

Sacramento Valley Intergroup Overeaters Anonymous (SVIOA) Business Meeting Minutes

January 10, 2017

LOCATION

Christ Temple Apostolic Church, 9001 La Riviera Dr. Sacramento, CA

CALL TO ORDER

Joe Z. opened the meeting at 7:00 p.m. with a moment of stillness followed by the Serenity Prayer.

Voting members in attendance: 8 board + 2 committee chairs + 6 meeting reps. = 16

Note: Motions are **bolded**.

PREVIOUS MINUTES

Steve moved to approve the Dec. 13, 2016 minutes; Barbara seconded; motion carried.

BOARD REPORTS

Chair: Joe Z. No Report

Vice-Chair: Val

- Val passed the sign-in sheet, requesting that everyone supply their phone numbers and email addresses.

Secretary: Grace A. No Report

Treasurer: Cathy Ann

- Cathy Ann thanked Donna for her service and her help in transition of service and distributed copies of the written report. Net income for December was -\$1,011.85 but the overall income for the year was as expected.
 - **Judy B. moved to approve the report; Barbara seconded; motion carried.**
- Cathy Ann asked that discussing donations to World Service and Region 2 be added to the agenda for the Feb. meeting.
- She and Donna reviewed moving to QuickBooks online and determined that it was not workable, so she proposed buying QuickBooks software for \$220. **Steve moved to approve \$220 for purchase of a 3-year license for QuickBooks; Val seconded; motion carried.**

Region 2: Scott B. and Barbara M.

- Barbara stated that Scott is on the R2 Young Persons committee and they are working on developing several things at the region level.

- It was confirmed that Barbara could arrange her travel for the spring R2 assembly now.
- Joe mentioned that there is a third position for our IG at R2 and said that Chandra had volunteered. Chandra spoke briefly, saying that she was interested in moving into the next level of service. Joe stated that, in order for Chandra to serve, there would need to be an exception made to the requirement that she have been serving at IG for 2 years; she has only been in IG for 1 year. **Wendy moved that IG make an exception to the by-laws and allow Chandra to serve; Steve seconded; motion carried.**

World Service: Judy H. and Judy B.

- Judy H. shared that she has the proposals for topics to be discussed at the 2017 WS conference. She will send them to Val, who will email them out the IG Reps. These proposals need to be distributed and voted on by meetings and returned to IG by the Feb. 14 meeting. Note that this vote is to discuss them at WS, not to approve the proposals.

Webmaster: Debbie Absent

- Debbie reported that the website had 1428 visits, 1300 unique. She has also sent out the newsletter.
- She completed the email setup for the new board and committee chairs and asked that they let her know if they aren't getting the emails. Donna suggested people check their spam folders, as they might be getting automatically put there by their email service.
- The Saturday Night Live meeting has closed.
- Debbie mentioned that she hasn't received the last few meeting minutes to be posted to the website. Grace apologized and said she would send them with the Dec. minutes.

COMMITTEE REPORTS

Note: Please let your meetings know that we have several vacant committee chair openings

Answer Phone Wendy H. No report

Designated Downloader ~~Karin H.~~

- Joe stated that Karin H. is stepping down, so this position is vacant and a volunteer is needed.

Events Sharon L. Absent

Elections Val No report

Group Growth Judy L. Absent

Literature Gail Absent

Media Angela H. No Report

Newsletter Susan H. Absent

OA HOW Holli E. Absent

Professional Outreach VACANT

<u>Public Information</u>	VACANT	
<u>Retreat</u>	Michelle W.	Absent
<u>Speaker List</u>	Jan FH.	No Report
<u>12th Step Within</u>	Jill and Ron	Absent
<u>Young People</u>	Jenny P.	Absent

GROUP CONCERNS AND ANNOUNCEMENTS

CONTINUING BUSINESS

1. Discussion on change to committee structures to mirror WSO process Joe
 - Joe outlined his process to use to identify areas to focus on. The group would brainstorm ideas, then everyone would vote on their top 3 choices and the votes tallied. After the votes were tallied, Joe asked people to put their name next to one of the top vote-getters to volunteer to work on that area. The results are listed below.

Concept	Vote Tally	Volunteers
Focus/Abstinence as Primary Purpose	11	Angela Sara V. Judy H. Wendy H.
Newcomer Retention Strategies	6	Rick Debbie C.
Sponsorship focus/Day in OA – Best Practices of Sponsorship	6	Joe Judy B. Barb M. Grace
Day in OA-Spiritual Principles	5	Chandra
Big Book Intensive/Saturday 12-Step Intensive	4	Steve E.
Big Book Study	4	Jan Val Helen
Focus on Young People – Outreach	3	
Outreach – getting OA name out into community (e.g., health fairs, heart walks)	3	Cathy Ann
Share the Message: Not the Mess	3	
Anorexic/Bulemic-outreach	2	
Day in OA on Prayer/Meditation	1	
How to participate in telephone meetings and online meetings	1	
Outreach to those who need to lose 100 lbs or more	1	
Reaching out to Diversity in Communication	1	

Concept	Vote Tally	Volunteers
Day in OA – Traditions	0	
Day in OA on Steps 6 & 7	0	
Do workshop for medical/professional outreach (CEU?)	0	
Fourth Step Inventory/Steps 3, 4, 9, & 11 focus	0	
Growing OA Unity world wide	0	
Increase involvement in intergroup	0	
Look at SVIOA committee consolidation	0	
Nursing School outreach	0	
Reach out to Bariatric Medical Community	0	
What does “WE” mean in OA?	0	

NEW BUSINESS

ADJOURNMENT

Meeting adjourned at 8:00 PM. Closed by joining hands and reciting the Unity Prayer.

Minutes recorded by Grace A., secretary.