

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
March 12th, 2024
DRAFT Minutes SH/KS

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and Jan read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Kristen S. took roll by noting attendees in Zoom room. Quorum met.

Previous Minutes: February 13th Minutes were presented for approval.

- Someone (they didn't identify themselves) noted that the Tuesday Sacramento meeting was 5:30pm instead of 7:00PM
- Motion to accept minutes by, Debbie seconded by; Andrew motion passed.

Treasurer's Report: The Treasurer's report for February 2024 was shared on screen.

- \$10,775.79 was sent to world service.
- \$3591.93 was sent to region two
- There was no motion or second. The treasurer's report was approved via poll.

Information Sharing

- Upcoming Region 2 Events and Other World Service calendared events.
 - Event information can be found on: <https://oa.org/event-calendar/>, or <https://www.oar2.org/events.html>
 - March 22-23 R2 Spring Assembly
 - May 7-12 WSO Business Conference
 - July 12-14 R2 Convention
 - Oct 25-27 R2 Fall Assembly
 - Nov 15-17 IDEA (WSO)

Group News, Announcements

NONE

Board and Committee Reports

- Chair – Completed votes for WS questionnaire. 22 out of 36 total meetings reported. All proposed items were approved for discussion at the World Service Conference.
- Vice Chair – By Laws committee will be Raven. Kristen, Scarlet, and Barb. Jan will be available for historical needs.
- Treasurer: See treasurer's report
- Secretary: Asked that you say your name when making a motion so that I can record it
- Webmaster: Not present

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
March 12th, 2024
DRAFT Minutes SH/KS

- R2 Representatives None
- World Service Organization Delegate:
- Events: No report
- Meeting and Video Conferencing Support; No report
- Speaker List: None
- Answer Phone: Not present.
- Newsletter: Gerri – Not present.
- Meeting List Coordinator: not present
- Public Outreach: Nancy Mc – sent a lot of emails to mental health and therapy centers
- Sponsorship -Katherine – No report

Old Business

NONE

New Business

None

Motion to adjourn made by Debbie, seconded by Mary motion approved
 Scarlet closed the meeting by reciting the Unity Prayer at 8:03 pm

Feb 13 th 2024		Attendance Log							
Board Member		Committee Chair			Meeting		City	IGRep	
Chair, Scarlet H.	X	Bylaws, Cary H	x	Sun	1:30pm	Stockton	Mary	x	
Vice Chair, Raven Y	x	Events, Janet M	X	Sun	3:30pm	Sacramento		X	
Treasurer, Barbara E	X	Zoom, Nici P	X	Sun	4:00pm	Sacramento	Rosalie	X	
Secretary, Kristen S	X	Speaker List, Carla S.	x	Sun	6:00pm	Chico	Danielle	X	
Webmaster, Adrian		Answer Phone, Janet M		Mon	10:00am	Stockton	Mary	X	
		Newsletter, Gerri H		Mon	12:30pm	Nevada City	Dianne S	X	
R2 Rep Steve H.	X	Meeting List, Mary S		Mon	1:00pm	Stockton	Mary S.	X	
R2 Rep, Cary H	X X	Public Outreach, Nancy Mc	X	Mon	5:30pm	Carson City	Vacant		
		Retreat, Rick		Mon	5:30pm	Modesto	Cathy		
WS Del., Judy L.	x	Special Pop , Maddie		Mon	5:30pm	North Reno	Diana	X	
WS Del., Cara D.	x	Sponsorship, Katherine G.	X	Mon	5:30pm	Sacramento	Marian R	X	
				Mon	6:30pm	Rancho C.	Lisa	X	

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
March 12th, 2024
DRAFT Minutes SH/KS

				Mon	7:00pm	Yuba City	Angie H	X
				Tues	12:00pm	Sacramento	Soliel	X
				Tues	5:30pm	Davis	Tammy	X
				Tues	6:00pm	Chico	Andrew	X
				Tues	5:30PM PM	Sacramento		
				Wed	9:00am	Stockton	Mary S.	X
				Wed	10:30am	Sparks	Sally	X
				Wed	5:30pm	Gardnerville	Dee	x
				Wed	5:30pm	Sacramento	Vacant Vacant	
				Wed	6:30pm	Sacramento	Nancy Mc.	X
				Thurs	12:00pm	Sacramento	Melanie	X
Guests				Thurs	3:00pm	Stockton	Mary S.	X
Curt B				Thurs	6:00pm	Chico	Vacant	
Jane F				Thurs	6:00pm	West Sac	Jan H	x
				Thurs	7:00pm	Cameron Park	Janet E.	X
				Fri	12:00pm	Carson City	Vacant	
				Fri	5:30pm	Grass Valley	Chandra	X
				Fri	5:30pm	Yuba City		
				Fri	7:00pm	Yuba City	Nici	X
				Sat	9:00am	Folsom	Sandi P	X
				Sat	9:00am	Rocklin/Roseville	Bev	X
				Sat	9:00am	Sacramento	Kathy H.	X
				Sat	9:00am	Stockton	Mary S.	X
				Sat	9:30am	Sparks, NV	Denise E	X
				Sat	6:00pm	Sacramento	Debbie N	x