

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
May 14, 2024

Note: The recording that serves as the basis for our monthly minutes malfunctioned. Consequently, the minutes are incomplete and drawn from memory. Please let Scarlet know of any error or omissions.

Location: Via Zoom

Opening: Chair, Scarlet, opened and called the meeting to order at 7:01PM by reciting the Serenity Prayer, then read the 12 Concepts of OA service.

Roll Call: The Quorum was met, however, who was in attendance is missing.

Previous Minutes: The April 9, 2024 meeting minutes were reviewed and approved (who motioned and seconded is missing).

Treasurer's Report:

Barbara, the treasurer shared the April Treasurer's Report on screen. No questions were asked. Motion to accept were reviewed and approved (who motioned and seconded is missing).

Information Sharing:

- SVIOA – SAVE THE DATE: Rocklin/Roseville Sat A.M. is hosting a HYBRID event on Saturday, September 14, 2024. Details and flyer will be distributed closer to the event.
- R2 and WSO
 - Jul 12-14: [Convention \(R2\)](#)
 - Oct 25-27: [Fall Assembly \(R2\)](#)
 - Nov 15-17: [IDEA \(WSO\)](#)
 - Dec 12: [Twelfth Step Within Day \(WSO\)](#)

Group News or Announcements: - No report

Board and Committee Reports

Chair Report - Scarlet – nothing to report

Vice Chair – Raven – nothing to report

Treasurer – Barbara – no additional report to the monthly financials

Secretary – Kristen – absent

Webmaster – Andrea – nothing reported

R2 Reps – Cary and Steve – no report

World Service Delegates – Judy and Cary – reported on attendance at the World Service Business Conference in May and a detailed report will come out in June or July.

Bylaws – Raven – no report

Events – Dani B.- no report

Meeting & Video Conferencing – Nici – no report

Speaker List Coordinator – Carla – absent

Answer Phones – Janet -no report

Newsletter Editor – Gerri – absent

Public Outreach - Nancy Mc-reported on what has been collected for the convention.

Retreat – Rick - absent

Special Population Focus: Maddie – no report

Sponsorship – Katherine – always looking for names of SVIOA members to be added to the list. Contact her with names OR if your group's Speaker Seeker wants the list.

Continuing Business:

- None

New Business:

- A. SVIOA donation to the 2024 Convention: a motion was made to donate \$500 to the convention. It was seconded and approved.
- B. WSO 2024 Annual Appeal Letter was distributed, and IG Reps are asked to share it with their meetings.
- C. Region 2 – Recovery, What Works For You Survey ([click here](#)). R2 requests all Intergroup Reps notify their meetings about this survey.
- D. List of meetings without contacts was distributed and IG Reps are requested to ask the meetings on the list for a contact.
- E. A request was made to conduct a brief training during next month's Intergroup Meeting on how the use of QR codes for 7th traditions at the meeting level. Our secretary, Kristen, has volunteered to conduct the training.

Adjourned at 7:55pm with Scarlet reciting the OA Promise.

ATTENDANCE LOG FOR APRIL 9, 2024

Board Mbrs

Chair, Scarlet
Vice Chair, Raven
Treasurer (Barbara ABSENT)
Secretary – (Kristen ABSENT)
Webmaster-Andrea
R2 Rep – Steve H.
R2 Rep – Cary H.
World Service Delegate – Judy
World Service Delegate – Cara

Committee Chairs

Bylaws – Raven
Events – (Janet ABSENT)
Zoom – Nici
Speaker List – (Carla ABSENT)
Answer Phones (JANET ABSENT)
Newsletter (GERRI ABSENT)
Meeting List – Mary S
Public Outreach – Nancy Mc
Retreat – (Rick ABSENT)
Special Population Focus – Maddie
Sponsorship – Katherine

Intergroup Reps

Sun 4pm Sac - Rosalie
Sun 6pm Chico – Danielle
Mon 12:30pm Nevada City/GrassValley(?) – Dianne S.
Mon 5:30pm – Modesto Cathy C.
Mon 5:30pm – North Reno – Diana
Mon 7pm – Yuba City – Gillian
Tues Noon Sac – Soliel
Tues 5:30pm Davis – Tammy
Tues 6:00pm Chico – Andrew
Wed 10:30am – Sparks – Sally
Wed 5:30pm – Gardnerville – Dee
Wed 6:30pm Sac – Nancy Mc
Thurs noon Sac – Melanie
Thurs 6:00pm West Sac – Jan
Fri 5:30pm Grass Valley – Chandra
Fri 7pm Yuba City – Nici
Sat 9am – Rocklin/Roseville – Bev
Sat 9am Sac – Katy
Sat 6pm Sac (SNL) Debbie

Guests

Curt, Jane