

Meeting Minutes

Tuesday, March 13, 2007

Sacramento Valley Intergroup of Overeaters Anonymous

Location: Christ Temple Apostolic Church, 9001 La Riviera Drive, Sacramento.

Conducting: Intergroup Chair; Anna. **Minutes:** Abigail, Intergroup Secretary.

Minutes

Agenda topics

I. Opening 7:00

- A. Serenity Prayer
- B. Reading: 12 Concepts read by Melissa
- C. Introductions & who you represent – 32 present
- D. It was moved by Mariel and seconded by Rosalie to approve the minutes of the February 13, 2007, meeting with corrections. Motion passed

II. Board Reports:

- A. Chairperson – Anna is glad to be back.
- B. Vice Chair – Susan reports that mailings went out.
- C. Secretary – Abigail reports she is passing along inquiries etc. as they come in on email.
- D. Treasurer – Lori submitted the 2007 budget for review and approval. Ian moved and Harry seconded a motion to approve the budget. Motion passed. The monthly budget was submitted with an overage of \$1,487.01 so far this year
- E. Region 2 Representatives – no report.
- F. WSBC Delegates – Rosalie submitted a written report with pre-conference information summarized. The full text is available online. Rosalie is available for discussion and/or questions. Rosalie asks if anyone has been in contact with Julie, who is the second WSBC delegate. Mariel and Rosalie will try to contact.
- G. Webmaster – Ian intends to make an online form for meeting changes. Judy suggests a reminder to inform WSO about any meeting changes could be included.

III. Continuing Business:

- A. Status of Lawsuit – Legal Defense Fund - Mariel expecting to receive official copies of documents filed with Court.
- B. Policies and Procedures Manual Committee – Mariel discussed the reconvening bylaws committee with Anna as ad hoc chair. Mariel moved and Melissa seconded a motion to combine committee addressing Policies and Procedures and Bylaws. Our bylaws are current with WSO, which they need to be in order for delegates to be seated. Committee will incorporate any WSO-required changes before final approval by intergroup. Motion passed with two abstentions. Current bylaws and Policies and Procedures Manual are on our website.
Volunteers for this committee were requested. The intergroup chair, vice chair, World Services and Region 2 delegates are all mandated members of the committee. Cheryl, Weedie, and Mariel volunteered to be members.
- C. Tax Status – no report from WSO or Region 2
- D. Report on February 2007, OA Unity Day – Libby reports it was fabulous. 75 people attended and there were three great speakers. First two speakers were recorded and the cds will be for sale at next intergroup meeting.

IV. New Business:

- A. Survey – Dorothy volunteered last year to conduct a survey on how members came to OA, and to estimate total years of OA membership. She will make up a survey to be available next month to be taken back to groups for information collection. The survey is to be used in decisions about spending money for PI. Ian will put survey form on the intergroup website.
- B. Updating software to QuickBooks Pro – Lori moved and Judy seconded a motion to purchase QuickBooks Pro. The cost will be from \$89 if just an upgrade is needed to \$250 if a full version is needed. Motion passed with one abstention.
- C. Speaker list - Susan has noticed that the speakers list is in the events book at some meetings. Please review at your group that this is for secretary's eyes only. Leann, as new rep, asked for an explanation. There was a suggestion that a note about this go in Valley Voice.

V. Committee Reports

- A. Answer Phone – Cecelia – no report
- B. Designated Down-loader – Libby found on website: the online meeting list; new website for professionals – designed for medical profession; “border guards,” on ways to address disruption; steps for group inventory.
- C. Events – Michelle reports ‘Day in OA’ is scheduled for April 21. Please announce at all meetings. She brought a ‘Day in OA’ Calendar for the rest of the year.
- D. Group Growth – No report
- E. Literature – Rusty reports \$133.85 literature income at Unity Day and \$643.45 tonight, for a total of \$777.30 to deposit. He reports a new CD, a new DVD, a new sponsorship package. The sponsorship pack is the same price as newcomers pack.
- F. Newsletter - Ian reports that events are now and will continue to be listed in the Valley Voice. He asks for articles to be submitted. He still needs some phone numbers for group contacts. The question was raised if we printing enough copies. Ian moved and Michael seconded that we increase the printing run to 800. Some further suggestions were that we take only what we need to avoid waste; that we bring back to intergroup all leftovers to get a visual of how many too many we are taking; that we take leftovers to sites where they might provide public information. Motion passed with two opposed and two abstentions.
- G. OA HOW – Weedie – no report
- H. Public Information – Becky reports that she is linking with the young people chair to reach out to more young people.
- I. Retreat – No report. Rusty mentions that literature needs at the retreat is still an open question.
- J. Speaker List – Harry – Make sure all information, including phone number, is submitted.
- K. 12th Step Within – Melissa is writing an article for April Valley Voice discussing the concept of 12th step within. She is actively recruiting members for committee. June Day In OA is focused on relapse and recovery and Melissa will coordinate with Events Committee.
- L. Media Coordinator - no report
- M. Young People – no report.

VI. Closing: Prayer – 8:13

VII. Next Meeting: April 10, 2007