

Overeaters Anonymous of Sacramento, Inc.

Business Meeting Minutes

Tuesday, February 12, 2019

Approved 3/12/19

Location Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

Opening Chair opened the meeting with the serenity prayer at 7:00 p.m. Melissa read the 12 Steps.

Call to order Call to order. Voting members in attendance: 6 board + 5 committee chairs + 13 meeting reps. = **24** Guests: 2

Previous Minutes January 2019 meeting minutes were reviewed. Motion to approve made by Barbara and seconded by Stephanie. 14 approved; 10 abstained. Motion passed.

Board Reports

Chair	Nancy Mc	(1) Changed bank account name to match corporate name. Asked that checks be made payable to Overeaters Anonymous of Sacramento, Inc. (or leave payee blank, and treasurer will stamp it with corporate name.) No name changes required on anything else. (2) Reg 2 Rep, Adrienne, resigned due to health. We wish her well. (3) Read Auditor's report of review of 2018 treasurer's books... "appears to accurately represent the activities of SVIOA." (4) P&P Final Draft can be reviewed on website (Intergroup, Documents, Policy Procedures on left side.)
Vice Chair	Jan H	Is working on getting good contact data from the 35 Intergroups in Region 2.
Secretary	Jan H	Jan brought attention to the new pamphlet given to everyone, entitled, " <u>Where Do I Start?</u> " This replaces the Newcomers packets. Intergroup purchased a supply of 100 (75 left) so groups can purchase from Intergroup or from the OA bookstore.
Treasurer	Grace	Grace provided the following reports: <u>Income & Expense</u> ; <u>Income & Expense Budget Overview (showing the proposed budget for 2019)</u> ; and, <u>Balance Sheet</u> . Grace said there was Income of \$203.10 for 2018. She has received a few large 7th tradition checks from groups in the last couple of weeks.
Region 2	Chandra S	March assembly in Pomona - registration now open. R2 not having convention this year.
Region 2	Luanne	absent
WSBC	Barbara	Barbara prepared a <u>document for IGR's to share with their groups ASAP but not later than 3/3/19</u> , that asks if items should be discussed at the World Service Board Conference.

		The question isn't whether or not we agree or disagree with the meaning, intent/rationale of the item - rather (and only,) should it be discussed. Please pay close attention to the introductory paragraph at the top of page one. When returning the doc to Barb (either via e-mail or text @ 916-203-6025) be sure to include your (IGR) name, and your group info (day/time/location). *Jan will send Word document to IGR's electronically.
WSBC	Vacant	
Webmaster	Rene'	Learning the ropes. Meeting scheduled with web designer, Mary.

Board Vacancy

Nancy called for volunteers to fill the vacant Secretary position. Two individuals stepped up!!! The volunteers excused themselves while a vote took place. Stephanie was selected.

Committee Reports

Bylaws	Nancy Mc	No report
Events	Mary S	59th Birthday party in Sac was GREAT! Mary handed out a copy of the <u>OA Group Inventory</u> and recommended IGR's discuss it with their groups.
Group Support	Vacant	
Meeting News & Publicity	Laura	See Laura's report below.
Public Outreach	Vacant	(Note: Debbie volunteered to fill position; Nancy appointed her after the close of the meeting.)
Retreat	Rick	Rick brought a stack of <u>flyers this year's retreat (Aug 2, 3, 4) for IGR's to make available at their meetings</u> . Hard copy registration will be available, though on-line registration is encouraged. Registrants can pay on-line, \$ goes directly into bank, system generates spreadsheet - very helpful to registration committee. Early bird reservation saves \$20 if paid by May 1!
Special Population Focus	Vacant	*
Sponsorship	Vacant	*

February Meeting News & Publicity OA Intergroup Co-Chair Report

Cindy R. volunteered to Co-Chair this committee and do the Answerphone half right after the January meeting. Thank you, Cindy!

We have a new Contact Person for the Monday evening 5:30 pm commuter meeting at Friends Community Church: Richard, (916) 962-0758. This will be in the March Valley Voice.

The Sunday afternoon 1 pm meeting in Stockton at St. Anne's Episcopal Church was cancelled effective January 1st. I forgot to have it listed as cancelled in the January Valley Voice, and just left it off entirely. I do apologize. I have listed it again in the February Valley Voice, this time as cancelled.

The Retreat is announced on the front page of the February Valley Voice.

Putting in the graph on the last page was quite a bear and kept me busy for some time. Now I have a working copy I can reproduce, and I should be good!

Maybe we should add back the phone numbers of the Intergroup Committee Chairs to the graph on the back page of the Valley Voice? We do have the phone numbers of the Intergroup Board on that graph.

Thank you,

Laura S.

Group Concerns and Announcements

None

Continuing Business

50/50 Raffle- Grace withdrew motion made in November to eliminate 50/50 raffle, and shared a document she prepared entitled, "*Information for the SVIOA Discussion of Raffles at the Tahoe Retreat.*" The doc contains 4 possible alternatives to resolving this issue. Discussion included:

- I think there were only four gift cards raffled last year
- This is not a forever thing - try it this year
- Suggest taking straight donations for scholarships in lieu of the 50/50 raffle
- Survey of last year's retreat attendees reflected 95% enjoyed the raffle. Only 2 people said no.
- Last year was the convention in Sac right before the retreat, so maybe people were feeling burned out on giving (time, energy, and money) by the time the retreat came around.
- Retreat committee is working on Policies and Procedures and will include raffle protocol.

Motion made by Debbie, seconded by Susan to eliminate the 50/50 raffle, and continue getting gifts (gift cards or baskets) from meetings.

6 in favor, 10 opposed, 6 abstained. Motion failed.

Misc - Raffle discussion in full swing at 7:58pm. Nancy asked for group conscience to continue meeting till 8:15pm. Group agreed.

Adjournment

Meeting adjourned at 8:15 p.m. Closed by joining hands and reciting the OA promise.

Respectfully Submitted,

Jan Holm

(916) 616-1466

SVIOA Intergroup Secretary

Legend: **Bold and underlined text** reflects Agenda items; **bold text** is to draw attention for IGR's to announce in meetings; *underlined/italicized text* indicates flyers/hand-outs. * reflects an action item.