

# Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

**Tuesday May 8, 2018**

## **LOCATION**

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

## **CALL TO ORDER**

Chair opened the meeting with the serenity prayer at 7:00 p.m. Caryn read the 12 Traditions

Call to order-Voting members in attendance: 8 board + 6 committee chairs + 9 meeting reps. = 23

Non-voting guests: 1

**Previous Minutes** April 2018 Meeting minutes were read and amendments suggested- Motion moved by Judy L to approve as amended, 2<sup>nd</sup> by Barbara- Motion carried unanimously

## **BOARD REPORTS**

**Chair: Christina**

- Passed her report minutes to Judy L for Group Growth

**Vice-Chair: Val**

- Absent and asked secretary to pass the sign-in sheets for each IG rep and board member to provide correct email and contact information

**Secretary: Nancy Mc**

- Gave short presentation on Concept 5-Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered

**Treasurer: Cathy Ann**

- Submitted income/expense report
- The discrepancy with a negative in "Retained Earnings" is still off. Auditor to visit over Memorial day weekend to get it corrected.
- Please pass onto group treasurer to report sales tax and provide copy of invoice  
Barbara motioned to Approve Judy B 2<sup>nd</sup>- motion carried

**Region 2 (R2): Adrienne, Barbara M. and Chandra S.**

- Barbara announced R2 Convention held 29-Jul 1 in Sacramento at Crown Plaza on Madison. This region includes, CA, Mexico, AK, HI with fancy Saturday night banquet, Sunday brunch with speakers. There is now a published sneak peek flyer with workshops, marathon, and special focus meetings. Registration went up to \$55, but in June registration goes up to \$65
- Chandra- introduced the R2 newsletter
- Quilt with saying “Serenity lies beneath”- was displayed for raffle. Jan H to collect silent auction items -needed items: electronics, fit bits, head phones etc. For Boutique items needed are: men/women clothes, items, accessories and hangers
- Volunteers are also need for the convention

#### **World Service: Judy H and Judy B “Highlights from WSO 2018 Convention”**

- 12 Step workbooks 2<sup>nd</sup> Edition coming soon to match new 2<sup>nd</sup> edition 12x12
- WSO appeal letter was read, and Judy L asked if the letter could be distributed to all IG reps and Board members. Nancy Volunteered to distribute via email to all IG members and Board. Discussion around ideas for providing additional funding for WSO: “Gimme 5” additional basket; Auto-reoccurring donations on OA.org website can be set up. Michelle mentioned posting appeals letter in Newsletter.
- Recovery Roadmap- presented at WSO would be a great format for workshop-Judy volunteered to facilitate a workshop if requested.
- Judy H was elected as Trustee and will be stepping down from Intergroup WSO service. There are 10 regional Trustees, 6 gen svc Trustees and 7 Virtual trustees.
- 4 non real-time meetings, creating an intergroup for non-real-time meetings
- 5000 copies of 2<sup>nd</sup> edition 12x12 were sold in first six weeks of sales
- Pamphlets are on readers such as Kindle, Nook etc.

#### **Webmaster: Debbie**

- Web visits: April had 4871 visits 4250 Unique visits
- Valley Voice has its own page with link “Find a Meeting” and “Intergroup”. In the “Find a Meeting” page there is a section to “how to make a meeting change”
- Under “Intergroup” the Trusted Servants listed was removed since same information is under Board Members.
- Logo to be placed on locally produced literature needs to be renewed every two year- someone needs to take on the re-application- Deb will email Christina.
- Need Volunteer to manage email accounts, which entails 1-2 hours 4 times a year.

#### **COMMITTEE REPORTS**

***Note: Please let your meetings know that we have several vacant committee chair openings***

#### **Answer Phone**

Luanne

- all lists have been updated

Events Mary

- Apologized for not attending Day in OA April 28th.

Elections Val

- Need replacement for Judy H which will be stepping down from IG service

Group Growth Judy L.

- Judy mentioned the purpose of group growth but also on OA.ORG the section to prevent relapse. The "Simplicity Project" take a 3x5 cards: write sayings, thoughts, or hope that you may need to remember, laminate and place on carabiner.

Literature Gail

- The plan to buy bulk 2<sup>nd</sup> edition 12X12 was mentioned- so far a few groups have come forward with requests to split cases will address in "continuing business"
- Approved to sell sponsorship packets for \$1 at Day in OA, sold 18 there are 10 left.

Media Angela H.

- Not present but will provide Audio for Day in OA

Newsletter Michelle M.

- Figured out how to provide pdf for Webmaster. New content will be needed after convention since convention news takes up a lot of space in Newsletter

Professional Outreach VACANT Please announce to your groups of openings  
Public Information VACANT

Retreat Darby

- Darby not present but Susan reported-70 people have registered-total attendance is 85-90. Scholarships were asked about- it was reported that Scholarships will be discussed at next committee meeting. 9 requests have been received so far-5 scholarships will be issued. The 2<sup>nd</sup> half will be due by July 1<sup>st</sup>.

Speaker List Susan H

- Lists updated

12th Step Within Ron

- absent

Young People VACANT

- Jennifer maintained position formerly, mentioned her past research on Outreach to professionals to middle school aged children, and Teen-agers, the focus was on Counseling

programs and school districts. Stockton requested a visit to receive presentation on Young people.

Sponsorship                      Vacant

- need chair and committee members

### **GROUP CONCERNS AND ANNOUNCEMENTS-**

Sutter Pavilion 4pm Sunday meeting- in order to further the Sponsorship commitment, it was mentioned that every meeting has 3 months with 5 weeks, on the 5<sup>th</sup> meeting of these 3 months- suspend the regular topic and have a sponsorship focus meeting. Another action this meeting is taking is starting informal 30-minute new comers meetings at 3:30pm

### **CONTINUING BUSINESS**

1. ADHOC By-Laws committee \_ Ian Mc- No committee action has commenced looking for more volunteers
2. Literature: Gail received requests from groups to order the 2<sup>nd</sup> edition 12x12. Motion made to buy 2 boxes of 24 Judy H 2<sup>nd</sup> the motion. There are 42 books pre-ordered and 48 in 2 cases. Motion carried. Gail will contact meetings with preorders to get the books delivered.
3. Order/provide literature at R2 convention-moved to June IG Business meeting

### **NEW BUSINESS**

Public information on OA Web Intergroup site- Debbie-Web master will bring content to June meeting for approval

### **ADJOURNMENT**

Meeting adjourned at 8:00 p.m. Closed by joining hands and reciting the Unity Prayer.

Respectfully Submitted

Nancy McOwen

916-698-0541

SVIOA Intergroup Secretary