

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**June 8, 2021**  
*Draft rmk*

**Location:** Via Zoom

**Opening:** Vice-Chair Grace filled in for Chair Jan and led the meeting. She opened and called the meeting to order at 7:01pm. Noreen recited the Serenity Prayer. The 12 Traditions were read by Valorie.

**Roll Call:** See participant list below.

- Quorum met

**Previous Minutes:** The May 2021 meeting minutes were reviewed.

- Barbara M moved to approve minutes; Scarlet seconded. Motion approved.

**Treasurer's Report:**

- Joel presented monthly treasurer reports. Michelle moved to approve; Dawn seconded. Motion approved.

**Information Sharing:**

- Previously Vacant SVIOA Positions
  - Special Population Focus Chair – Filled! Thank you, Kim CM
- Upcoming Events (w/in next 30-60 days):
  - a. BREAKING THROUGH BARRIERS TO SPIRITUAL GROWTH – JUNE 19, 2021  
10:30am – Noon
  - b. 2021 Region 2 Virtual Convention: “The Keys to Recovery” – July 9-11, 2021, hosted by the San Diego County Intergroup. New this year: Simultaneous Spanish translation and closed captioning available.
- Other
  - a. OA R2 Diversity Community Awareness Survey (Jennifer M)

**Group News or Announcements:**

Returning to in-person meetings:

- Anne W: Sacramento noon starting to July 1<sup>st</sup>, will be resuming in person meetings.
- Grace: As you start meeting in person again, please check with Grace or Joel about insurance liability if your group needs it.
- Question: As meetings start in person, who do they notify?
  - Marganne: Need to go through national website, then contact Gerri as she is the Meeting List chair. Gerri will distribute the rest as needed.
- Bonnie: Roseville/Rocklin Saturday morning. Would it be possible for IG to hold a workshop on hybrid meetings?
  - Marganne: Just attended workshop with Claire from Nassau County, New York who is on top of this stuff. Marganne will post her contact information in the chat.
- Grace: We also have a document from Nassau intergroup that they put together. We will be modifying it to adapt it for us.

Mary – Stockton has a new 9am Wednesday morning focused on prayer and meditation. It is going to remain virtual. Have had people from all over the world drop in.

## **Board and Committee Reports:**

**Chair Report:** Jan (absent)

**Vice Chair:** Grace (no announcements)

**Webmaster:** Marganne (no announcements)

**World Service:** Barbara M., Michelle K

- OA.org has added the revised Abstinence & Recovery Policy to all suggested meeting formats.
- OA World Service Convention is in Orlando, Florida August 26-28. The early bird registration \$119 ends June 11; goes to \$150 after June 11.

**Public Outreach:** Holly

- Has been attending the R2 Public Outreach meetings. Please go back to your groups and get volunteers for the local Public Outreach committee!

**Events:** Tiffany

- Recovery of the Body, Mind, and Spirit was very well attended with 88 people from all over the country!
- On Saturday, June 19 from 10:30 – noon, the Modesto Meeting is sponsoring an event called: **Breaking Through Barriers to Spiritual Growth: Enhancing our 11th Step Practices**. Two speakers, small group sharing. The flyer and zoom information for the June event will be on the website soon!
- There will be no local event in July, but the R2 Virtual Convention is happening! See Information above.
- The Tuesday noon group has volunteered to host the August Day in OA! **Recovery Roadmap Workshop** will feature 3 speakers, writing activities, and open sharing. Saturday, August 21 from 10:30am to 1:30pm.

## **Meeting News and Publicity**

**Valley Voice:** Gerri

- The June issue contained a typo in the Announcements for the Sat June 19 Day in OA. The start time was listed incorrectly. However, the flyer information on Page 1 is correct.

**Meeting List:** Gerri

- STOCKTON: The 12 noon meeting is splitting into Zoom + face-to face. The face-to-face meeting will take place at noon, and the Zoom meeting has opened a new WSO virtual meeting at 1:00 p.m.
- THURS NOON: The Thurs downtown Sacramento noon Steps & Traditions meeting is going back to face-to-face starting July 1.

**Region 2:** Curt B., Kathryn K., and Nancy Mc.

- Curt reported that Public Relations had their monthly meeting and had a therapist who spoke about the negative feedback from dietitians and others about 12 step groups.

They are reaching out to therapists who do refer people to 12 step programs to thank them.

- Kathryn – Committee did not meet this month.

### **Continuing Business:**

- None

### **New Business:**

- Issues regarding one of the speakers at the May 22 Day in OA
  - Tiffany provided a summary of the issues that occurred with one of the speakers at the May 21<sup>st</sup> Zoom Day in OA. When he spoke, he identified as a member of AA, not OA, and spoke almost exclusively about the AA Big Book. He also displayed an image of the book he wrote.
    - Tiffany received many concerns from OA members who attended the event. She shared the steps the Events Committee will take to avoid this situation in the future.
    - She thanked the group that worked hard on this event.
  - Grace: Jan considered Traditions 1, 3, 6, 8, and 10 and, in consultation with the Events Chair and other local long-time members, made the decision not to post the recording of this particular speaker on the website.
  - Discussion:
    - Rosalie: Thanked Tiffany. She stated that this has happened before at in-person events because we don't have a process for vetting a speaker for an OA event. She sent a document for that to Intergroup a few years ago for inclusion in the Bylaws. She doesn't know if anything was done about adopting her suggestions.
      - Grace requested a copy of that document, as Bylaws revisions are happening this year so this is a great time to bring it up.
      - Nancy said that it was included in the bylaws in 2018 as an action item.
      - *Note: Jan reported after the meeting that the revision was made and is in the currently approved (2019) version of Policy & Procedures document.*
    - Rosalie added that at R2 and other events at that level, speakers are required to sign a document saying that they will honor the Traditions and identify only as a member of OA.
    - Michelle: Stated that she has had a lot of experience getting hundreds of speakers for conventions. It is hard to vet every single speaker and we cannot control what comes out of someone else's mouth. Said that she has never seen that document signed by speakers at a convention. Said that we are not employees; we are trusted servants and we do our best.

**Adjourned at 8:02pm with Barbara reading the OA Promise and Responsibility Pledge followed by recitation of the Closing Prayer.**

**INTERGROUP ATTENDANCE 6/8/2021**

<b>Board</b>	<b>Committee Chairs</b>	<b>Reps</b>	<b>Meetings</b>	<b>Visitors</b>
Chair: x	Phil K	Cary	Monday: Modesto	Christina M
Vice Chair: Grace	Cary	Noreen	Monday: East Sac	Jennifer
Treasurer: Joel	Holly		Monday: Roseville	
Secretary: Robyn	Gerri	Laura	Monday: Rancho	Jane F
Webmaster: Marganne	Tiffany	Chandra	Monday: Nevada City	
WS Delegates: Barbara M, Michelle K	Kim CM	Beth	Tuesday: Davis	
R2 Reps: Curt, Nancy, Katherine	Dawn		Tuesday: Chico	
		Caryn	Tuesday: Folsom	
		Valorie	Tuesday: Sac noon	
		Katherine	Tuesday: Fairfield	
		Holly	Wednesday: Sac 5:30	
		Ann W	Thursday: Sac noon	
			Thursday: Chico	
		Scarlet	Thursday: West Sac	
		Bree	Thursday: Fairfield	
		Christina H	Friday: Sac 5:30	
		Emily	Saturday: Sutter	
		Bonnie	Saturday: Rocklin	
		Glenda	Saturday: Folsom	
		Beth	Sunday: Chico	
		Rosalie	Sunday: Sutter	
		Mary S	Stockton (all mtgs)	
			Stockton Spanish	