

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**Tuesday, February 11, 2020**  
**Approved 3/10/2020**

**Location:** Christ Temple Apostolic Church, 9001 La Riviera Drive, Sacramento

**Opening:** The Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Concepts of OA Service were read by Curt.

**Call to Order:** Voting members in attendance: 6 board members + 2 committee chairs + 13 meeting reps (including Kathryn from Modesto by phone) = 21 total; 0 visitors

**Previous Minutes:** The January 2020 meeting minutes were reviewed.

- **Motion** was made to approve by Mary S and seconded by Elizabeth. 17 in favor with 4 abstentions (not present at the last meeting).

**Board Reports:**

Chair: Nancy Mc

- **CONCEPT 2:** The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority, and effective conscience of OA as a whole. **PRINCIPLE: CONSCIENCE**

- **Please announce the open COMMITTEE POSITIONS!!**

- **Group Support** To support the health and growth of OA meetings
- **Public Outreach** Carry the message of Overeaters Anonymous to the general public, those still suffering, and provide information to the medical community.
- **Sponsorship** To support and strengthen sponsorship throughout the fellowship.

**Vice-chair:** Jan H

No report

**Secretary:** Robyn K (absent, Gail standing in to take minutes)

No report

*Reminder:* Committee chairs should send reports to [oasecretary@sacvalleyoa.org](mailto:oasecretary@sacvalleyoa.org) with a cc to [oachair@sacvalleyoa.org](mailto:oachair@sacvalleyoa.org).

**Treasurer:** Grace A

The following documents were presented for approval:

- Final 2019 Balance Sheet
- Final 2019 Income and Expense Budget vs. Actual
  - **Motion** to approve 2019 documents: Luann, seconded by Mary S
  - Discussion: 7th tradition contributions to Intergroup from individual meetings were up. If you have questions, contact Nancy or Grace
  - Motion passed: 18 in favor, 3 abstentions
- January 2020 Balance Sheet and Income & Expense vs Actual
  - **Motion** to approve the January 2020 report: Elizabeth, seconded by Jamie.
  - Motion passed: 18 in favor, 3 abstentions
- 2020 Budget
  - **Motion** to approve the 2020 budget: Michelle K, seconded by Elizabeth

- Discussion: The budget projection for each line item in 2020 is the average of the past three years rather than being based on just the previous year.
- There is a line item in the budget for the purchase of literature anticipating the publication of a new book on body image this year. In the recent past, Intergroup has approved the bulk purchase of newly published program literature to enable groups to save on their initial outlay.
- Motion passed with 20 in favor.

**Region 2:** Chandra, Luanne, and Laura

- Our reps are planning for attendance at the April 3-5 R2 Assembly.
- **Motion** to approve funds for one additional night's lodging + food so that all three reps can drive together: Grace, seconded by Mary S.
- Discussion: Luann's R2 committee responsibilities require that she be there early. R2 covers her additional expenses, so the additional amount needed from SVIOA will be very small.
- Motion passed with 20 in favor.

**Webmaster Liaison:** Rene

*Reminder:* There is information on the website that details how to make changes to meeting times, groups, locations, contacts. Please follow those instructions.

- Rene will contact Sharon to get a PDF for the Unity Day flier so that it can be posted on the website

**World Service:** Barbara M & Michelle K

- Michelle collected the group surveys for the agenda for the World Service Business Conference which will take place in April.

**Committee Reports:**

**Meeting News and Publicity:** Gerri (Newsletter) & Judy B (Answerphone)

- **Newsletter:** Gerri
- **Motion** to approve the expansion of the Valley Voice newsletter to 6 pages costing \$87/month, and 250 copies/month: Gerri, seconded by Mary S.
- Discussion: Six pages would allow a back-to-back page with all the meeting information. The remaining four sides would enable us to include more recovery stories in addition to event and contact information. We will work on matching how many we print to how many are actually distributed at meetings. We will also work toward getting the newsletter out to members as an email blast so that the print copies at meetings can be available for newcomers.
- Motion passed with 19 in favor and 1 abstention.

**Events:** Judy L, Chair; Susan K, recording

Unity Day event coming up on February 29th. Please continue to remind your meetings of upcoming events and long-range planning using the blue flyer.

**Group Support/Speaker List:** **Vacant**

**Public Outreach:** **Vacant**

**Retreat:** Rick Z

The 2020 Tahoe Retreat reservations are filling up fast. Don't hesitate to put your name on the waiting list. Historically, everyone on the waiting list gets a place.

**Special Population Focus:** Mary S & Lori Co-chairs

No report.

**Sponsorship: Vacant**

Gerri continues to manage the Sponsorship Bank. Cary volunteered to work with Gerri.

**Continuing Business:**

None

**New Business:**

None

**Adjournment:** Meeting closed at 7:58pm with a circle and the OA Promise.