach, Nancy Mc	X	Mon	5:30pm	North Reno	Diana S.	X
	X	Retreat, Jan H	X	Mon	5:30pm	Modesto	Patricia	
WS Del., Judy L.	X	Special Pop Focus, vac		Mon	6:30pm	Rancho C.	Lisa	X
WS Del., Vacant	X	Sponsorship, Katherine G.	X	Mon	7:00pm	Yuba City	Debbie N	
				Tues	12:00pm	Sacramento	Kathy K	
				Tues	5:30pm	Davis	Noreen	X
				Tues	6:00pm	Chico	George	X
				Wed	9:00am	Stockton	Mary S.	X
				Wed	10:00am	Stockton	Vacant	
				Wed	10:30am	Sparks	Sherri F	
				Wed	5:30pm	Gardnerville	Dee	
Guests				Wed	5:30pm	Sacramento	Shirley G	X
Susie S/R2 PO				Wed	6:00pm	Murphys	Vacant	
				Thur	12:00pm	Sacramento	Michelle	X
				Thur	3:00pm	Stockton	Mary S.	X
				Thur	6:00pm	Chico	Vacant	
				Thur	6:00pm	West Sac	Dena	
				Thur	7:00PM	Shingle Springs	Suzanne	X
				Thur	7:00pm	Fairfield	Katherine	
				Fri	12:00pm	Carson City	Vacant	
				Fri	7:00pm	Yuba City	Angie H	
				Sat	9:00am	Sacramento	Michael L I	X
				Sat	9:00am	Rocklin/Roseville	Darby	X
				Sat	9:00am	Folsom	Jan H	X
				Sat	9:00am	Stockton	Mary S.	X
				Sat	9:30am	Sparks	Cindi P	
				Sat	6:00pm	SNL	Nancy	