

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
October 10, 2023
Approved Minutes SH/rmy

Location: Via Zoom

Opening: Chair, Scarlet H, called the meeting to order at 7:00PM, recited the Serenity Prayer and read the 12th Concept Guidelines and Principles of OA Service.

Roll Call: Secretary, Raven Y will take roll by noting attendees in Zoom room. Quorum met.

Previous Minutes: September 12, 2023 Minutes were presented for approval.

- Correction made by Katherine G that there needed to be a mention of the discussion from September's meeting agenda regarding distributing SVIOA Sponsorship List to groups outside of SVIOA, being tabled for discussion until November 2023.
- Correction made by Gerri that the 2023 Thank-a-thon should state it is being hosted by the Sacramento Thursday Noon meeting.
- Motion to accept corrected minutes by Sherri F, seconded by Dee; motion approved.

Treasurer's Report: The Treasurer's report for September 2023 was shared on screen

- Rosalie had a question about why there are no monthly Income/Expense reports posted on the SVOIA website.
 - Scarlet answered that they are not on the website and historically they have not been posted on the website.
 - There is no mention in the bylaws or policies and procedures that they should be posted.
 - Scarlet asked if it would be something that Rosalie would like to add to the November Agenda for discussion and Rosalie answered yes.
- Rosalie questioned if there was a reconciliation of the Expense/Income final report of the Tahoe Retreat, she could not find it in the minutes and thinks it should be made available.
 - Barbara said that she would prepare that specific report, (she thought Rick had presented it in his report last month.)
- Rosalie was confused as to what the Retreat Web Hosting fee was for.
 - She was answered that it is specific to the Tahoe Retreat registration and payment process via online (web) that is performed by a third-party service.
- Motion to accept by Michelle, seconded by Phil, motion approved.

Information Sharing

- Scarlet shared that we still have a vacancy for the SVIOA Vice Chair remaining term for 2023, and it will also need to be filled for the new term starting in 2024.
 - Cara Davis has volunteered to serve as one of the World Service Delegates for 2024. She had Scarlet correct her last name from Davies to Davis on the upcoming ballot.
 - An IGR Special Population Focus Chair is needed.
- Upcoming SVOIA Event
 - 2023 Thank-a-thon will be hosted by the Thursday noon meeting on Thursday November 23, 2023 in person only, at the Center for Spiritual Awareness. The flyer with all details can be found on www.sacvalleyoa.org.
- Upcoming Region 2 Updates:
 - October 27-29 Region 2 Fall Assembly
 - November 18-20 International Day Experiencing Abstinence (IDEA)
 - December 12 Twelfth Step Within Day
 - Information regarding these upcoming events can be found on <https://www.oar2.org/events.html>

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Group News, Announcements

- New OA Meeting – Wednesday @ 6:30, St. Marks Methodist Church, 2391 St. Mark's Way, Sacramento (off Lusk Drive, Room 53.)
 - Nancy Mc says that the meeting is already growing in numbers and invites OA members to join this new Big Book study meeting.
 - First meeting was held on September 20, 2023.

Board and Committee Reports

- Treasurer: No Report
- Secretary: No Report
- R2 Representatives
 - Cary – No Report
 - Curt is excited for the Fall Assembly and he encourages all to check it out and see what Region 2 is doing to support OA in All of Mexico, California, Hawaii, and Northern Nevada. Region 2 website has all of the details - <https://www.oar2.org/fall-assembly.html>
 - Curt is also a member of the Region 2 Intergroup Public Outreach Committee and invites anyone who wishes to, to join the monthly Zoom meeting on the third Tuesday of each month. Details can be found on their committee page: www.oar2.org/public-information.html
 - Curt's term will be over in December of 2023 and there will be openings for R2 Representatives.
- World Service Organization Delegate: Judy shared she is chairing a committee writing an updated version of a pamphlet and they are working hard.
 - She shared that exciting things are happening at the WSO level; the Virtual Region is going to hold a world-wide 6-week workshop for newcomers that will take them through the first three steps using thirty questions. They already have four-hundred Spanish-speaking people registered!
 - Please let Rene from Stockton know about this for his meetings.
 - Judy's current term ends at the end of December 2023. She is volunteering to have her name on the ballot for 2024 and more information on that will be available on the ballot.
- Bylaws: Scarlet will continue to work on bylaws with the new chair and vice chair for next year.
- Events: Janet M stated that she would like to try to get an event for Twelfth Day Within in December but at this point she has not found a group to sponsor it.
 - Judy said traditionally the Events Chair plans all of the events, and asks for a group to sponsor the event. She suggested that the Events Chair can still plan an event with a small committee regardless of a group stepping forward to sponsor that event. The goal is for SVOIA not to miss out on having an event even if there is not a group willing to sponsor it. She also stated that she would be willing to help out on such a committee.
- Meeting and Video Conferencing Support; Andrea – No report
- Speaker List: Dee said that she had Phil provide an OA email address for her to use, but she is having computer problems. She is going to get a new computer and have Phil walk her through setting up the new email address on it.
- Answer Phone: Kathy K Absent
- Newsletter: Gerri – No Report
- Meeting List Coordinator: Dawn – No Report
- Public Outreach: Nancy Mc – No Report
- Retreat: Rick Z – Absent
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Old Business

- Sponsorship: Katherine stated that she has been contacted to provide the Sponsor List outside of our SVOIA.
 - Suzanne made a motion to provide the IGR's with the Sponsorship list each month and let them provide the list to their meeting(s.) Chandra seconded, motion did not carry or fail.
 - Jeremiah (R2 Chair) suggested that the motion be tabled until next month, and during that time IGRs could pray and meditate about the motion, talk to members and each other, and bring God into the meeting in November and take another vote at that time.
 - Scarlet asked the IGRs to go to their meeting groups and present the motion and come back with a consensus in November.
 - Gerri made a motion to keep the Sponsorship List within our own Intergroup. The motion was not seconded, and could not be stated in a way that people understood so it was decided to also table the decision to provide the Sponsorship list outside of SVOIA until next month.
 - Scarlet asked that everyone take the information regarding sharing the Sponsorship List to IGRs or any individual outside of SVOIA, to their meetings and find out what members want and come back ready to vote in November
- Webmaster, Phil has received requests from other individuals responsible for events outside of our Intergroup, that want to put information regarding their upcoming events on SVIOA's web page. At this point he is not providing an answer to them until we reach a decision.
 - Jan shared that R2 has a great calendar on their website that lists all of the upcoming events in Region 2.
 - Jan Howard asked if we could just have a link to R2 website on our website and Phil answered that there already is a link on our page.
 - Dee made a motion that we do not print outside SVOIA events on our website, seconded by Dawn, motion was carried.
- 2024 Tahoe Retreat leader is still needed, please contact Scarlet if you are interested.
- 2024 Convention Committee Update was provided by Scarlet who said that the committee is working on a logo and a theme song. R2 is narrowing the options for the hotel to use. There is also still an assistant treasurer needed to help Sharon. If interested email Sharon @ s_earl@comcast.net

New Business

- Scarlet made amends for not having the ballot out timelier. This is a duty that is typically performed by the Vice Chair service position, but that position is vacant, and Scarlet did not catch that she needed to do this earlier than for this meeting.
- Jan said that our policy states that board positions in SVOIA can only run for two 1-year terms in a row. If they still wish to serve in that position, they can do so after not serving in the position for at least a year.
- Scarlet said she has put her name on the ballot to be chair again in 2024, but if anyone else wants to step forward she is happy to step down. She thought since we are also hosting the R2 Convention, it could be helpful for her to do a second term.
- Scarlet will correct ballot information and send it out in the near future.
- Scarlet adjourned the meeting at 7:57 pm (motion by Nancy Mc, seconded by Steve, motion carried) following the reciting of the Unity Prayer

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October 10, 2023		Attendance Log							
Board Member		Committee Chair		Meeting	City	Rep			
Chair, Scarlet H.	X	Bylaws, Cary H	X	Sun 1:30pm	Stockton	Renè		X	
Vice Chair, Vacant.		Events, Janet M	X	Sun 3:30pm	Sacramento	Rosalie - Sub		X	
Treasurer, Barbara E	X	Zoom, Andrea	X	Sun 4:00pm	Sacramento	Rosalie - Sub		X	
Secretary, Raven Y	X	Speaker List, Dee	X	Sun 6:00pm	Chico	Danielle		X	
				Mon 10:00am	Stockton	Cara		X	
Webmaster, Phil K.	X	Answer Phone, Kathy K.		Mon 12:30pm	Nevada City	Erin G			
R2 Rep, Curt B.	X	Newsletter, Gerri H	X	Mon 1:00pm	Stockton	Mary S.		X	
R2 Rep, Cary H	X	Meeting List, Dawn S	X	Mon 5:30pm	Sacramento	Marian		X	
		Public Outreach, Nancy Mc	X	Mon 5:30pm	North Reno	Diana S.		X	
		Retreat, Jan H	X	Mon 5:30pm	Modesto	Patricia			
WS Del., Judy L.	X	Special Pop Focus, Vacant		Mon 6:30pm	Rancho C.	Lisa			
WS Del., Vacant		Sponsorship, Katherine G.	X	Mon 7:00pm	Yuba City	Angie H			
				Tues 12:00pm	Sacramento	Soliel		X	
				Tues 5:30pm	Davis	Noreen			
				Tues 6:00pm	Chico	Judith		X	
				Tues 7:00pm	Sacramento	Steve		X	
				Wed 9:00am	Stockton	Mary S.		X	
				Wed 10:00am	Stockton	Vacant			
				Wed 10:30am	Sparks	Sherri F		X	
				Wed 5:30pm	Gardnerville	Dee		X	
Guests				Wed 5:30pm	Sacramento	Vacant			
Chandra				Wed 6:00pm	Murphys	Vacant			
Nevada City				Thurs 12:00pm	Sacramento	Michelle		X	
Phoebe				Thurs 3:00pm	Stockton	Mary S.		X	
Rick Z Acting Tahoe Chair				Thurs 6:00pm	Chico	Vacant			
				Thurs 6:00pm	West Sac	Kristen		X	
				Thurs 7:00pm	Shingle Springs	Suzanne		X	
				Fri 12:00pm	Carson City	Vacant			
				Fri 7:00pm	Yuba City	Nici		X	
				Sat 9:00am	Sacramento	Michael L		X	
				Sat 9:00am	Rocklin/Roseville	Cindy		X	
				Sat 9:00am	Folsom	Jan H		X	
				Sat 9:00am	Stockton	Mary S.		X	
				Sat 9:30am	Sparks	Denise			
				Sat 6:00pm	SNL	Nancy			