

# Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

**April 11, 2017**

## LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

## CALL TO ORDER

Joe Z. opened the meeting at 7:00 p.m. with a moment of stillness followed by the Serenity Prayer.

Voting members in attendance: 6 board + 3 committee chairs + 5 meeting reps. = 14

Non-voting guests: 0

*Note:* Motions are **bolded**.

## PREVIOUS MINUTES

**Angela moved to approve the March 14, 2017, minutes; Carmen seconded; motion carried.**

## BOARD REPORTS

**Chair: Joe Z.**

- Joe shared that the R2 Convention will be held in Sacramento in 2018. Volunteers are needed. If you are interested and able to volunteer, reach out to Michelle K.
- Joe signed SVIOA up with the 211 information line for referrals about food addiction.

**Vice-Chair: Val** No Report

**Secretary: Grace A.** No Report

**Treasurer: Cathy Ann**

- Cathy Ann distributed the financial report and noted she recently received deposits for the retreat, which is why the income and balances are high. **Susan H. moved to approve the report; Steve seconded; motion carried.**

**Region 2 (R2): Scott B., Barbara M., and Chandra S.**

- Chandra went to the R2 Assembly and submitted Barbara M's report on the Public Information Committee. They are working on several initiatives, including:
  - Reaching out to the bariatric community to suggest OA as a complementary resource for pre- and post-operative patients
  - Getting the OA name in the public by distributing and posting flyers. She requested \$45 from SVIOA to get 120 posters printed.

**Cathy Ann moved to give \$45 to print the posters and bring them to the next Intergroup (IG) meeting for distribution; Judy H. seconded; motion carried.**

- Chandra then shared her report from the Assembly:
  - She worked on the 12<sup>th</sup> Step Within Committee, which recommended updating the R2 speakers list and asking them to speak on 12<sup>th</sup> Step Within. They will be making flyers for December 12<sup>th</sup>. Relapse packets will be handed out in June.
  - She noted that it is better to send R2 donations by check instead of by credit card, because it eliminates the fee paid to the credit card companies so more money goes to the organization. Include a self-addressed stamped envelope if you need a receipt.
  - If you have any events coming up, send flyers to Rick for publication at the R2 level.
- R2 Convention is on June 9-11 in Costa Mesa, CA  
Everyone is encouraged to register and attend. Chandra distributed postcards for people to volunteer to help at the convention.
  - If you are booking rooms, do it on the website to get the discount.
  - R2 Representatives need to register ASAP
  - You can donate items for a silent auction

**World Service: Judy H. and Judy B. No Report**

**Webmaster: Debbie**

- Debbie noted that the numbers she's been reporting may be weekly rather than monthly visits; she is going to research and verify. The numbers she had with dates of 4/5-4/11 are 1226 visits.
- New items have been added, including links to OA official Facebook pages.
- There is a lot of spam coming to the email addresses. **At Debbie's recommendation, Grace moved try to reduce spam by changing the active hyperlinks for email addresses on the website to non-hyperlinked text; Carmen seconded; motion carried.**
- Steve suggested that group emails have "OA" in the subject line to make them more recognizable and less likely to be deleted.

## **COMMITTEE REPORTS**

***Note: Please let your meetings know that we have several vacant committee chair openings***

<u>Answer Phone</u>	Wendy H.	Absent
<u>Designated Downloader</u>	VACANT	
<u>Events</u>	Sharon L.	

- Sharon will report in May. She requests 2-3 members to be on the Events Committee to work with her.

- Angela shared the flyers for the Day in OA that is on May 13. She asked all the IG Reps. to take flyers to share at their meetings.
- Joe asked, “What is the purpose of the sign-in sheet at a Day in OA?” Discussion followed, noting:
  - Signing in becomes a bottleneck as people arrive
  - No use is made of the information after the event
  - Angela suggested an alternative of passing a clipboard around during the event for people to add their contact information and then that information would be compiled and emailed after the event to those who opted in.

Elections Val No report

Group Growth Judy L.

- Judy mentioned that she appreciated Cathy Ann’s efforts to get insurance information for a new meeting.
- She spoke with someone who needs a sponsor and the meeting pulled together to find sponsors and general support for that person.
- The Friday 7 p.m. meeting in Yuba City is lacking sponsors and would appreciate any support that people can give.

Literature Gail Absent

Media Angela H. No Report

Newsletter Susan H. No Report

OA HOW Holli E. Absent

Professional Outreach VACANT

Public Information VACANT

Retreat Darby Absent

- Judy L. reported that there were 20 spots left out of 80 total. The early-bird pricing expires on May 1.
- It was noted that gift card donations must be purchased with money separate from the 7<sup>th</sup> Tradition donations, because the gift cards go to individuals, not the organization.

Speaker List Jan FH. Absent

- Several people noted that they were not getting responses when inquiring about the Speaker List or had received old versions. Carmen mentioned that it says in the Policies and Procedures that the list gets updated and distributed every 6 months.
- It was noted that meetings need new speakers.

12<sup>th</sup> Step Within Jill and Ron Absent

Young People Jenny P. Absent

**GROUP CONCERNS AND ANNOUNCEMENTS**

## **CONTINUING BUSINESS**

1. Ongoing Committee Work Joe
  - This was tabled until May, due to low attendance.

## **NEW BUSINESS**

## **ADJOURNMENT**

Meeting adjourned at 7:50 p.m. Closed by joining hands and reciting the Unity Prayer.

Minutes recorded by Grace A., secretary.