

Overeaters Anonymous of Sacramento, Inc.
Business Meeting Minutes
May, 12, 2020
6/9/20 rmk

Location: Zoom meeting (virtual meeting due to coronavirus shelter-in-place guidance)

Opening: Chair opened the meeting with the Serenity Prayer at 7pm. The 12 Traditions were read by Curt B.

Call to Order: Call to order. Voting members in attendance: 8 board members + 4 committee chairs + 10 meeting reps = 22 total.

Previous Minutes: April 2020 meeting minutes were reviewed. Motion was made to approve by Barbara M and seconded by Mary S. 18 in favor, 4 abstain.

Board Reports:

Chair: Nancy Mc

CONCEPT 5: MAY – Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

Principle: Consideration This “Right of Appeal” recognizes that minorities frequently can be right; that even when they are in error they still perform a most valuable service when they compel a thorough-going debate on important issues. The well-hear minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority. Each member has a voice.

Have you checked out???

[Sacvalleyoa.org?](http://Sacvalleyoa.org)

[OA.org?](http://OA.org)

[Oalifeline.org?](http://Oalifeline.org)

Intergroup will remain on zoom indefinitely.

Vice-chair: Jan H

- Jan been filling the web liaison position. It’s been fun and she is looking forward to passing it along.
- Need to reach out to Chico to get them engaged in intergroup.
- If you didn’t get the email from Jan about this meeting, that means she doesn’t have you in her email. Put it in the chat box.

Secretary: Robyn K

Committee chairs should send reports to oasecretary@sacvalleyoa.org with a cc to oachair@sacvalleyoa.org. If you have a report, it is extremely helpful to send it in writing either before or immediately following the meeting.

Treasurer: Grace A

- Chair shared treasurer’s report on the screen.
- Balance sheet is as of April 30th so does not take into account refunds that were made for retreat.
- Income vs. Actual: again, only big change will be with Tahoe Retreat. Also, deposits received after May 1st are not reflected here.

Q: Have you taken into consideration a drop in revenues and a drop in expenses for this budget.

A: Budget was done at the beginning of the year, and we don't usually adjust the budget once it's set. That is something to keep in mind going forward since the 7th tradition is going down, but expenses are too. For example, for conferences, rent for intergroup meetings, etc. are going down. Grace suggested that we get together a committee later in the year to go over the budget.

- Nancy checked with the church and we do not have to pay rent for the intergroup space.
- Nancy made a motion to accept the treasurer's report; Judy L seconded. Unanimously passed.

Region 2: Chandra, Laura

Chandra: Region 2 is still saying planning on having the convention July 10th to 12th, but it's not clear what they will look like.

Laura: Hasn't received any emails about what committees she'll be on as a Region 2 rep. She did send in \$100.

Webmaster: Darek had to step down. Jan is still filling in.

World Service: Barbara M, Michelle

Barbara: WS Business Conference was held virtually and skimmed down to just a couple of items. There was an election for three regional trustees and one General Service Trustee. One more General Service Trustee position is open-with applications to fill due by 06/01/20. Requirements for that position are: having done service at intergroup level, region level, and WS level. Barbara can connect those interested with the trustee in Sacramento.

4 pamphlets were passed at the Business Conference:

1. In OA Recovery is Possible
2. Temporary Sponsors
3. To the Young Person
4. A Lifetime of Abstinence

WS is in New Mexico and they are on a very strict stay-at-home rule that is being enforced by law enforcement. They are having trouble getting literature out because of that.

Orlando convention is still a go as of now.

Kathryn from Modesto is interested in getting more information in order to report back to her group.

Michelle is on the public information and outreach committee.

Q: Is there any information on when the body image book will be published?

Barbara: With the current situation, everything is "soon".

Committee reports:

Meeting News and Publicity: Gerri and Judy B.

Judy B – everything is fine with the answer phone.

Newsletter

Actions Taken:

- No print copies were issued in May.

- The expanded May Valley Voice included ten pages with lots of online OA resources and meetings.
- Sent electronic copies of the May newsletter to 245 OA's.

Current Status:

- The focus of the May issue will include Step 5, Tradition 5, and Concept 5.
- Most face-to-face Upcoming Events have converted to Zoom events.

Events: Judy L & Tiffany

Judy L: Event this Saturday at 1pm. Will have 2 speakers. Has been working with Marganne and Wednesday 5:30 meeting. Have a team of 10 who are hosting and co-hosting event this Saturday. Have all precautions in place. Thanks Marganne for everything. Link to flyer is in chat. Because it is on Zoom, flyers have been sent to contacts across the country.

There is some conversation taking place about having some kind of event in place of the Tahoe retreat.

Group Support/Speaker List: Vacant

No updates. Really need someone for this position. Chair: please announce this at your meetings!

Public Outreach: Vacant

Please announce this vacancy at your meetings!

Retreat: Rick Z

All the refunds have been sent out from the retreat. Between now and next meeting, there will be another committee meeting and will discuss what else can be done virtually. It's a work in process.

People can go to the website if they would like to donate their refund to intergroup. This is also a test for doing online donations to intergroup regularly.

Special Population Focus: Mary S

No report for tonight's meeting. A word of thanks to Gerri and everyone who helped set up the Zoom meetings. We've had quite a few visitors from Sacramento (to Stockton meetings), which has been nice.

Sponsorship Committee: Gerri and Cary

Saturday, August 15th Day in OA on Sponsorship at Center for Spiritual Awareness has been canceled, but are working on developing a Zoom meeting instead, likely the same day. Seeking three speakers and volunteers to assist at the event.

Sponsorship Bank Report: Gerri and Cary**Actions Taken:**

- Continuing to receive newcomer inquiries for sponsors.
- Recruited additional new sponsors for the Bank.

Current Status:

- 43 sponsors currently registered with Sponsorship Bank
- 18 sponsee/sponsor referrals made to date

Discussion of New Group Concerns & Announcements (not new business)

Marganne: Wednesday at 5:30 is not meeting and there has been no attempt to make the meeting virtual. Not sure where that leaves us – how do we reach people who have only come to that meeting? Also, she is the intergroup rep for that meeting, so is now not representing anyone.

Q: Was there a we care list that was passed around at the meeting?

Marganne: I'm not in touch with secretary anymore – she's one of the people who has disappeared.

Grace: Knows a couple of people from that meeting who she can connect Marganne with. Is there a way to make the intergroup zoom number available for meetings so they can use that number instead of incurring separate charge?

Nancy: Yes!

Judy L: Have received a lot of training on Zoom from World Service – you can put a lot of meetings on one account. They just can't overlap in terms of time.

Nancy is the contact person for people to get the intergroup account information. We need to get that information on the website. Nancy does not have time to coordinate the time slots for groups to use the Zoom account. Is there a volunteer who can help coordinate that? Nancy can help set it up but can't host. She can talk to the Monday and Wednesday night reps after the meeting.

Monday night Rocklin only has 3 or 4 people left in the group.

Garnet: The Monday 12:30 meeting is going well and they have discussed keeping it on Zoom later on. She has her own Zoom account and will consider signing up for that time slot with the intergroup account.

Continuing Business:

None

New Business:

Web liaison position is open and needs to be filled fairly quickly. It does not require knowledge of web design, code, etc. Just requires you to check the website regularly and liaise with the webmaster.

Marganne was nominated. 21 voted for. Marganne is new web liaison.

Suggestion was made to create a Zoom coordinator position. Jan suggested we develop a few bullets about what would be entailed for that position. Jan and Nancy will develop this and bring it back for discussion next month.

Judy L: In the future, some of our meetings should continue to be Zoom meetings.

Motion made that we get a donation button on the website. Michelle moved, Rick seconded. Grace: do we want to review the expenses incurred with that before voting on it? Jan suggested tabling this till next month. Nancy will get information together from Mary (web person), send it to Jan, and Jan will send out to intergroup reps.

Meeting closed at 8:02pm with OA Promise.