

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
Tuesday, July 09, 2019
FINAL NM

Location Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

Opening Chair opened the meeting with the serenity prayer at 7:00 p.m. **Susan** read the 12 Traditions.

Call to order Call to order. Voting members in attendance: **8** board + **7** committee chairs + **11** meeting reps. = **27** Guests: **2**

Previous Minutes May 2019 meeting minutes were reviewed. Motion to approve as amended made by **Barbara** and seconded by **Rick** (**17 in favor, 0 opposed, 9 abstain**) Motion passed.

Board Reports

Chair	Nancy Mc	<p>Welcome new IG Reps! Most groups have a 6-month term and you may be the new incoming rep. My goal as chair is to make this a meeting you actually want to go to! Your job as an IG rep is to report what happened at the IG meeting (ie. Pass on any news, flyers, events, and motions) to your home group and present information, problems that your group might be having, or any other topic you would like to discuss. Most importantly, do not forget to HAVE FUN!</p> <p>Group concerns: SVIOA is here for you. We would like for you all to use this platform to express groups news, issues, concerns, and announcements.</p> <p>Reports: Please submit your reports to myself and Stephanie if you will be absent for an IG meeting. For all those present or absent and submitting reports, an email version is always helpful to the secretary so she does not have to re-write it in the minutes.</p>
Vice Chair	Jan H	<ol style="list-style-type: none"> 1. I sent an e-mail to the R2 Intergroups announcing our new Sponsorship: A Getting Started Guide. I attached a PDF of the guide and also provided a link to the SVIOA website. I think it was well received! 2. I e-mailed the R2 Intergroups the Save the Dates flyer that Judy L. provided last month. 3. As reported last month, the Policy and Procedures draft with revisions to the Retreat section has been available for review on our website for a couple of months now. I've not received any

		<p>questions or comments. I will be making a motion to approve the document later this evening.</p> <p>4. The SVIOA Bylaws have been reviewed by the committee as reported last month, and I'll be making a motion later this evening to approve this document.</p> <p>(Please remember that both of these documents are reviewed bi-annually, so nothing in the documents is set in concrete. It's like painting the Golden Gate Bridge. Just when we've finished one pass, we begin the next!)</p>
Secretary	Stephanee	New IG Reps: please let me know who you are so I can print your badges!
Treasurer	Grace	Income expense report handed out. Take note: Majority of the money will be used to pay for retreat expenses. List of contributions (for IG) from meetings will be provided (moved by Judy L Seconded by Susan; Passed 25, 0, 0)
Region 2	Chandra S & Luanne	No Report.... (Judy L): Region 2 conventions booked for the next two years!!
Webmaster	Rene	Please be advised: Turnaround for changes takes 3 days! Please be patient!
WSBC	Barbara	Highly recommend everyone to sign up for the monthly newsletter. WSO is on social media! Expenses are coming up: Translation needed for literature and electronic means of communication between countries. These means of communication are expensive and money is needed. To attempt to lower some burden on WSO, we ask that IG reps make a suggestion in their home meeting: to have additional contribution from meetings either through passing an extra envelope (after 7 th tradition is collected) or sending allotted contribution to WSO <i>(example: \$100 every 2 months)</i>

Committee Reports

Meeting News & Publicity	Laura / Cindy	<p>L: "Meeting Updates" flyer handed out, that has my correct email address. There are FOUR places to update a meeting. Those places are the Valley Voice editor {Laura S.: LauraS.37285@gmail.com}, our Sac Valley webmaster {Rene: webmaster@sacvalleyoa.org}, our Answer Phone chair {Cindy R.'s cell: (916) 599-3425}, and the WSO {https://oa.org, or https://oa.org/groupsservice-bodies/meeting-changes/}.</p> <p>I am working on making sure that the important parts of the listings in the Valley Voice, Sac Valley</p>
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		<p>Website, Sacramento Answer Phone, and the WSO match up. Some of the information on Contacts at the WSO is old. Some addresses don't match. Some times of meetings don't match. It does take a week for updates at the WSO website to go through.</p> <p>I entered the cancellation of the Stockton Saturday 1pm meeting at the WSO website, and that was accepted. That meeting was cancelled effective January 1st.</p> <p>I found out about the cancellation of the Placerville Tuesday 7 pm meeting; seeking to get the Sponsorship Packets to them. I need to finish calling Contacts for meetings that don't regularly send IG reps, to find out any updates.</p> <p>C: (answer phone) events given by Judy L last month are now recorded</p>
Events (<i>Media</i>)	Judy L. & Verna Angela (recording)	<p>J: Flyer for September's Day in OA: Mission Possible handed out. Three speakers for this event in Roseville. Updates to come for Thank-A-Thon and OA Birthday Party.</p> <p>A: No report</p>
Group Support (<i>Speaker List only</i>)	Susan K.	<p>Speaker list is complete. List given out to IG reps to take to meetings. (Secretaries will hold on to confidential list and members can ask to see it if they wish) IG reps: please place flyer in meeting binders so members can sign up to become speakers!</p>
<i>Public Outreach</i>	VACANT	
Retreat	Rick	Retreat is 3 weeks away!
Special Population Focus	Mary / Lori	July 20 th @6:30pm in Stockton there will be a 12-Step within committee meeting to discuss ways our committee can be essential and effective
<i>Sponsorship</i>	VACANT	

Group Concerns and Announcements-

- (Gail) Coins/ Chips available
- New meeting in Davis!- @ Davis Lutheran Church on Tuesdays at 5:30pm. Flyer will be handed next month! IG Resp, Please report back to your home meetings and spread the word.

Continuing Business:

- **Bylaws Committee:**
 - Policies and Procedures:

- A member sent in comments about P&P, but it is not feasible to look them through and make any changes now since we have had the draft up for months
- Motion made by Jan: “Approve the P&P as it exists today with the caveat that the next review committee (in 2020) will receive the comment document and will consider those comments as they review the comments for the next revision” **Seconded by: Gail**
- **Called to question by Mary S**
 - In favor: 21
 - Oppose: 0
 - Abstain: 6
- Motion made by Jan : “I make a motion that we approve bylaws as is”
Seconded by: Barbara
 - Approve: 22
 - Oppose: 0
 - Abstain: 5

New Business:

*Please submit New Business requests via email at any time prior to the monthly IG meeting.
(Motion, 2nd to motion, discussion of 1 minute per person, vote)*

Adjournment

Meeting adjourned at **8:03** PM. Closed by joining hands and reciting the OA promise.

Respectfully Submitted,
Stephane V.
SVIOA Intergroup Secretary