

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**April 9, 2024**  
**DRAFT jh**

**Location:** Via Zoom

**Opening:** Chair, Scarlet, opened and called the meeting to order at 7:01PM by reciting the Serenity Prayer, then read the 12 Concepts of OA service.

**Roll Call:** Participant's ID on zoom square noted to establish quorum. Quorum met

**Previous Minutes:** The March 12, 2024 meeting minutes were reviewed.

- Steve made motion to accept as presented. Melani seconded. Motion approved.

**Treasurer's Report:**

Scarlet shared the March Treasurer's Report on screen. No questions were asked. Motion to accept made by Melani seconded by Chandra. Motion approved.

**Information Sharing:**

- SVIOA – no events scheduled
- R2 and WSO
  - May 7-11 World Service Business Conference
  - July 12-14 R2 Convention SACRAMENTO STYLE!
  - Oct 24-27 R2 Fall Assembly
  - Nov 15-17 IDEA (a world-wide, World Service event)
  - Dec 12 – Twelfth Step Within Day (a world-wide, World Service event)

**Group News or Announcements:**

- Bev-Rocklin/Roseville Sat AM announced a HYBRID event happening on Saturday, September 14<sup>th</sup>. Details and a flyer will be distributed closer to the event, but everyone should SAVE THE DATE.
- Katherine reported that the former Thursday Fairfield meeting has money. She will distribute the money to the service bodies via on-line donation functions.
- Nancy Mc. said the Wednesday 6:30pm in-person Sac meeting is studying the Big Book. It's a great meeting. Join us if you can!

**Board and Committee Reports**

**Chair Report** - Scarlet – nothing to report

**Vice Chair** – Raven – nothing to report

**Treasurer** – Barbara - absent

**Secretary** – Kristen – absent

**Webmaster** – Andrea – late – nothing reported

**R2 Reps** – Cary – nothing to report. Steve – attended R2 assembly. Learned article coming out from medical professional that mentions OA as a good organization; R2 assemblies will rotate from Nor Cal to So Cal next year.

**World Service Delegates** – Judy and Cary – They're getting ready to attend the World Service Business Conference in May and will have provide a short overview report at the May Intergroup meeting, and a more detailed report will come out in June or July.

**Bylaws** – Raven – Getting things organized and ready to kick off review/revision soon.  
**Events** – VACANT – Scarlet made a passionate request for folks to talk it up and hopefully find someone willing to take this very important role. It's fun and is more of a cheerleader, encouraging groups to host events throughout the year.  
**Meeting & Video Conferencing** – Nici – nothing to report  
**Speaker List Coordinator** – Carla – absent  
**Answer Phones** – Janet – absent  
**Newsletter Editor** – Gerri – absent  
**Public Outreach** = Nancy Mc – She'll be at the Health Fair at the Maidu Center in Roseville from 10am-7pm May 2 – JOIN HER!  
**Retreat** – Rick - absent  
**Special Population Focus:** Maddie – no report (brand new to her role and we're so very glad to have her!!)  
**Sponsorship** – Katherine – always looking for names of SVIOA members to be added to the list. Contact her with names OR if your group's Speaker Seeker wants the list.

**Continuing Business:**

- None

**New Business:**

- Steve suggested that hybrid and virtual meetings provide an active link to the zoom chat to allow ease of SVIOA donations. The same can be done for R2 or World Service donations. Intergroup reps were reminded that this is only a suggestion. Intergroup does not dictate or tell groups how they should do meeting stuff, but it's a good, friendly suggestion, nonetheless.
- Jan asked that the following be added to the agenda next month:  
"Should SVIOA donate money or something else (i.e. gift basket, etc) to the R2 convention? If so, how much (value)?"

**Adjourned** at 7:35pm with Scarlet reciting the OA Promise.

## ATTENDANCE LOG FOR APRIL 9, 2024

### Board Mbrs

Chair, Scarlet  
Vice Chair, Raven  
Treasurer (Barbara ABSENT)  
Secretary – (Kristen ABSENT)  
Webmaster-Andrea  
R2 Rep – Steve H.  
R2 Rep – Cary H.  
World Service Delegate – Judy  
World Service Delegate – Cara

### Committee Chairs

Bylaws – Raven  
Events – (Janet ABSENT)  
Zoom – Nici  
Speaker List – (Carla ABSENT)  
Answer Phones (JANET ABSENT)  
Newsletter (GERRI ABSENT)  
Meeting List – Mary S  
Public Outreach – Nancy Mc  
Retreat – (Rick ABSENT)  
Special Population Focus – Maddie  
Sponsorship – Katherine

### Intergroup Reps

Sun 4pm Sac - Rosalie  
Sun 6pm Chico – Danielle  
Mon 12:30pm Nevada City/GrassValley(?) – Dianne S.  
Mon 5:30pm – Modesto Cathy C.  
Mon 5:30pm – North Reno – Diana  
Mon 7pm – Yuba City – Gillian  
Tues Noon Sac – Soliel  
Tues 5:30pm Davis – Tammy  
Tues 6:00pm Chico – Andrew  
Wed 10:30am – Sparks – Sally  
Wed 5:30pm – Gardnerville – Dee  
Wed 6:30pm Sac – Nancy Mc  
Thurs noon Sac – Melanie  
Thurs 6:00pm West Sac – Jan  
Fri 5:30pm Grass Valley – Chandra  
Fri 7pm Yuba City – Nici  
Sat 9am – Rocklin/Roseville – Bev  
Sat 9am Sac – Katy  
Sat 6pm Sac (SNL) Debbie

Guests

Curt

Jane