

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**June 11th, 2024**  
*DRAFT Minutes SH/KS*

**Location:** Via Zoom

**Opening:** Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

**Roll Call:** Secretary, Kristen S. took roll by noting attendees in Zoom room. Quorum met.

**Previous Minutes:** May 14th, Minutes were presented for approval.

- Motion to accept minutes by Katie, seconded by; Rosalie. Motion passed

**Treasurer's Report:** The Treasurer's report for May 2024 was shared on screen.

- Motion to accept treasurers report for Jan 2024 by Jan H, seconded by Rosalie, motion approved.

**Information Sharing**

- Upcoming Region 2 Events and Other World Service calendared events.
  - Event information can be found on: <https://oa.org/event-calendar/>, or <https://www.oar2.org/events.html>
    - July 12-14 R2 Convention
    - Oct 25-27 R2 Fall Assembly
    - Nov 15-17 IDEA (WSO)

**Group News, Announcements**

- The 9:00 a.m. Sat Morning OA meeting (12/12) will be in person only meeting starting first sat in July. There will be an online version but it will be separate. Mary S. will be updating the meeting list to reflect this change.

**Board and Committee Reports**

- Chair – Requested we postpone the bylaw committee meeting until after convention
- Vice Chair – OA vice chair email address is now working
- Treasurer: Secretary of state filling was done and all filings are complete
- Secretary: Apologized for the mistake with May's minutes
- Webmaster: None
- R2 Representatives None
- World Service Organization Delegate: received a report from Jeremiah from R2 concerning groups in 2024 vs 2023. In 2024 there are 999 down from 2023 when it was 1043. Virtual groups are up in 2024> Total number of intergroups is 31
- Events: September meeting in Roseville that is coming up, Chico is doing a day in OA but no firm plans yet
- Meeting and Video Conferencing Support; No report
- Speaker List: Not present

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- Answer Phone: Not present.
- Newsletter: Gerri – Not present.
- Meeting List Coordinator: None
- Public Outreach: Nancy Mc – Sac Valley IG has been invited to a recovery happens in placer county from 10AM – 2PM Is on the same day as Roseville’s Day in OA
- Retreat: Rick Z – Not present
- Sponsorship -Katherine – None

**Old Business**

NONE

**New Business**

Kristen gave a tutorial on how to create a QR code to use for the 7<sup>th</sup> tradition  
 Free QR creating website: [www.qrcode-monkey.com](http://www.qrcode-monkey.com)

No Motion to adjourn was made

Scarlet closed the meeting by reciting the Unity Prayer at 7:45 pm

June 11 <sup>th</sup> 2024		Attendance Log								
Board Member		Committee Chair			Meeting		City		IGRep	
Chair, Scarlet H.	X	Bylaws, Cary H	x	Sun	1:30pm	Stockton	Mary		x	
Vice Chair, Raven Y	x	Events, Janet M	X	Sun	3:30pm	Sacramento	Rosa N		X	
Treasurer, Barbara E	X	Zoom, Andrea	X	Sun	4:00pm	Sacramento	Rosa N.		X	
Secretary, Kristen S	X	Speaker List,	x	Sun	6:00pm	Chico	Danielle		X	
Webmaster, Adrian	x	Answer Phone, Janet M		Mon	10:00am	Stockton	Cara		X	
		Newsletter, Gerri H		Mon	12:30pm	Nevada City	Dianne S		X	
R2 Rep Steve H.	X	Meeting List, Mary S	x	Mon	1:00pm	Stockton	Mary S.		X	
R2 Rep, Cary H	X X	Public Outreach, Nancy Mc	X	Mon	5:30pm	Carson City	Vacant			
		Retreat, Rick		Mon	5:30pm	Modesto	Cathy			
WS Del., Judy L.	x	Special Pop , Maddie		Mon	5:30pm	North Reno	Diana		X	
WS Del., Cara D.	x	Sponsorship, Katherine G.	X	Mon	5:30pm	Sacramento	Marian R		X	
				Mon	6:30pm	Rancho C.	Lisa		X	
				Mon	7:00pm	Yuba City	Angie H		X	

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				Tues	12:00pm	Sacramento	Soliel	X
				Tues	5:30pm	Davis	Tammy	X
				Tues	6:00pm	Chico	Andrew	X
				Tues	7:00pm	Sacramento	Steve H	X
				Wed	9:00am	Stockton	Mary S.	X
				Wed	10:30am	Sparks	Sally	X
				Wed	5:30pm	Gardnerville	Dee	x
				Wed	5:30pm	Sacramento	Vacant	
							Vacant	
				Wed	6:30pm	Sacramento	Nancy Mc.	X
				Thurs	12:00pm	Sacramento	Melanie	X
<b>Guests</b>				Thurs	3:00pm	Stockton	Mary S.	X
Curt B				Thurs	6:00pm	Chico	Vacant	
				Thurs	6:00pm	West Sac	Jan H	x
				Thurs	7:00pm	Cameron Park	Janet E.	X
				Fri	12:00pm	Carson City	Vacant	
				Fri	5:00 pm	Grass Valley	Chandra	X
				Fri	5:30pm	Yuba City	Vacca	
				Fri	7:00pm	Yuba City	Nici	X
				Sat	9:00am	Folsom	Jan H	X
				Sat	9:00am	Rocklin/Roseville	Bev	X
				Sat	9:00am	Sacramento	Kathy H.	X
				Sat	9:00am	Stockton	Mary S.	X
				Sat	9:30am	Sparks, NV	Denise E	X
				Sat	6:00pm	Sacramento	Debbie N	x