

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
November 8,2022
draft em/jh

Location: Via Zoom

Opening: Chair Jan H opened and called the meeting to order at 7:00PM by reciting the Serenity Prayer. Barbara E read all the 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: October 2022 meeting minutes were reviewed.

- Nancy Mc moved to approve October minutes. Raven seconded. Motion approved.

Treasurer's Report:

- Joel presented the monthly treasurer's report.
 - Debbie motioned and Chandra seconded. The report was approved as presented.

Information Sharing:

- There are currently two vacant positions in IG.
 - Special Population Support
 - Public Outreach Coordinator
- The recent Folsom event went really well.
- We have a Thank-a-thon scheduled. Friday 5:30 PM meeting is hosting.
- We still need a group to host the International Day In OA "12th Step Within" event on December 12th. Jan asked if any of the Monday meetings want to step up since Dec 12 is on a Monday this year. The event can be the topic of the meeting – there's lots of good 12th Step Within info at OA.org

Group News or Announcements:

- Suzanne, our guest from **Shingle Springs**, announced that there will be **a new in-person meeting starting December 1st at 7PM**. She will: a) get the meeting formally registered with World Service; b) reach out to the Meeting List Coordinator, Dawn, so the meeting can be listed on the SVIOA Meetings list, and c) contact Christina H. to have a banner created to appear on the sacvalleyoa.org home page.

Board and Committee Reports

Chair Report: Jan – No report

Vice Chair Report: Scarlett -absent - No report

Treasurer Report: Joel - No report

Web Host: Phil K - No report

Secretary: Emily M - No report

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R2 Reps:

- Katherine K reported that, during the recent R2 Assembly, the 12-step committee voted Katherine K as Vice Chair.
- The 2023 R2 budget was approved with \$30,000 for marketing (public info/outreach)! Yay!
- Nancy Mc is not going for a second term as a R2 rep. She also attended the assembly.
- There were 15 representatives from Mexico in attendance, and 9 wanted to be in the public outreach committee. This will help with Spanish speaking outreach and the committee meetings will be bilingual.
- There is an R2 newsletter that you can subscribe to at oar2.org and hit "subscribe to newsletter".
- Curt added that R2 would appreciate any Spanish speakers to do regional service work.

World Service Delegates:

- Les reported that World Service reviewed and approved the new Public Information/Public Outreach manual. It should be ready to go to the World Service Literature Committee in February.

Bylaws: Scarlet– No report

Events: Sandra S absent – No report

Group Support/Zoom: Gerri – No report

Speaker list: Dee – No report

Answer Phone: Diane B

- She loves answering the phone to provide a connection for new people. She receives about one call per month. She will term out of this position this year.

Meeting List: Dawn S-

- Dawn told Suzanne she'd get the new Shingle Springs meeting added to the SVIOA Meetings list once Suzanne gets a group number from World Service.

Newsletter: Christina H – absent – No report

Retreat: Rick -absent - No report

Special Population Focus: Vacant – No report.

Sponsorship: Cary H

- She's just updated the sponsorship list.

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- Cary has loved this position and will miss it when she terms out this year.

Continuing Business:

- Research getting OA literature (both hard copy and digital formatted publications) into local libraries. On-going research by Joel, Jamie, and Nancy Mc.
 - Nothing new to report this month

New Business:

- 2023 SVIOA Board Elections!
 - Intergroup Reps present unanimously elected the nominees as shown on the ballot.
- Additional service opportunities (Committee Chair/Member positions) will be available in January 2023. Jan asked Intergroup Reps to share the document she sent with the meeting materials that included brief descriptions of the committees' purpose and tasks. Anyone interested is encouraged to reach out to the newly-elected Chair, Scarlet at oachair@sacvalleyoa.org

Adjourned

Jan adjourned the meeting at 7:41PM with the reading of the OA Responsibility Pledge and the OA Promises.

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November									
Board			Committee	Chair		Meeting	Reps		
Chair, Jan H.	x		Bylaws, Scarlet H.		Sun	1:30pm	Stockton	Renè	x
Vice Chair, Scarlet			Events, Sandra S.		Sun	3:30pm	Sacramento	Rosalie	
Treasurer, Joel	x		Zoom - Gerri	x	Sun	4:00pm	Sacramento	Rosalie	
Secretary, Emily M	x		Speaker List, Dee	x	Sun	6:00pm	Chico	Lea	
					Mon	10:00AM	Stockton	Cara	x
Webmaster, Phil K.	x		Answer Phone, Diane B.	x	Mon	12:30pm	Nevada City	Anne M.	
R2 Rep, Curt B.	x		Newsletter, Christina H.		Mon	1:00pm	Stockton	Mary S.	x
R2 Rep, Kathryn K.	x		Meeting List, Dawn S	x	Mon	5:30pm	Sacramento	Marian	x
R2 Rep, Nancy Mc	x		Public Outreach, Vacant		Mon	5:30pm	North Reno	Diana S.	x
WS Del., Barbara			Retreat, Vacant		Mon	5:30pm	Modesto	Patricia	x
WS De., Les F.	x		Special Pop Focus, vac		Mon	6:30pm	Rancho C.	Lisa	x
WS Del., Judy L.			Sponsorship, Cary H.	x	Mon	7:00pm	Yuba City	Debbie	x
					Tue	12:00pm	Sacramento	Christina	
					Tue	5:30pm	Davis	Kim	
					Tue	6:00pm	Chico	George	x
					Wed	9:00am	Stockton	Mary S.	x
					Wed	10:00am	Stockton	Rene'	x
					Wed	10:30am	Sparks	Sally	x
					Wed	5:30pm	Gardnerville	Dee	x
Guests					Wed	5:30pm	Sacramento	Caroline	
Suzanne					Wed	6:00pm	Murphys		
Marganne					Thur	12:00pm	Sacramento	Sandy	x
					Thur	3:00pm	Stockton	Mary S.	x
					Thur	6:00pm	Chico	Lea	
					Thur	6:00pm	West Sac	Andrea T	x
					Thur	7:00pm	Fairfield	Katherine	x
					Fri	12:00pm	Carson City		
					Fri	5:30pm	Sacramento	Chandra	x
					Fri	7:00pm	Yuba City	Raven	x
					Sat	9:00am	Sacramento	Michael L	x
					Sat	9:00am	Rocklin	Jamie M.	x
					Sat	9:00am	Folsom	Barbara	x
					Sat	9:00am	Stockton	Mary S.	x
					Sat	9:30am	Sparks	Cindi P	
					Sat	6:00pm	SNL		