

**Overeaters Anonymous of Sacramento, Inc.**  
**Business Meeting Minutes**  
**September 13,2022**  
*draft emm/jh 9-13-2022*

**Location:** Via Zoom

**Opening:** Chair Jan H opened and called the meeting to order at 7:01PM by reciting the Serenity Prayer. Anne read all the 12th Concept Guidelines and Principles of OA Service.

**Roll Call:** See participant list below. Quorum met.

**Previous Minutes:** The August 2022 meeting minutes were reviewed.

- Emily moved to approve August minutes. Christina M seconded. Motion approved.

**Treasurer's Report:**

- Joel presented the monthly treasurer's report.
  - Emily motioned and Nancy Mc seconded. The report was approved as presented.

**Information Sharing:**

- There are currently two vacant positions in IG.
  - Special Population Support
  - Public Outreach Coordinator
- We have a Thank-a-thon scheduled. Friday 5:30 PM meeting is hosting.
- The Abstinence Through the Holidays event in October is being scheduled. Folsom Saturday 9 AM is hosting, date announcement pending. Can't support a hybrid at this point. This will be an in-person event.
- We still need a host 12<sup>th</sup> Step Within event on December 12th. Jan asked if any of the Monday meetings want to step up since Dec 12 is on a Monday this year. The event can be the topic of the meeting – there's lots of good 12<sup>th</sup> Step Within info at OA.org

**Group News or Announcements:**

- Patricia from Modesto announced that their Monday meeting is now at 5:30PM.
- Lea from Chico announced that September 22<sup>nd</sup>, the Thursday 6pm Chico meeting is going hybrid.
- Cara reported that the Stockton meeting location for all in-person meetings has changed to 2057 East Main Street.

**Board and Committee Reports**

**Chair Report:** Jan reviewed the following:

- No report

**Vice Chair Report:** Scarlett is absent, but Jan reported:

- Elections are coming. Most of the positions have at least one nominee for the positions available. We need R2 and World Service Delegate nominees.
- Nominations close tonight 9/13/22 at 8:00PM.
- The one-year positions are all matched with a nomination.

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- 2023 Ballot with nominees' names will be emailed to all IGRs later this month with instructions for Intergroup Reps about how to solicit votes from their respective groups.
- Voting process to be discussed at the October Intergroup meeting.
- Voting will occur during the November Intergroup meeting.
- Chairpersons for the committees will transition early next year.

**Treasurer Report:** Joel

- Joel presented the Retreat 2022 Fiscal Report. The event generated revenue, despite costs being reduced to keep attendance high. This event is really a break-even recovery event - like other events sponsored by Intergroup - that is meant to promote recovery and fellowship. Funds raised during the Retreat are now primarily used to support scholarships.

**Web Host:** Phil K

- New Valley Voice is available.

**Secretary:** Emily M - No report

**R2 Reps:**

- Curt B had no report but added that the Assembly will be in the bay area and the R2 reps attend. We are still looking for another rep.

**World Service Delegates:**

- Jan read a report from Judy L. World Service is looking into getting a QR code for the "Where do I start" brochure and other items.

**Bylaws:** Scarlet absent – No report

**Events:** Sandra S absent - No report

**Group Support/Zoom:** Gerri - no report

**Speaker list:** Dee

- Since she's taken over in April there have been 8 requests for the speaker list. She updated the list last month and got 100% replies. Thank you!

**Answer Phone:** Diane B – absent - No report.

**Meeting List:** Dawn S

- The last update was in August, and there may be some changes to be made. She's adding her email to the chat for any additional changes that may have been announced.

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**Newsletter:** Christina H – absent - No report

**Retreat:** Rick Z

- Rick reported on this year's retreat and gave thanks to those who helped and praised the new online registration system.
- There were some concerns about the food that were a little out of the ordinary this year.
- He offered a heartfelt "thank-you" and reminded us that he is retiring from the position.
- Rick answered a question about the vetting process for the speakers. They asked members for suggested speakers who they then contacted. All candidates were asked to present resumes and samples of audio and the committee reviewed and voted to decide.
- Nancy Mc commented that the Opportunity Drawing brought in \$967, which is an all-time high! This covered 9 scholarships.

**Special Population Focus:** Vacant - No report.

**Sponsorship:** Cary H-

- Cary will be terming out of this position and would love to help someone step into this role.

**Continuing Business:** none

**New Business:**

- Lea from Chico reports that they are restarting the in-person meetings on Thursdays. The literature person and treasurer has dropped out of OA and is not contactable. Gerri from the Tuesday noon meeting volunteered literature. She and Jan will connect offline to get seed money to get the meeting started. Jan suggested that Lea contact Christina H. to get a banner designed to announce this change that can rotate on the home page of the SVIOA website.

**Adjourned**

Jan adjourned the meeting at 7:49PM with the reading of the OA Responsibility Pledge and the OA Promises.

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<b>August 9,</b>									
<b>Board</b>		<b>Committe</b>	<b>Chair</b>		<b>Meeting</b>	<b>Reps</b>			
Chair, Jan H.	x	Bylaws, Scarlet H.		x	Sun 1:30pm	Stockton	Renè	x	
Vice Chair, Scarlet		Events, Sandra S.			Sun 3:30pm	Sacramento	Rosalie	x	
Treasurer, Joel		Zoom -			Sun 4:00pm	Sacramento	Rosalie	x	
Secretary, Emily M	x	Speaker List, Dee		x	Sun 6:00pm	Chico			
					Mon 10:00AM	Stockton	Cara	x	
Webmaster, Phil K.	x	Answer Phone, Diane B.			Mon 12:30pm	Nevada City	Anne M.	x	
R2 Rep, Curt B.	x	Newsletter, Christina H.			Mon 1:00pm	Stockton	Mary S.		
R2 Rep, Kathryn K.	x	Meeting List, Dawn S		x	Mon 5:30pm	Sacramento	Marian	x	
R2 Rep, Nancy Mc	x	Public Outreach, Vacant			Mon 5:30pm	North Reno	Diane	x	
WS Del., Barbara		Retreat, Rick Z.		x	Mon 5:30pm	Modesto	Patricia	x	
WS De., Les F.	x	Special Pop Focus, vac			Mon 6:30pm	Rancho C.	Lisa	x	
WS Del., Judy L.		Sponsorship, Cary H.		x	Mon 7:00pm	Yuba City	Debbie		
					Tue 12:00pm	Sacramento	Christina	x	
					Tue 5:30pm	Davis	Kim		
					Tue 6:00pm	Chico	George	x	
					Wed 9:00am	Stockton	Mary S.		
					Wed 10:00am	Stockton	Rene'	x	
					Wed 10:30am	Sparks	Sally	x	
					Wed 5:30pm	Gardnerville	Dee	x	
<b>Guests</b>					Wed 5:30pm	Sacramento	Caroline		
Marganne					Wed 6:00pm	Murphys			
					Thur 12:00pm	Sacramento	Sandy	x	
					Thur 3:00pm	Stockton	Mary S.		
					Thur 6:00pm	Chico	Lea	x	
					Thur 6:00pm	West Sac	Andrea T	x	
					Thur 7:00pm	Fairfield	Katherine	x	
					Fri 12:00pm	Carson City			
					Fri 5:30pm	Sacramento	Chandra	x	
					Fri 7:00pm	Yuba City	Raven	x	
					Sat 9:00am	Sacramento	Michael L		

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			Sat	9:00am	Rocklin	Jamie M.	x
			Sat	9:00am	Folsom	Barbara	x
			Sat	9:00am	Stockton	Mary S.	
			Sat	9:30am	Sparks	Cindi P	x
			Sat	6:00pm	SNL		