

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
February 9, 2021
Approved 3.9.2021

Location: Zoom meeting (virtual meeting due to corona virus shelter-in-place guidelines)

Opening: Chair opened the meeting, and Christine read the the Serenity Prayer at 7pm. The 12 Steps were read by Nancy S.

Call to Order: Call to order.

Roll Call: *See participant list below.*

- Quorum met

Previous Minutes: The January 2021 meeting minutes were reviewed.

- Grace moved to approve minutes; Barbara seconded.
- Minutes were approved by majority vote

Treasurer's Report:

- Final 2020 report was presented. Joel read Annual Review Letter that stated the reviewer found the taxes paid, excess funds were expected to be distributed in 2021 per Bylaws, and the accounting accurately reflected the activities of SVIOA.
 - Motion to accept was made by Barbara. Seconded by Nancy Mc.
 - Report was accepted by majority vote.
- January 2021 report was presented.
 - Motion to accept was made by Nancy Mc. Seconded by Emily.
 - Report was accepted by majority vote.
- 2021 budget was presented.
 - Q: Will expanded zoom budget allow for additional meeting using the SVIOA zoom account?
 - A: If you know of a meeting that wants to use the SVIOA account, let Phil know. There are currently three meetings that we know want to use the SVIOA account, but the time slots are currently used by other meetings. Phil will report to the board and the board will do a cost/benefit analysis of purchasing another zoom account to accommodate more meetings.
 - Motion to accept was made by Barbara. Seconded by Scarlet.
 - Budget was accepted by majority vote.

Information Sharing:

Vacant SVIOA Positions:

- Public Outreach Chair
- Meeting List Coordinator

Upcoming Events:

- Unity Day – Saturday, February 27th, 1pm-2:30pm

New Meetings:

- Saturday, March 6th – Saturday Night Live!

Group News or Announcements:

- Scarlet: Thursday, West Sacramento, 6pm group has started reading the new Body Image book. Also, our group took a group conscience and agreed to include the following language in the meeting announcements: "In accordance with our 12th Tradition and anonymity, it is suggested that meeting attendees not take photos of their computer screen that would include the faces of our members during zoom meetings."
- Mary: Stockton is starting a new 11th step meeting, 9am, Wednesday mornings. It uses the same ID and password as shown for other Stockton meetings. It is not yet registered with World Service; that will be done this week.

Board and Committee Reports:**Group Support – Dawn**

- She is updating the speaker list and will finish by the end of month. Requests intergroup reps share with their groups that if anyone wants to be added to the list, please contact Dawn at dawn.strickler@gmail.com or (916) 524-8322.
- Sacvalley website has option for being added to the speaker list.
- Dawn did a poll to see who would be willing to speak outside of the area. Almost everyone said yes.

Phil: nothing to add.

- Meeting News and Publicity
 - Gerri: February Valley Voice hit the website and Mail Chimp at the end of January.
 - Diane B was not able to attend the intergroup meeting but happy to answer questions. Her email is: ibdiane@outlook.com.
 - Meeting List Coordinator: vacant
- Public Outreach – Chair is vacant
 - Modesto Public Outreach: Maritza (absent)
- Events: Tiffany
 - Next event is at the end of February on Saturday the 27th at 1pm – UNITY DAY!! All about first tradition! Celebrated around the world! Hosted by Chico meetings.
 - Next event after that is Saturday, April 10th. Still coming together – please reach out to Tiffany if you'd like to be a part of making this happen!
 - Looking for groups to host Day in OA events in May or June – please ask your groups if they'd like to host! There is lots of support available.

- Special Population Focus: Chandra
 - Focus will be on 12th Step Within for people in the rooms and still suffering, and on atheists and agnostics. This group (special population) can also focus on men, LGBTQ – anyone who may feel sidelined and like they don't completely belong. Chandra is looking for anyone who is interested in working with these different groups.
 - Mary S offered to help with the 12th Step Within focus.
 - Chandra wants more people!
- Sponsorship: Cary
 - Have had a lot of people asking for the sponsor list, both new and old. Will be updating the list and would like to add additional information for each of the people on the list, such as: when available, food sponsor, step sponsor, etc.
- Region 2: Kathryn K.
 - 12th Step Within committee met tonight. We are creating a pamphlet for 12th Step Within. Not quite ready to submit it – still working out final proofreading and editing.
 - Nancy Mc: Public Outreach is one of the most important things you can do in OA. It's not a lot of work. R2 has a monthly committee meeting for every Public Outreach rep for every Intergroup in the region. The R2 Assembly is in March. We are going to propose that R2 have a Public Outreach tab on their website.
- Vice Chair: Grace
 - No report
- Chair: Jan
 - OA literature is copyrighted. Sharing book pages on screen during meetings is a copyright infringement, with few exceptions (for example, if the page contains nothing but material that is not copyrighted such as the 12 Steps). The Chair provided a list sent by World Service of what IS allowed to be put on screen. That list, along with instructions for how to request permission to reproduce copyright materials, can be found at the OA website: <https://oa.org/guidelines-meetings/copy-requests/>.
 - Intergroup reps serving more than one meeting is discouraged. Give someone else an opportunity to step up and do service. Also, allow each meeting to have a voice and vote!
 - Group history: Think about the possibility of intergroup having an archive of group histories in Sac Valley! Talk to long-timers in your group to see if they'd be willing to write a group history.
- Secretary: Robyn
 - No report
- Webmaster: Marganne
 - No report
- Treasurer: Joel
 - No additional report

- WS: Barbara M
 - We have registered for the World Services Business Conference (WSBC) scheduled this April 21-24, 2021. Each registration was \$149.00. Anticipate that WSBC will be virtual this year, awaiting word from WS Board of Trustees.

Continuing Business

- Vote to accept Bylaw changes: Jan went through changes in Bylaws.
 - Motion to approve changes made by Barbara. Seconded by Michelle K.
 - Changes accepted by majority vote.

New Business

- For next month, can we ask the meetings who have their meetings on personal zoom accounts if they want to change to Intergroup's zoom account?

Meeting adjourned at 8:02 with the OA Promise read by Joel.

Intergroup Attendance 2/9/21

Board	Committee Chairs	Reps	Meeting	Visitors
Chair: Jan H	Phil K	Cary	Monday: Modesto	Gail
Vice Chair: Grace	Cary	Noreen	Monday: East Sac	
Treasurer: Joel	Chandra	Margaret N	Monday: Roseville	
Secretary: Robyn	Gerri	Laura	Monday: Rancho	
Webmaster: Marganne	Tiffany	Donily	Monday: Nevada City	
WS Delegates: Barbara M, Michelle K	Dawn	Beth	Tuesday: Davis	
R2 Reps: Nancy Mc, Curt, Kathryn K			Tuesday: Chico	
		Caryn	Tuesday: Folsom	
		Leslie C	Tuesday: Sac noon	
		Holly	Wednesday: Sac 5:30	
		Ann W	Thursday: Sac noon	
			Thursday: Chico	
		Scarlet	Thursday: West Sac	
		Christina H	Friday: Sac 5:30	
		Emily	Saturday: Sutter	
		Bonnie	Saturday: Rocklin	
		Glenda	Saturday: Folsom	
		Nancy S	Sunday: Chico	
		Rosalie	Sunday: Sutter	
		Katherine	Fairfield (both mtgs)	
		Mary	Stockton (all mtgs)	
		Rene	Stockton Spanish	