

Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

Tuesday March 13th 2018

LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

CALL TO ORDER

Chair opened the meeting with the serenity prayer at 7:03 p.m. with Serenity Prayer.
Ron read the 12 Traditions

Call to order-Voting members in attendance: 8 board + 6 committee chairs + 10 meeting reps. = 24
Non-voting guests: 1

Previous Minutes Feb 13 2018 Meeting minutes were read and amended: Motion moved by Angela to approve as amended, 2nd by Gail. Motion carried unanimously

BOARD REPORTS

Chair: Christina

- In car accident, and not able to attend

Vice-Chair: Val

- Sign -in Sheets -passed around for each IG rep and board member to provide correct email and contact information
- Member brought to Val's attention the oversight in the "Suggestions for Meetings" document that stated "Abstinence as Primary Purpose Intergroup Focus". Val changed the document to state simply "Abstinence"-- this corrected version is posted on website.

Secretary: Nancy Mc

- Asked that Nancy Mc -SVIOA secretary be placed on Agenda instead of Grace

Treasurer: Cathy Ann

- Revised donation form with decrease in sales tax was provided to each in attendance, Cathy asked we share this with our group treasurers. It was suggested the groups use this form and separate out the sales tax from the donation amounts
- Profit/Loss, Balance sheet, Income and Expense was provided for Jan-present.
- The Profit & Loss report was amended for 2017.
- Sales taxes files, Audit completed and provided to Web master for publication on Valley Voice Jan.

- 2018 Budget revisions:
 - a) increase in bank charges-ordered checks and deposit slips
 - b) Increase in R2 expense
 - c) Eliminated software charges
 - d) Lowered Valley Voice charges due to printing costing less
- Expenses minus literature and retreat expenses = 25% 3197.35 75% 9592.07
- Ruth Motioned we accept budget revisions as described and noted-Judy H 2nd and motion carried

Region 2 (R2): Adrienne, Barbara M. and Chandra S.

- Assembly is being held in April 13-14 in Sacramento at Crown Plaza on Madison (same hotel as convention) and open to all members. Region 2 has 3 representatives=Barbara, Chandra and Adrienne. Saturday is business meeting has a lot of items on the agenda. The convention committee will perform their song Saturday to the assembly. All are welcome and encouraged to attend-there is no admission charges unless you elect to have Saturday luncheon with speaker, then an additional \$29 is required

World Service: Judy H Judy B

- Judy H serves on Literature committee and there are several literature projects pending. Due to a flight that allows no charge for baggage- she can pick up literature from WSO, and use a 2nd piece of luggage, if orders are placed in advance.

Webmaster: Debbie

- Web visits:
 - Dec 2017 there were 4720 visits- 4544 the average per week 1180-1136
 - Jan 2018 there were 5118 visits- Unique=4817 the average per week= 1279-1204
 - Feb 2018 there were 6130 visits – Unique =5755 the average per week= 1532-1488
- Annual Big Book Study is May 18-20, 2018 the Webcast is done by the Great White North Winnipeg and the Garden State New Jersey. The link to join the Webcast will be posted on the SVIOA website under “News”
- Debbie received an email from a member in Monterey that was contacted by a disabled man in Sacramento with limited transportation. He is looking for help and a sponsor-if you are a man and willing to help-please contact Debbie via email or see after the meeting.
- New electronic copy of the Newsletter, Debbie needs help in managing the email addresses for the newsletter mailings.
- Posted a new Lifeline Article on Step 3

COMMITTEE REPORTS

Note: Please let your meetings know that we have several vacant committee chair openings

Answer Phone

- Luanne-all lists have been updated

Events

- No report

Elections

Val

- These Committee needs to be deleted until election later in 4th quarter

Group Growth

Judy L.

- Absent

Literature

Gail

- The 2nd edition of Overeaters Anonymous 12& 12 is printed and ready for purchase. To order visit: bookstore.oa.org
- The single to three copies costs of the new 12&12 is \$15.00 each Shipping and tax varies. The bulk (box) amount is \$337.50, plus \$40.50 for shipping, and \$27.84 for tax making the unit cost \$13.50
- Gail will look into ordering in bulk for groups that may be interested in splitting the box/bulk costs-This will be placed on next month's agenda for discussion. No matching workbook is available.
- The book "A New Beginning" is available through Amazon, Kindle, Apple iBooks, and Barnes & Noble Nook
- A Literature "display only" will be at Day in OA

Media

Angela H.

- Will be at Day in OA April 28th

Newsletter

Michelle M.

- Was notified the printing office will be closed 2 days in June.

Professional Outreach

VACANT

Public Information

VACANT

Retreat

Darby

- 26 people have registered so far

Speaker List

Susan H

- List has been updated, it is not published publicly- Susan H can provide privately to those who request it.

12th Step Within

Ron

- Is taking suggestions and learning about this position

Young People

Jenny P.

- Absent- this position appears to be vacant since no one has attended in several months

GROUP CONCERNS AND ANNOUNCEMENTS

1. R2 convention entertainment Friday night "Sound of Recovery"
 - Rehearsals Start Sunday April 8th from 5pm-8pm at Sutter Buhler Pavilion in classroom #1 on the ground floor.
 - Address 2800 L street Sacramento, Ca 95816
 - Flyer posted on web site with all information
2. Need donations for Boutique at R2 Convention including coat hangers
3. Group email to be sent out about combining efforts to order 2nd edition 12&12 in bulk for groups to split

CONTINUING BUSINESS

1. BY LAWS COMMITTEE REPORT ****tabled until April**** Ad hoc committee
2. Intergroup Meeting time/location change ****tabled until April**** Adrienne

Adrienne moved to consider changing the day, time, and or location of the IG meeting – to be discussed in April

3. Physical Contact at Meetings Rosalie

Rosalie gave 5-minute report about Physical Contact with new members at OA meetings:

This issue was brought up by the Monday 5:30pm commuter meeting. She noted that her Monday night group had it as a topic for discussion at their November 20th meeting. The status was awaiting intergroup to come out with guidelines regarding physical contact at meetings.

Discussion-

- Eye opening report, after reading and studying Tradition 4 and 10 had strong sense this appears to be a cultural and historical process within the Monday night 5:30pm commuter meeting-therefore due to group autonomy no IG intervention is required.
- There is no evidence of this behavior to be "formalized" in meetings, and no OA/WSO meeting script mentioning this.
- Suggested that April IG meeting allocate some time for education on this subject, and also to bring this up as a topic of discussion in your home group.
- Member stated there is no mention of hugging in our literature
- It was noted there is a pamphlet entitled "Together We can" that mentions hugging.
- Encouragement given that people to expand their own recovery by setting boundaries regarding physical contact.

Barbara M motioned "Intergroup take no action to stay in alignment with Tradition 4 regarding group Autonomy" it was seconded by Ruth M

Ruth called the question- 15 for, 2 opposed, 3 abstentions-Motion carried

NEW BUSINESS

- Ordering the 2nd edition of the new 12&12 in bulk for groups that may be interested in splitting the box/bulk costs- In the interest of time- This will be placed on April IG meeting agenda for discussion

ADJOURNMENT

Meeting adjourned at 8:06 p.m. Closed by joining hands and reciting the Unity Prayer.

Respectfully Submitted

Nancy McOwen

916-698-0541

SVIOA Intergroup Secretary