

# Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

**May 9, 2017**

## LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

## CALL TO ORDER

Rick Z. opened the meeting at 7:04 p.m.

Voting members in attendance: 8 board + 6 committee chairs + 6 meeting reps. = 22

Non-voting guests: 0

*Note:* Motions are **bolded**.

## PREVIOUS MINUTES

**Janet moved to approve the April 11, 2017, minutes; Susan H. seconded; motion carried.**

## BOARD REPORTS

**Chair:** ~~Joe Z.~~ **Rick Z.**

- Rick Z. announced that Joe Z. had stepped down from the chair position, reassuring all that nothing is wrong with Joe or his family, it was just a personal choice at this time and he is still strongly committed to his program.
- Prior to the start of this meeting, the Board met briefly and unanimously appointed Rick Z. as interim chair to fill out the remainder of Joe's term, which ends in December 2017.

**Vice-Chair:** **Val** No Report

**Secretary:** **Grace A.** No Report

**Treasurer:** **Cathy Ann** Absent

- Cathy Ann wasn't able to be at the meeting, so the financial reports will be discussed and voted on at the June meeting.

**Region 2 (R2):** **Scott B., Barbara M., and Chandra S.**

- Barbara passed the poster that she had printed at IG's request. She would like it posted broadly (gyms, churches, etc.) and noted that R2 would like to keep track of where it is posted. Judy H. has labels with contact info for SVIOA and will give them to Barbara to be put on the posters.
  - Contact Barbara if you would like to take posters for distribution. Barbara asks anyone who would like to distribute posters keep

track of where they put the posters and email or phone her with that information.

- Barbara affirmed that any posters that are not able to be posted can and should be returned to her so they can be posted elsewhere.
- Val suggested that everyone talk about the poster distribution at meetings so that they can be posted as widely as possible. Val will also email the IG Reps a link to WS where the posters can be purchased.
- Barbara noted that R2 is also reaching out to the bariatric community to offer OA as a potential support network for pre- and post-operative patients. To this end, she purchased several pamphlets for distribution to medical professionals, within the \$45 limit that IG had allocated at the April meeting.
  - Gail noted that there were official packets designed for medical professionals. Judy said she would contact Libby, the previous professional outreach chair, to get any packets that she has.

**World Service: Judy H. and Judy B.**

- Judy H. distributed a report on the WS conference that she and Judy B. had just attended. Some things to note:
  - The literature committee she is on is updating some documents and a new version of the OA 12 & 12 was approved.
  - “Sponsorship Day” was declared and will be held annually on the 3<sup>rd</sup> Saturday in August.

**Webmaster: Debbie**

- Debbie has posted and updated many things on the website, including changing the email addresses to non-linked text, per the April IG meeting.
- She researched the visitor reports and found that the count reports are weekly, so she added the numbers for April and there were 5,427 visits with 5,102 unique visitors.
- Debbie spoke with the Yuba City meeting contact and found out that they are not in SVIOA but are in the Red Bluff intergroup. Debbie asked if we should keep them on our lists or not. **Wendy moved that they stay on our lists; Debbie seconded; motion carried.**

**COMMITTEE REPORTS**

***Note: Please let your meetings know that we have several vacant committee chair openings***

**Answer Phone**

Wendy H.

- Wendy is still working on proposals for ways to improve the answer phone service.

Designated Downloader      VACANT

- Rick asked that this vacancy be mentioned at the individual meetings to see if someone is interested.

Events                                  Sharon L.

- Sharon said that she would like to add a blurb to the Valley Voice on what events can do. She will put together a specific proposal for the June meeting.

Elections                                  Val                                  No report

Group Growth                          Judy L.

- Judy mentioned the Yuba City meeting wants our support, if people can attend the meeting or offer to speak there.

Literature                                  Gail                                  Absent

- Gail noted that the crates of literature are dwindling so we are making good progress on the sell-down.
- The traveling box will be at the 5/13 Day in OA. Any feedback on it is welcome.

Media    Angela H.                          Absent

Newsletter                                  Susan H.

- Susan noted that she will now distribute the Valley Voice draft for corrections via email.

OA HOW                                  Holli E./Janet                      Absent

- Janet will be covering the OA HOW committee until the fall, when Holli can return.

Professional Outreach                  VACANT

Public Information                          VACANT

Retreat    Darby                                  Absent

- Judy L. requested that the meetings not use 7<sup>th</sup> Tradition monies for gift card donations but rather pass a separate donation basket.
- The retreat is full but there is only 1 person on the wait list, so people are encouraged to send in applications because there are always a few people from the waitlist who are able to be accommodated due to cancellations.

Speaker List                                  Jan FH.                                  Absent

- Judy L. is working with Jan FH. to update the speaker list.

12<sup>th</sup> Step Within                          Jill and Ron                          Absent

Young People                                  Jenny P.                                  Absent

## **GROUP CONCERNS AND ANNOUNCEMENTS**

### **CONTINUING BUSINESS**

#### 1. Ongoing Committee Work Rick

- Rick handed out a list of the three groups, with contact information and the results of the brainstorming. He asked that people review the lists and we will start working on it next month.

### **NEW BUSINESS**

### **ADJOURNMENT**

Meeting adjourned at 8:01 p.m. Closed by joining hands and reciting the Unity Prayer.

Minutes recorded by Grace A., secretary.