

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**September 8, 2020**  
*10/13/20 Final rmk*

**Location:** Zoom meeting (virtual meeting due to coronavirus shelter-in-place guidance)

**Opening:** Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Steps were read by Katherine.

**Call to Order:** Call to order. Voting members in attendance: 7 board members + 8 committee chairs + 10 meeting reps = 23 total. 2 visitors.

**Previous Minutes:** August 2020 meeting minutes were reviewed. One typo was corrected. Motion was made to approve as amended by Leslie C and seconded by Chandra. Voting was online by poll through zoom. Motion carried.

**Board Reports:**

Chair: Nancy Mc

**Concept 9: Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.** Spiritual principle: Ability

**SAFETY IN OA!!**

Phone lists, emails, and numbers placed in chat are all done for the good of the overeater who still suffers. When we offer up our contact information, and it serves as the hand of OA reaching out when anyone, anywhere needs our help.

However, this personal information should never be used as a forum for jokes, racism, marketing, or inappropriate advances. Even commenting on a person's appearance can be a sensitive topic.

It is our duty as members and human beings to protect each other and the sanctity of our custom of sharing vulnerable information with each other. In the spirit of Tradition 4- Each person should be autonomous except in matters affecting other members or OA as a whole.

**Some of the Warrants of Concept 12 –The spiritual foundation for OA service ensures that:**

**No OA committee or service body shall ever become the seat of perilous wealth or power;**

**No OA member shall ever be placed in a position of unqualified authority;**

**No service action shall ever be personally punitive or an incitement to public controversy;**

**No OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action.**

**Vice-chair:** Jan H

Flyers for the two upcoming events will be e-mailed to all SVIOA Intergroup Reps as well as all R2 Intergroups in the next couple of days. Please look for them and share with your groups. They will also be on our website soon. Speaking of our website... I encourage everyone to regularly look at the website and refer people to it for the latest news and information. It's a great resource

**Secretary:** Robyn K

Thanks to everyone who got me their reports this month! I will not necessarily put the full report in the minutes, but I save them and they are available to anyone who would like to see them.

Committee chairs should send reports to [oasecretary@sacvalleyoa.org](mailto:oasecretary@sacvalleyoa.org) with a cc to [oachair@sacvalleyoa.org](mailto:oachair@sacvalleyoa.org). If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

**Treasurer:** Grace A

August income expense report and balance sheets were shared on screen.

Our checking account is about \$2,000 more than last month. That includes checks from June, July, and August that were stuck in unforwarded mail before.

We are currently at 81% of our expected income from meetings because we've been getting a lot of donations. We are over our projected income for the year thus far. We got over \$300 from August Day in OA. Increased technology for Zoom capacity for the two Days in OA. We have a positive net income for the year so far.

Judy L moved to accept the treasurer's report. Seconded by Jan. Motion carried.

**Region 2:** Chandra

Chandra: Assembly registration is open for anyone to register as a guest. It is \$5. Chandra has a flyer for the next convention – July 9-11, 2021 in San Diego.

**World Service:** Michelle, Barbara M absent

Michelle: Not too much to report. WS convention is now going to be next August in Orlando. Registration is already open for World Service Business Conference at the end of April in Albuquerque.

**Webmaster liaison:** Marganne

Has been using MailChimp to send out email blasts. There was a sharp spike on the site on August 15<sup>th</sup>, which was the day of the sponsorship workshop.

**Committee reports:**

**Meeting News and Publicity:** Gerri; Judy B. not present

Gerri: Nothing new to report.

Judy L shared that she screen shared the newsletter at her meeting, and it resulted in 7 new email sign ups for the newsletter.

**Events:** Judy L

August 15<sup>th</sup> Sponsorship event was a success! 200 people attended from across the U.S. and around the world. Leslie C shared that she thought the promotion for that event was exceptional!

This Saturday, September 12th, hosted by the Rocklin/Roseville Fellowship, is an *interactive* workshop with speakers from Region 4, Minneapolis, on Twelve Stepping a Problem – fear, covid stress, life – practical and tactical approaches to abstinent living. Over 100 people already preregistered. Registration is required to get the handouts and links!

Saturday, October 31<sup>st</sup> event – 10:30 – noon – Abstinence through the Holidays.

Thankathon group has been very active in planning.

December 12<sup>th</sup> is International 12<sup>th</sup> Step Within Day. This year it falls on a Saturday. They are still discussing whether they want to do it and move to Zoom.

Sue suggested that, as Public Outreach Committee Chair, she and Judy should work together.

**Zoom Host:** Phil

Supporting all of the activities mentioned above except the Abstinence Through the Holiday, which will be handled by Rocklin fellowship.

Has two new groups interested in using the Intergroup Zoom log in. He is working with them on that.

Working on developing set of guidelines to make sure groups get the right people involved from the beginning when they want to start a Zoom meeting – people with experience are needed.

**Group Support/Speaker List:** Dawn

Speaker list has been updated. Reach out to her if you would like a copy.

**Retreat:** Rick Z absent.

**Special Population Focus:** Mary S absent

**Public Outreach:** Sue

Nothing new to report, but working hard to collect information.

**Sponsorship Committee:** Gerri and Cary

The Sponsorship Workshop on Aug 15th went very well... was well-attended... (over 200 attendees from all over the world!!) and well received. Two quality presenters. Kudos to Cary H for Chairing and to the Davis Fellowship for hosting the event.

**Newsletter:** Gerri

Newsletter is being e-blasted by the Webmaster each month.

**Sponsorship Bank:** Gerri and Cary

Sponsorship Bank is growing slowly... and referrals have been made by both Gerri and Cary H.

**Discussion of New Group Concerns & Announcements (not new business)**

None

**Continuing Business:**

ByLaws

The committee has almost finished its bi-annual review of the Bylaws. We have confirmed that there are no changes needed from World Service and R2, and may have one or two very minor grammatical changes, so it's likely we won't need to bring any changes to Intergroup for approval this go-round. The committee will soon turn its attention from the bylaws to the SVIOA Policy and Procedures document.

There will be some changes to the Policies and Procedures document, but not till 2021.

### Elections

Nominations blast went out to 500+ email list yesterday. Nomination period has been extended for one week because of the confusion about how nominations are being submitted this year due to Zoom and COVID.

Ballot with nominated names will be sent out in mid-October. It will be going out on the same MailChimp email database used for the newsletter.

### **New Business:**

Region 2 Assembly, October 23-25: Nancy moved that SVIOA pay for up to five delegates to attend Region 2 Assembly in October via Zoom at the cost of \$15 per delegate. Judy L seconded. Motion carried.

It is \$15 to attend as a delegate, which means you also go to business meetings. Those 5 people also need to meet the requirements of being a Region 2 delegate.

Reps should share this information with their groups. Visitors can attend for \$5. If you want to attend and pay for yourself, you can also do that.

Shout out to Davis fellowship for hosting the Sunday morning 7:30am meeting during Assembly.

OA Birthday Party – Saturday morning Sutter meeting has voted to host this January.

**Meeting closed at 7:54pm with OA Promise.**