

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
August 13th, 2024
DRAFT Minutes SH/KS

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Kristen S. took roll by noting attendees in Zoom room. Quorum met.

Previous Minutes: July 9th, Minutes were presented for approval.

- Motion to accept minutes by Debbi, seconded by; Nancy. Minutes approved

Treasurer's Report: The Treasurer's report for July 2024 was shared on screen.

- Motion to accept revised treasurers report for July 2024 by Nancy seconded by ,Carla .motion approved.

Information Sharing

- Upcoming Region 2 Events and Other World Service calendared events.
 - Event information can be found on: <https://oa.org/event-calendar/>, or <https://www.oar2.org/events.html>
 - - Oct 25-27 R2 Fall Assembly
 - Nov 15-17 IDEA (WSO)
 - Sep 14th Hybrid Rocklin Info in flyer
 - Oct 19th Chico day in OA

Group News, Announcements

- OA foothill group has new meeting
- Sat morning meeting totally on zoom (unknown as to where as the person speaking didn't announce what meeting there are from)
- Stockton has new meeting
- Sunday 3:30 newcomer meeting needs a moderator
- Wednesday 6:30PM big book study at St Marks is exactly in the middle of the big book and are reading the stories

Board and Committee Reports

- Chair – No Report
- Vice Chair – Not present
- Treasurer: No report
- Secretary: No report
- Webmaster: Not present
- R2 Representatives No Report

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- World Service Organization Delegate: Talked about region one giving each of the IG's \$180 for Facebook ads
- Events: Will have flyer for chico day in OA. Reaching out to other groups to do a thank a thon on November
- Meeting and Video Conferencing Support; No report
- Speaker List: None
- Answer Phone: Not present.
- Newsletter: Gerri – Not present.
- Meeting List Coordinator: No coordinator
- Public Outreach: Nancy Mc – Put the 15 questions pdf in chat.
- Retreat: Rick Z – Retreat was great, lots of volunteers. Lots of compliments for all the help. Made \$800.
- Sponsorship -Katherine – Not present

Old Business

NONE

New Business

Rene from Stockton is interested in being third R2 rep. Motion to accept Rene as R2 rep by Debbi, seconded by Steve. Motion approved Rene is third R2 rep

2025 New Intergroup Board members. Need new Chair, treasurer, and public information.

Nancy Mc wanted to put on agenda to create a literature hub

Motion to adjourn made by Jan seconded by unknown motion approved
 Scarlet closed the meeting by reciting the Unity Prayer at 7:45PM

Aug, 13th 2024		Attendance Log							
Board Member		Committee Chair			Meeting		City	IGRep	
Chair, Scarlet H.	X	Bylaws, Raven		Sun	1:30pm	Stockton	Mary		X
Vice Chair, Raven Y		Events, Dani	X	Sun	3:30pm	Sacramento	Rosa N		X
Treasurer, Barbara E	X	Zoom, Nici	X	Sun	4:00pm	Sacramento	Rosa N.		X
Secretary, Kristen S	x	Speaker List, Carla	x	Sun	6:00pm	Chico	Jane F		X
Webmaster, Andrea		Answer Phone, Janet M		Mon	10:00am	Stockton	Cara		X
		Newsletter, Gerri H		Mon	12:30pm	Nevada City	Dianne S		X
R2 Rep Steve H.	X	Meeting List, Mary S		Mon	1:00pm	Stockton	Mary S.		X

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R2 Rep, Cary H	x	Public Outreach, Nancy Mc	X	Mon	5:30pm	Reno	Diana	X
		Retreat, Rick	x	Mon	5:30pm	Modesto	Nancy	X
WS Del., Judy L.		Special Pop , Maddie	x	Mon	5:30pm	North Reno	Diana	X
WS Del., Cara D.	x	Sponsorship, Katherine G.	x	Mon	5:30pm	Sacramento	Marian R	X
				Mon	6:30pm	Rancho C.	Laura S.	X
				Mon	7:00pm	Yuba City	Angie H	X
				Tues	12:00pm	Sacramento	Soliel	X
				Tues	5:30pm	Davis	Tammy	X
				Tues	6:00pm	Chico	Andrew	X
				Tues	5:30pm	Sacramento	Jacki N.	X
				Wed	9:00am	Stockton	Mary S.	X

				Wed	1:30pm	Stockton	Rene	X
				Wed	10:30am	Sparks	Sally	X
				Wed	5:30pm	Gardnerville	Dee	x
				Wed	5:30pm	Sacramento	Vacant	
							Vacant	
				Wed	6:30pm	Sacramento	Nancy Mc.	X
				Thurs	12:00pm	Sacramento	Donnalee	X
Guests				Thurs	3:00pm	Stockton	Mary S.	x
Curt B				Thurs	6:00pm	Chico	Vacant	
Chandra				Thurs	6:00pm	West Sac	Jan H	X
				Thurs	7:00pm	Cameron Park	Janet E.	X
				Fri	12:00pm	Carson City	Vacant	
				Fri	5:00 pm	Grass Valley	vacant	
				Fri	5:30pm	Yuba City	Vacant	
				Fri	7:00pm	Yuba City	Nici	X

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				Sat	9:00am	Folsom	Sandi	X
				Sat	9:00am	Rocklin/Roseville	Bev	X
				Sat	9:00am	Sacramento	Katy H.	X
				Sat	9:00am	Sacramento-Zoo m only	Katy H.	X
				Sat	9:00am	Stockton	Mary S.	
				Sat	9:30am	Sparks, NV	Denise E	x
				Sat	6:00pm	Sacramento	Debbie N	x