

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
July 9, 2024
DRAFT Minutes SH

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Kristen S. was absent. Scarlet took roll by noting attendees in Zoom room. Quorum met.

Previous Minutes: June 11, 2024 Minutes were presented for approval.

- Motion to accept minutes by Donnalee, seconded by; Nancy. Motion passed

Treasurer's Report: The Treasurer's report for June 2024 was shared on screen.

- Motion to accept treasurers report for July 2024 by Steve H., seconded by Donnalee, motion approved.
- Budget to actual report. We are doing well; we are ahead of our projected revenue.
- June 2024 Donation Summary was presented.

Information Sharing

- Upcoming SVIOA Events:
 - Rocklin Day in OA: Living in Progress Rather Than Perfection: Saturday, September 14, 2024 1:00-3:00 pm – it will be a hybrid event.
 - Chico Day in OA: October 19, 2024, from 9:00-12:00 (tentative) a flyer to come. It will be Hybrid and is being hosted by the Sunday 6:00pm Chico Meeting.
 - Dani is looking for meetings willing to host a meeting during the Thank-a-thon in November.
- Upcoming Region 2 Events and Other World Service calendared events.
 - Event information can be found on: <https://oa.org/event-calendar/>, or <https://www.oar2.org/events.html>
 - July 12-14 R2 Convention
 - Oct 25-27 R2 Fall Assembly
 - Nov 15-17 IDEA (WSO)

Group News, Announcements

- There is a new Zoom meeting on Saturdays at 9:00 a.m. that reads the from the OA 12/12. The Meeting ID is: 882 5653 8599 and the Password is: 903154 Dial in: (253) 215-8782 or (301) 715-8592.
- Cara announced there is a new meeting in Stockton on Wednesdays at 1:30 pm at 5818 Pacific Avenue, Stockton and is an open meeting that focuses on the OA 12/12.

Board and Committee Reports

- Chair – Scarlet: no report
- Vice Chair – Raven: no report
- Treasurer: Barbara E.: no further report

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- Secretary: Kristen: absent
- Webmaster: Andrea: absent
- R2 Representatives: Cari and Steve: no report
- World Service Organization Delegate: Judy L. reported the WSO Literature Committee has finished their revisions to the Sponsorship Pamphlet and will be sending it to the Board of Trustees on July 24th. Also, WSO warns any Intergroup to make sure they obtain permission for any copy right images before using them on our flyers or website. There is currently a lawsuit against an intergroup for copy right infringement.
- Bylaws: Raven: no report
- Events: Dani: see SVIOA Events above.
- Meeting and Video Conferencing Support: Nici: No report
- Speaker List: Carla: absent
- Answer Phone: Janet: absent
- Newsletter: Gerri – absent
- Meeting List Coordinator: Mary: no report
- Public Outreach: Nancy Mc has been putting notes regarding OA on bulletin boards, at a gyms, etc. If you can help, please contact her. She also asked all meetings to put a notice outside of your meetings on the door to let people know there is an OA meeting happening inside.
- Retreat: Rick Z – Not present
- Special Population Focus: Young People: Maddy: absent
- Sponsorship -Katherine – None

Old Business

NONE

New Business

NONE

No Motion to adjourn was made

Scarlet closed the meeting by reciting the Unity Prayer at 7:37 pm

July 9, 2024		Attendance Log						
Board Member		Committee Chair			Meeting		City	IGRep
Chair, Scarlet H.	X	Bylaws, Raven	X	Sun	1:30pm	Stockton	Mary	
Vice Chair, Raven Y	X	Events, Dani	X	Sun	3:30pm	Sacramento	Rosa N	
Treasurer, Barbara E	X	Zoom, Nici	X	Sun	4:00pm	Sacramento	Rosa N.	

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Secretary, Kristen S		Speaker List, Carla		Sun	6:00pm	Chico	Danielle	X
Webmaster, Andrea		Answer Phone, Janet M		Mon	10:00am	Stockton	Cara	X
		Newsletter, Gerri H		Mon	12:30pm	Nevada City	Dianne S	X
R2 Rep Steve H.	X	Meeting List, Mary S	x	Mon	1:00pm	Stockton	Mary S.	
R2 Rep, Cary H	X	Public Outreach, Nancy Mc	X	Mon	5:30pm	Carson City	Diana	X
		Retreat, Rick		Mon	5:30pm	Modesto	Nancy	X
WS Del., Judy L.	x	Special Pop , Maddie		Mon	5:30pm	North Reno	Diana	
WS Del., Cara D.	x	Sponsorship, Katherine G.	X	Mon	5:30pm	Sacramento	Marian R	
				Mon	6:30pm	Rancho C.	Laura S.	X
				Mon	7:00pm	Yuba City	Angie H	
				Tues	12:00pm	Sacramento	Soliel	X
				Tues	5:30pm	Davis	Tammy	X
				Tues	6:00pm	Chico	Andrew	X
				Tues	5:30pm	Sacramento	Jacki N.	X
				Wed	9:00am	Stockton	Mary S.	
				Wed	1:30pm	Stockton	Rene	X
				Wed	10:30am	Sparks	Sally	X
				Wed	5:30pm	Gardnerville	Dee	
				Wed	5:30pm	Sacramento	Vacant	
							Vacant	
				Wed	6:30pm	Sacramento	Nancy Mc.	X
				Thurs	12:00pm	Sacramento	Donnalee	X
Guests				Thurs	3:00pm	Stockton	Mary S.	
Jeremiah-R2 Chair				Thurs	6:00pm	Chico	Vacant	
				Thurs	6:00pm	West Sac	Jan H	x
				Thurs	7:00pm	Cameron Park	Janet E.	X
				Fri	12:00pm	Carson City	Vacant	
				Fri	5:00 pm	Grass Valley	Chandra	X
				Fri	5:30pm	Yuba City	Vacant	
				Fri	7:00pm	Yuba City	Nici	X
				Sat	9:00am	Folsom	Sandi	X
				Sat	9:00am	Rocklin/Roseville	Bev	X

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				Sat	9:00am	Sacramento	Katy H.	X
				Sat	9:00am	Sacramento-Zoom only	Wendy H.	X
				Sat	9:00am	Stockton	Mary S.	
				Sat	9:30am	Sparks, NV	Denise E	X
				Sat	6:00pm	Sacramento	Debbie N	x