

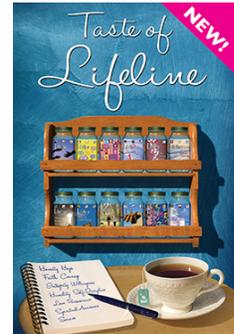
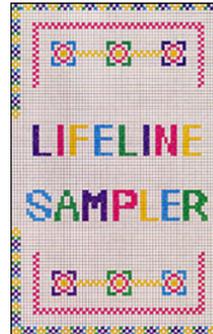
Exploring OA Literature

Literature is one of the nine tools that support the OA program. For many years, the Sacramento Valley Intergroup has stocked and sold literature (*including chips*) for the convenience of local meetings. We are currently selling our remaining stock. Some popular books are already out of stock and we appreciate you checking our inventory before ordering from oa.org. There is a link to our current inventory in the “Resources” list on the SVIOA website homepage. You can also contact Gail at oaliterature@sacvalleyoa.org.

Book(s)-of-the-Month:

- [Literature Sampler](#)
- [Taste of Lifeline](#)

OA publishes a number of books that are collections of articles published in the Lifeline magazine. Some focus on a specific topic. These two cover a wide variety of issues that can be “just what I need to hear” on a given day. They are available for purchase at the monthly Intergroup meeting.



Does your meeting offer these packets?

- Sponsorship Kit
- Anorexia and Bulimia

These packets are available for purchase at the monthly Intergroup meeting. (Newcomer packets, too!)



Does your meeting offer these pamphlets?

- **A Commitment to Abstinence**
- **A Common Solution: Diversity in Recovery**
- **A Plan of Eating** (in Newcomers Packet)
- **The Tools of Recovery** (in Newcomers Packet)
- **Before You Take That First Compulsive Bite, Remember...**
- **Dignity of Choice** (in Newcomers Packet)
- **Maintaining a Healthy Weight**
- **Members in Relapse**
- **What If I Don't Believe in God?**
- **A Guide for Sponsors**
- **Sponsoring Through the Twelve Steps** (sorry, we're out of this one)
- **Welcome Back**

These “Working the Program” pamphlets are available for purchase at the monthly Intergroup meeting. Many meetings then offer pamphlets free of charge to members if their 7th Tradition funds can support that service.

PACKET CONTENTS

SPONSORSHIP	ANOREXIA/BULIMIA
Pamphlet: Tools of Recovery	Pamphlet: OA Members Come in All Sizes
Pamphlet: Sponsoring through the 12 Steps	Card: Many Symptoms, One Solution
Pamphlet: A Guide for Sponsors	Printout: Anorexia and Bulimia
Printout: Working with Others	
Printout: Celebrating Sponsorship	

