

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
May 10, 2022
Approved 6/14/2022

Location: Via Zoom

Opening: Chair Jan H opened and called the meeting to order at 7:00PM by reciting the Serenity Prayer. Tim B read all the 12th Concept Guidelines and Principles of OA Service.

Roll Call: See participant list below. Quorum met.

Previous Minutes: The April 2022 meeting minutes were reviewed.

- Phil K moved to approve April minutes; Judy L seconded. Motion approved.

Treasurer's Report:

- Joel presented the monthly treasurer's report.
 - Received final service body contribution from meeting that closed.
 - Joel discovered some automatic withdrawals in the bank account from Stripe. He will investigate and provide a report-back next month.
 - Funds are coming in from the retreat registration.
 - Some refunds have been issued, this will be investigated, and a report will hopefully be generated for next month's meeting.
 - Some scholarships have been granted.
 - Emily M moved and Barbara M Seconded to approve the report as presented. Motion approved.

Information Sharing:

- There are a few vacant positions in IG. Please take these back to your groups to ask for support:
 - Special Population Support
 - Public Outreach Coordinator
- There is an upcoming **in-person** "Day in OA" on June 25th at Westminster Church in Sac.
- The Region 2 Convention is at the Hyatt Regency, in Burlingame, CA on July 8-10, 2022
- Sandra S announced that Sacramento Tuesday noon meeting is hosting a Zoom event "Freedom from Bondage" on July 12th. Flyer forthcoming.

Group News or Announcements:

- Rene announced that the Mexican Consulate in Sacramento has offered OA a table at this Saturday's (5/15/2022) health faire from 9AM-1PM. All volunteers are welcome and more information will be shared in the email from the Chair.

Board and Committee Reports

Chair Report:

- Jan H asked the group to read the chair report as emailed.
 - The World Service Annual (Contribution) Appeal Letter will be coming out soon. World Service asks groups to read the appeal at three consecutive meetings to collect money to help World Service continue its efforts to carry the message AROUND THE WORLD.
- Please review how to properly register your meeting with World Service – at oa.org.

Vice Chair Report: Scarlet

- No report

Web Host:

- Phil K had no report.

R2 Reps:

- No report

World Service Delegates:

- Barbara M, Judy L, and Les F. attended the virtual World Service Business Conference. Barbara provided talking points for Intergroup Reps to share with their meeting members:
 - 22 countries were represented by 218 delegates
 - The 12 Traditions Workbook of OA has been approved and should be available for purchase by year end.
 - Overeaters Anonymous, 3rd Ed. is now available as an audiobook from Audible, Amazon, and Apple Books. Next audio book project is The OA 12x12, 2nd Ed. All OA books and 7 pamphlets are available as e-books.
 - In 2021, followers on OA's Facebook page grew by 11.5% and OA's Instagram page grew by 68%.
 - *Lifeline* magazine has become a "blog" and will be available at oa.org in May or June of this year. Looking for stories from members for future *Lifelines*. See oa.org/lifeline.
 - Contributions made by YOU are being used to carry the message to many countries, and our literature is getting translated for compulsive eaters everywhere. Poland is translating the "Body Image" book, and Latvia is translating For Today and the For Today Workbook. Russia, Iran, Norway, and Brazil have received money for translation of literature. The *Where Do I Start* pamphlet has been translated into 12 different languages!
 - The OA Responsibility Pledge will be included on all conference approved literature.
 - *Where do I start* will be available in pdf format for anyone to download and share.
 - The letter of instruction (2/26/22) regarding use of copyrighted OA literature on virtual platforms remains in effect. A reminder to ALL meetings, and in compliance with the traditions, **No meeting may be recorded by any member unless there is a group conscience by the meeting and each member has signed a release. No screenshares or photos from meetings can be captured, shared, or used.** What happens at a meeting stays at the meeting.

Bylaws: Scarlet

- No report.

Events: Sandra S

- No report

Group Support/Zoom: Gerri

- Gerri reported that she's received information about recent "zoom bombs."
- The meetings that were bombed remain listed with their passwords on oa.org.
- Meetings that have taken their password off oa.org report that they haven't lost any attendance.
- Jan will send a helpful handout that Gerri created with information about how to protect your meetings that IGR's are asked to share with their meeting members, particularly tech hosts and secretaries. Also, Gerri said the San Diego Intergroup offers free classes. Gerri is happy to provide instruction to anyone who requests it.

Speaker list: Dee

- No report.

Answer Phone: Diane B - absent

- No report.

Meeting List: Dawn S

- No report.

Newsletter: Christina H - absent

- No report

Retreat: Rick Z-absent

- Jan H reported for Rick (Absent) that we are at 100% capacity with all 39 rooms booked. The waitlist is open. Anyone who hasn't registered is encouraged to do so, as there will undoubtedly be cancellations, so waitlisted individuals may well be able to attend.

Special Population Focus: Vacant

- No report.

Sponsorship: Cary H

- No report

Continuing Business:

- We need a volunteer to lead the effort to determine how we get literature (hard copy and digital formatted publications) into local libraries. If you'd like to volunteer, please let Jan H know. NOTE: After the meeting, Jamie M. and Joel W. volunteered to spearhead this effort. YAY!
- Please read the Chair Report to find out how to update your meeting information on oa.org

New Business:

- Request from Sacramento Thursday noon meeting for additional funds for the scheduled Day in OA on June 25th. The meeting is requesting funds in addition to the \$100 that Intergroup has already committed to *per the guidelines*.
- Sara N. went over the financials of the meeting as well as the needed funds for the Day in OA.
- Sara made a motion requesting IG provide \$300 (an additional \$200 beyond the normal \$100) toward the rental of the room for the event. Joel asked for an amendment to state that the group be allowed to retain \$77 of the contributions to make them whole for the rent. The remainder of contribution money will go to Intergroup. Donnalee Seconded after the motion was amended.
- There was discussion before the vote:
 - There is no precedence for this type of request.
 - The funds for the event should be paid to the church directly from the Intergroup if it is an intergroup event.
 - Jan announced that IG has chips and literature that can be donated. The IG body approved the donation.
- The vote was taken by show of hands and passed.

Adjourned

- Jan adjourned the meeting at 7:58PM with the reading of the OA Responsibility Pledge and the OA Promise.

May 10, 2022

Board Member	Committee	Chair	Meeting	Reps
Chair, Jan H.	x	Bylaws, Scarlet H.	x	Sun 1:30pm Stockton Renè x
Vice Chair, Scarlet H.	x	Events, Sandra S.	x	Sun 3:30pm Sacramento Brenda B
Treasurer, Joel W.	x	Group Support, Zoom-Gerri	x	Sun 4:00pm Sacramento Brenda B
Secretary, Emily M	x	Speaker List, Dee	x	Sun 6:00pm Chico Ellie x
			Mon 10:00AM	Stockton Cara x
Webmaster, Phil K.	x	Answer Phone, Diane B.		Mon 12:30pm Nevada City Anne M.
R2 Rep, Curt B.		Newsletter, Christina H.		Mon 1:00pm Stockton Mary S. x
R2 Rep, Kathryn K.	x	Meeting List, Dawn S	x	Mon 5:30pm Sacramento Sylvia F x
R2 Rep, Nancy Mc		Public Outreach, Vacant		Mon 5:30pm North Reno Tina H x
WS Del., Barbara M.	x	Retreat, Rick Z.		Mon 6:00pm Modesto Cary x
WS De., Les F.		Special Pop Focus, vacant		Mon 6:30pm Rancho C. Lisa x
WS Del., Judy L.	x	Sponsorship, Cary H.	x	Mon 7:00pm Yuba City Raven
			Tues 12:00pm	Sacramento Donalee x
			Tues 5:30pm	Davis Kim
			Tues 6:00pm	Chico George
			Tues 7:00pm	Folsom Caryn
			Tues 7:00pm	Fairfield Katherine x
			Wed 9:00am	Stockton Mary S. x
			Wed 10:00am	Stockton Rene' x
			Wed 10:30am	Sparks Sally x
			Wed 5:30pm	Gardnerville Dee x
			Wed 5:30pm	Sacramento Holly S x
Guests			Wed 6:00pm	Murphys ()
Sara N	x		Thurs 12:00pm	Sacramento Julie S
Reva	x		Thurs 3:00pm	Stockton Mary S. x
			Thurs 6:00pm	Chico Raven
			Thurs 6:00pm	West Sac Andrea T
			Thurs 7:00pm	Fairfield Katherine x
			Fri 12:00pm	Carson City Diane
			Fri 5:30pm	Sacramento Chandra S x
			Fri 7:00pm	Yuba City Raven
			Sat 9:00am	Sacramento Tim B x
			Sat 9:00am	Rocklin Jamie M. x
			Sat 9:00am	Folsom Dorothy E x
			Sat 9:00am	Stockton Mary S. x
			Sat 9:30am	Sparks Cindi P
			Sat 6:00pm	SNL Marganne x